

# west hartford LIFE

October 2017 • TurleyCT.com

A product of TurleyCT Community Publications  
VOLUME 5, EDITION 1

## Helping others

Margaret Hann  
marks 30 years  
at The Bridge

*See story on page 11*



Residential Customer  
ECR-WSS

PRSR STD  
US POSTAGE  
**PAID**  
PALMER, MA  
PERMIT #22

TurleyCT Community Publications  
540 Hopmeadow St.  
Simsbury, CT 06070



# Thank You !!

**VOTED  
BEST!**

**CTNOW  
★ BEST ★  
OF  
HARTFORD  
READERS' POLL  
2017**

**join  
today!**



newington 667.3200  
(7 minutes from WH town hall)  
simsbury • new britain • vernon  
bigskyfitness.com



# THE SHOPPES

*at Farmington Valley*

## 45 SHOPS + EATERIES

---

AMERICAN EAGLE OUTFITTERS

B.GOOD

BARRE3

BARNES & NOBLE

FENG ASIAN BISTRO

FRANCESCA'S

J.CREW

LOFT

J.JILL

NORA CUPCAKE CO.

OLD NAVY

O'LIVE A LITTLE

THE PAPER STORE

SEPHORA

SUR LA TABLE

WHITE HOUSE | BLACK MARKET

---

110 ALBANY TURNPIKE, CANTON  
theshoppesatfarmingtonvalley.com





# West hartford LIFE

**October 2017**

Read online: [TurleyCT.com](http://TurleyCT.com)

540 Hopmeadow Street  
Simsbury, CT 06070  
t 860-651-4700  
[TurleyCT.com](http://TurleyCT.com)

## QUOTE OF NOTE:

"I hope that it will give young people, especially, a sense of how this event changed our history forever." - *Richard Chiarappa*

See story page 35

## ON THE COVER

Margaret Hann, the executive director of The Bridge Family Center, is celebrating 30 years with the nonprofit organization.

Photo by Abigail Albair  
See story page 11

- 4 Recipe for success
- 7 Celebrating heritage
- 17 Life in pieces
- 21 Local luxury
- 26 LIFE in the kitchen
- 29 Park Road Parade
- 33 Making a difference
- 35 'Lincoln and Booth'
- 38 Following a dream
- 40 News roundup
- 41 New leash on LIFE
- 45 Living Spaces
- 56 Writer's Block

## UPHOLSTERY **EVENT!**

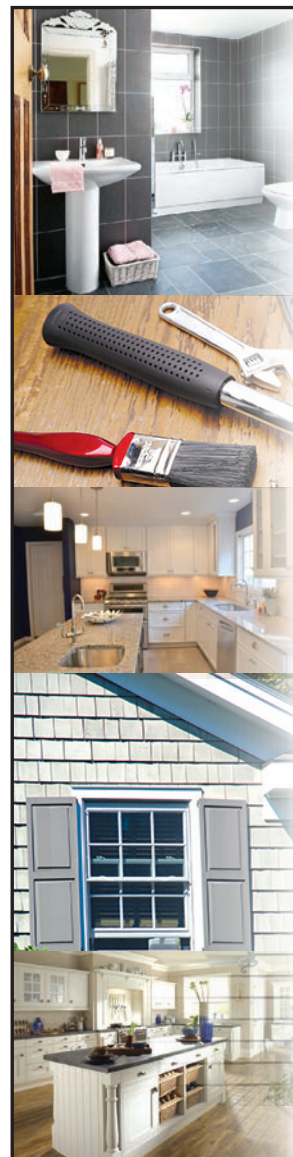
sofas • sectionals  
chairs • recliners



American Made • Superior Construction  
Thousands of Fabrics & Leathers • Customized For You

# KLOTTER FARMS

[KlotterFarms.com](http://KlotterFarms.com) 216 West Rd, Ellington CT 860-871-1048  
Free Delivery in CT, MA, RI \$1500 min., extra charge for Cape Cod • Sale ends 10/14



**HOME  
DESIGN  
DISTRICT**  
of  
WEST HARTFORD

## YOUR ROAD TO A BETTER HOME

Located in the New Park Avenue area of West Hartford Connecticut, the Home Design District offers everything today's busy homeowner could need to build, renovate, decorate, repair or furnish a home. Sixteen independent member businesses located in one square mile make home projects easy and enjoyable.

Find out more at  
[HOMEDESIGNDISTRICT.COM](http://HOMEDESIGNDISTRICT.COM)

**TurleyCT Community Publications**  
Life Publications The Valley Press The West Hartford Press  
To advertise call 860-651-4700 • [TurleyCT.com](http://TurleyCT.com)



# Recipe for success

New CEO looks to make Foodshare an anti-hunger agency

by Lynn Woike  
Editor



Photo by Lynn Woike

**H**e'd only been on the job a few days when Foodshare's new President and CEO Jason Jakubowski rode along on a Mobil Foodshare truck to East Berlin.

"All the preconceived notions that I ever had about who's hungry and who's utilizing these services went right out the window when we pulled into that church parking lot. You had 120 people from a suburban middle-class town standing in line. They were old. They were young. They were black. They were white. Men. Women.

"The thing that I noticed over the past couple of weeks is every preconceived notion you have about who our clients are is probably wrong. And I noticed that pulling up in that Foodshare truck. You could look at data and you could look at statistics, but until you see actual people there benefitting from your service, then it really hits home," he said.

Hunger is silent and invisible.

"The problem we have here in

Connecticut is Connecticut is the richest state in the country and everybody thinks that because Connecticut is the richest state in the country we don't need help, we don't need support, we don't need programs. We don't have hunger problems because we're the richest state in the country. And that's absolutely untrue," Jakubowski said.

He cited how Gifts of Love

**"When I met the staff and saw the passion in the staff, and walked around the warehouse and saw the number of volunteers, and the size of the operation, that's when I fell in love with this place."**

– Jason Jakubowski

was putting together backpacks for students in the Avon Public Schools who don't have enough food on the weekends.

"Now that's Avon. If there is hunger there, just imagine how bad it is in some of the poor areas."

He is passionate about helping

Foodshare is affiliated nationally with Feed America, serving as the Feeding America food bank in Hartford and Tolland counties. In that area, there are 127,000 people unsure of where their next meal is coming from. That includes one out of every six children. Seniors, along with children, form the majority of those in need. Most of the rest are working one or more jobs.

\$33 million enterprise now – \$24 million of which is food product. The rest is donations and operating funds," he said.

There is a cost to handling the food – picking it up from places and delivering it to other places.

"There are a lot of great things about Foodshare. ... The two biggest things that I noticed were that it's a very financially stable organization, and not many nonprofits own their own building outright and we do here at Foodshare. The second thing I noticed is an extremely long and extremely diverse donor list," Jakubowski said.

Foodshare partners with about 300 agencies. Its 4,700 volunteers last year were the equivalent of 22 full-time positions, in addition to the 55 paid employees.

"When I met the staff and saw the passion in the staff, and walked around the warehouse and saw the number of volunteers, and the size of the operation, that's when I fell in love with this place," he said.

He'd had three interviews before his visit. It was during the fourth interview he was offered



the job.

"I didn't have to do much thinking," Jakubowski said.

He began July 31, leaving his position as vice president for external relations at Hospital for Special Care in New Britain where he had been for eight years. Before that he spent eight years at Charter Oak State College as the head of corporate and community development.

"I've always been a community based guy," he said. "I'm on a lot of different community based boards. I'm on a lot of nonprofit boards. I just finished a two-year term as chairman of the board of Community Health Resources in Windsor. In December I'm going to be the new chairman of the board of Leadership Greater Hartford. I have a lot of experience in nonprofits, dealing with nonprofits from a number of different aspects."

"My family has always been very involved in the community. My dad was a long-time teacher and principal, retired as the superintendent of schools in New Britain.

My mom just retired after 30 years as a social worker at New Britain General Hospital. My bother runs the Teen Pregnancy Prevention Center in New Britain. ... If there's a gene for [community service], we've certainly got it."

While Foodshare will always be a food bank first and foremost, Jakubowski said he sees the organization becoming more of "an anti-hunger agency" in the future.

"We've realized it's not good enough to just feed somebody who's hungry. You've got to feed them and also figure out what the reasons are that they are hungry and try to alleviate these things," he said, calling the anti-hunger movement an anti-poverty movement.

Hunger, homelessness, illiteracy and crime are all interrelated, he said.

It is a complex problem with roots in everything from inflation and wage stagnation to income inequality, politics and race. It involves the whole community, so the solution has to involve



Photo by Lynn Wolke

**Foodshare's 4,700 volunteers worked the equivalent of 22 full-time positions last year.**

the whole community working together.

The organization's outreach has a number of programs, including one that helps individuals complete the application forms for the Supplemental Nutrition Assistance Program, and the Hunger Action Teams that bring together government and community groups to

meet local needs.

Jakubowski, his wife and five children live in West Hartford.

"West Hartford is one of the largest pieces of our donor base. Mayor [Shari] Cantor is on our board of directors. Rabbi David Small from Emanuel Synagogue is on our board of directors.

"Chris O'Rourke is our chief

## Leading with compassion to improve the lives of everyone in the community.



Re•elect  
**Shari Cantor**  
Democrat for Council

**Vote Row A • Tues., Nov. 7th**

## As Mayor, I've been focused on fiscal responsibility and protecting our quality of life.

Shari and her husband, Michael Cantor, have raised their family in West Hartford. Their four sons - Josh, Sam, Ben and Jacob - each graduated from our West Hartford Public Schools.

Shari is a lifelong West Hartford resident and attended West Hartford public schools. She and her husband Michael are active in the community and are members of Beth El and B'nai Tikvoh-Sholom synagogues in West Hartford.

Over the past thirteen years, Shari has listened to residents and given them a voice. After over a decade of service and direct leadership on financial issues, Shari is as experienced and knowledgeable as she is dedicated and caring. Her goal is to lead with compassion to improve the lives of everyone in our community.

### Accomplishments:

AAA-bond rating for our town and responsible budgets  
Fought for seniors by helping to bring back the Senior Job Bank  
Helped to improve our nationally-ranked public schools  
Made public safety a top priority in schools and neighborhoods  
Maintained residents' quality of life and improved services  
Worked through bipartisan collaboration for the greater good  
Millions of dollars in new development and redevelopment  
Top ranked community livability & transit oriented development

### Tenure & experience:

Current Mayor, and former Deputy Mayor  
Chair of the Finance & Budget Committee  
Liaison for the Senior Citizen Advisory Commission  
Foundation for West Hartford Public Schools  
Community Planning Committee  
Public Safety Committee  
Registered CPA  
Cooper & Lybrand, Cigna  
BA in Accounting, UCONN





operating officer, has been for 24 years. She's a West Hartford resident, active in the Fern Park Group.

"One of our top donors and largest benefactors is Cheryl Chase, a prominent West Hartford resident. She donated a truck. She is the lead sponsor on our walk every spring," he said, calling the town "a very generous community," and noting many other connections as well.

In addition to working his way through the 650-page briefing book put together by O'Rourke, Jakubowski has his own ambitious 90-day entry plan that he presented to the board. He's met individually with board members, staff and major donors. He's gone out to pick up food and to deliver it. He spent a morning at House of Bread.

"I am on a multi-month listening tour ... whatever I can to gather as much information I can and then figure out how to best organize the operations," he said.

His plan also includes professional development, and he will take part in Leadership Greater Hartford's Executive

Orientation Program.

"I'm a Connecticut guy. I believe in Connecticut. ... My wife and I are never leaving Connecticut. This is where we live. This is where we are raising our family. I am a passionate New York Yankees fan. I'm a passionate New York Jets fan. ... I'm passionate about UConn, not just UConn athletics. Both my degrees are from UConn. I met my wife at UConn. We're a big UConn family. Anything blue and white we're in favor of," he said as he showed off his collection of local mascots, a Lou Gehrig bobblehead and the baseball signed by the members of the West Hartford Youth Baseball team he coaches that had just won the State Friendship Tournament championship.

"My favorite thing is my grandmother's clock. I always keep that in my office. When she retired from Fafnir Bearing, an old factory in New Britain, they took a bearing case and they made a clock out of it."

The nameplate reads M. J. Jakubowski.

"That clock is about 50 years old, so I always keep it around to remind me where I came from, because both my grandmother and my grandfather worked at Fafnir. My father and my mother were the first in their families to graduate from college. ... Whenever I need some inspiration, I remember that I'm the great-grandson of immigrants."

As he was settling into his office and deciding where to hang artwork, he was also preparing for Foodshare's annual Turkey and \$30 campaign.

"We were in a planning session two weeks ago and we're already saying we're going to be a couple of thousand turkeys short of where our goal is. ... It's a difficult proposition starting out behind the eight ball. We're looking at between 16,000 and 18,000 turkeys that we'll need to distribute this year at Thanksgiving to our member agencies based on what their need is." **WHL**

For more information, visit [foodshare.org](http://foodshare.org).



Foodshare's warehouse in Bloomfield moved enough food last year that the agencies it partners with were able to provide 11.5 million meals in Hartford and Tolland counties.

## Special Connections

...found only at Hoffman SummerWood



"I've known Silvia for over 9 years now... such an amazing woman who has such a kind heart."

-Lindyann, Server for over 12 years

Hoffman SummerWood is an award-winning senior living community that offers fine kosher dining and a wealth of other amenities. For more information please call Valerie at 860-920-1866 or email [vbartos@hoffmansummerwood.org](mailto:vbartos@hoffmansummerwood.org).



**Hoffman SummerWood**  
A Hebrew Senior Care Service



160 Simsbury Road, West Hartford [www.hoffmansummerwood.org](http://www.hoffmansummerwood.org)

**TWO FREE ADULT ADMISSIONS WITH THIS AD!**



PRESENTS THE 38<sup>TH</sup> ANNUAL FALL

# Home Show

**OCT  
27 - 29**

PRESENTED BY **xfinity**

**CONNECTICUT CONVENTION CENTER**  
**100 Columbus Boulevard**  
**Hartford, CT.**

**FRI 5PM - 9PM • SAT 10AM - 6PM • SUN 10AM - 5PM**



**TICKETS: ADULTS \$10 • SENIORS (65 & over) \$8 • KIDS (12 & under) FREE!**

**NEW ENGLAND'S LARGEST HOME SHOW WITH OVER 250 COMPANIES!**

**WWW.JENKSPRODUCTIONS.COM • (860) 365-5678**

PARTICIPATING  
SPONSORS:



LIMITED ONE PER PARTY. NOT TO BE COMBINED WITH ANY OTHER OFFERS. NO COPIES. NOT FOR RESALE.

LIFE



# Celebrating Italian Heritage Month

Noah Webster House hosts themed poetry reading



## Maria Sassi

Maria Sassi, a prize-winning poet and playwright, served as West Hartford's first poet laureate. Her book of poems, "Rooted in Stars," is in its second edition, the first is in the Beinecke Rare Book and Manuscript Library at Yale University. Her work has been published in numerous poetry journals. For more than 10 years, she taught poetry at the University of Hartford's Hartford College for Women. For more than 10 years, Sassi has also welcomed the public to enjoy afternoons of poetry at the Noah Webster House and West Hartford Historical Society through

Seven area poets will celebrate Italian-American Heritage Month by leading an afternoon of poetry at the Noah Webster House and West Hartford Historical Society Sunday, October 8 at 2 p.m.

Descendants of Italian immigrants number 18 million, according to Italian Sons and Daughters of America, making them the country's fifth-largest ethnic group. Anchored by Columbus Day, National Italian Heritage Month is meant to recognize and celebrate their contributions – including Italian navigator

and explorer Amerigo Vespucci for whom America is named.

Maria Esposito Frank, a professor of Italian Studies in the Department of English and Modern Languages at the University of Hartford will host the afternoon of poetry. She was educated at the Università Orientale in Naples, Italy; Moscow State University and Harvard University. Her publications include two books and several articles on subjects ranging from pre-Revolutionary Russia to Dante, and from 16th-century Demonology to 20th-century Italian poets.

She will read poems in Italian

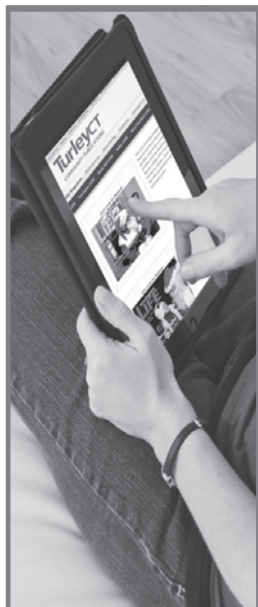
that are not her own.

Each of the poets below will be participating. One of their poems follows their short introduction.

Attendees are encouraged to read their own works during the open mic portion of the afternoon. Sign-up sheets will be available at 1:45 p.m.

The event is free to the public, thanks to the support of the Hartford Foundation for Public Giving and the Greater Hartford Arts Council, but donations will be gratefully accepted.

Light refreshments will be served.



READ  
**LIFE**  
ONLINE AT

[www.TurleyCT.com](http://www.TurleyCT.com)

**TurleyCT**  
COMMUNITY PUBLICATIONS

*Michael's*  
Diamond Jewelers Since 1885

## IMMEDIATE PAYMENT

FOR YOUR DIAMONDS, STERLING SILVER, GOLD JEWELRY AND  
HIGH-END WATCHES - IN ANY CONDITION!  
SPECIAL CONSIDERATION FOR DIAMONDS OVER 1CT

**WESTFARMS**  
**OCTOBER 9<sup>TH</sup>**  
MONDAY • 10AM-5PM  
WESTFARMS MALL

**AVON**  
**OCTOBER 10<sup>TH</sup>**  
TUESDAY • 10AM-5PM  
380 W. MAIN STREET



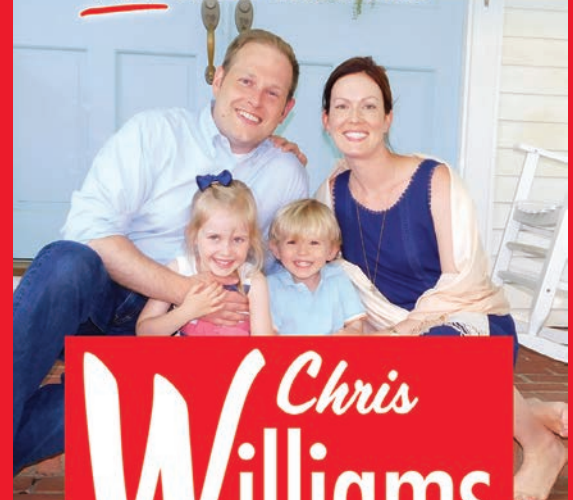
QUALIFIED, CERTIFIED GEMOLOGISTS, AGS • HONEST & FAIR APPRAISALS  
30+ YEARS MEMBER OF THE BBB • HOST A JEWELRY BUYING PARTY  
PRIVATE BANK & HOUSE CALLS BY APPOINTMENT

10 STORES IN MAJOR MALLS AND TOWNS THROUGHOUT CONNECTICUT  
CONTACT OUR ESTATE BUYING DIVISION AT 855-597-1885 OR  
ESTATE@MICHAELSJEWELERS.COM

[WWW.MICHAELSJEWELERS.COM](http://WWW.MICHAELSJEWELERS.COM)

To help with our campaign or ask me about an issue, please call  
860-280-6178 or email me at: [chriswilliamsforwhtc@gmail.com](mailto:chriswilliamsforwhtc@gmail.com)

*From West Hartford,  
For West Hartford.*



**Chris Williams**  
**Town Council**

Together, let's change the old way of doing things to build a better and more affordable West Hartford for all of its residents.

Paid for by Chris Williams for Town Council, Paul Williams, Treasurer, 4 Manor Lane, West Hartford, CT 06107. Approved by Chris Williams.

## TurleyCT Community Publications

Life Publications The Valley Press The West Hartford Press  
To advertise call 860-651-4700 • [TurleyCT.com](http://TurleyCT.com)



its Poetry Read-In series. Most recently, she has received grants from the Hartford Foundation for Public Giving and the Connecticut Commission for the Arts for her poetry.

## Order of Water and Sun For Bill

by Maria Sassi

gives meditations on all the ways  
of water, ways of infinite flow & hold -  
Niagaras in my moving camera-eye wake  
my right hemisphere, illumine the old  
cycle of glisten on feather & stone,  
on greening the desert, watering  
narrows of a drying river...

After rain comes  
we'll meet, our faces close for hours  
as camera-gaze follows dawn into sun...  
You'll study flares, molecular mist, given  
the unending permanence longed for in one  
drop or ray, and I'll recall child-song, even

the round of words row-rowing on a far  
stream, in dream here, under our solar star.



## Dennis Barone

Dennis Barone served as the town's second poet laureate. He is the author of seven books of short fiction, including "On the Bus: Selected Stories." Bordighera Press published his study of Italian-American narrative "America/Trattabili" in 2011. Barone is editor of "New Hungers for Old: One-Hundred Years of Italian-American Poetry." In 2016 the SUNY Press published his study, "Beyond Memory: Italian Protestants in Italy and America." Earlier this year he received the inaugural Sister Mary Ellen Murphy Faculty Scholarship Award from the University of Saint Joseph.

## Flicked by Feeling

by Dennis Barone

Something transfixed and transfixing  
In such jazzed up gibberish as  
To offer hymns instead of hotels

Something sensed as being so senseless—  
A demise taken, not given, and therefore  
An end without a beginning but for those

Stanzas stretched and then delivered  
Such tokens cannot purchase freedom  
From the most bemused bewilderment

What holds still can only be a question  
Unanswered even if often asked —  
This suburban sublime frightful and dark



## Tony Fusco

Tony Fusco is co-president of the Connecticut Poetry Society. He was the editor of "Caduceus," the anthology of the Yale Medical Group Art Place and past editor of "The Connecticut River Review." His work has appeared in many publications. Fusco is the owner proprietor of Flying Horse Press, which is currently publishing books of poetry. His latest books are "Java Scripture" (2014), and "Droplines" (2009).

## Great Living Comes in Small Packages

### One-Bedroom Apartment Homes Now Available

Welcome to your new home at Duncaster, where you'll discover one-bedroom living at its best.

Each apartment includes the latest finishes, including granite, stainless appliances, recessed lighting and more. Duncaster offers magnificent surroundings and the exceptional amenities, convenience and ease of apartment home living.

It's all within reach. Economical one-bedroom apartments start at \$134,000. Find out just how comfortable, efficient and cost-effective living can be at Duncaster.

A limited number of one-bedroom apartments are available. Please also call to learn about two- and three-bedroom styles.

Call **860-380-5006** to schedule your complimentary lunch and tour.

Ask about individual garages.



**Duncaster**  
Boutique Community Living



40 Loeffler Road, Bloomfield, CT | [Duncaster.org](http://Duncaster.org)

**HARVEST FAIR**  
**SATURDAY, OCTOBER 21, 9am-2pm**  
Handmade Arts & Crafts \* Children's Activities  
Silent Auction \* Homemade Foods \* Snack Shack  
White Elephant \* UArmy Pumpkin Sale

**West Hartford United Methodist Church**  
1358 New Britain Ave., West Hartford  
860-521-7766 Admission is FREE

**The Reform Rabbis of Greater Hartford Present:**  
**INTRODUCTION TO JUDAISM**

The curriculum promises comprehensive study including basic Hebrew, Jewish history, liturgy, holidays and life cycle events as well as the Jewish perspective on spirituality, values and community. Discover the beauty of prayer, the endurance of traditions and learn more about the Jewish way of life.

**WEDNESDAY EVENINGS**  
from 7:00 to 9:15 p.m.  
Begins Oct. 18, 2017

The eighteen classes will be held at  
**CONGREGATION BETH ISRAEL**  
701 Farmington Ave., West Hartford

**FOR INFORMATION OR TO REGISTER:**  
Contact Cheryl Goldberg at (860) 233-8215 ext 2230  
or e-mail: [cgoldberg@cbict.org](mailto:cgoldberg@cbict.org) • [www.cbict.org](http://www.cbict.org)  
Tuition: \$180 per individual or \$230 per couple



## Java Scripture

by Tony Fusco

In the beginning, God created coffee  
and earth,  
he divided the caffeine from the decaf  
and filled  
the basins called cups; on the second  
day,  
he said let there be milk, and non dairy  
creamer,  
and sugar, and there was lightness  
and sweetness  
on the third day. On the fourth day  
he called  
forth cookies and all manner of  
dunking food  
and the Lord saw that breakfast  
was good,  
but not fast enough, so on the fifth day  
he invented the drive thru. Then  
spilling coffee  
onto the earth, the Lord shaped  
the mud  
and breathed on it  
(rather he blew on it to cool it off)  
And there were consumers at the  
beginning  
and the end of the sixth day.  
On the seventh day, the lord rested.  
(but could not sleep)



### David Cappella

David Cappella, professor emeritus of English and 2017-18 Poet-in-Residence at Central Connecticut State University, has co-authored two widely used poetry textbooks, "Teaching the Art of Poetry: The Moves" and "A Surge of Language: Teaching Poetry Day to Day." His chapbook, "Gobbo: A Solitaire's Opera," won the Bright Hill Press Poetry Chapbook Competition in 2006. He recently published a novel, "Kindling." Currently, Cappella is co-translating "Tracce di un'anima," the poems of Italian poet Germana Santangelo.

## Tugging the Mayflower Home

by David Cappella

The boy is still when he glimpses  
what he thinks is a white dome  
But they're tugging the Mayflower  
home  
Wide-eyed, anxious, he sits atop a  
freshly dropped hay bale  
His mother points out past the Coffee  
Pot\* to the ship's topsail  
And they're tugging the Mayflower  
home  
Crowds gather in the field, a few  
children begin to roam  
The boy stands up, tip toed, on the hay  
block to no avail  
Until mother shows him in the  
sunlight the ship's mainsail  
He cannot see beyond the sand dunes  
where the breakers foam  
Though they're tugging the  
Mayflower home  
He's jumps up and down his arms  
beginning to flail  
Because at the tip of the beach he  
spots the ship's foresail  
The boy is all clouds and sea and sky –  
and now the bowsprit sail  
He turns, smiles at his mother – now  
the mizzen, its mast and rails  
People laugh, snap Kodaks and  
Brownies, the boy snatches some  
brome  
Because they're tugging the  
Mayflower home

*\*The Duxbury Pier Lighthouse at the entrance to Plymouth Harbor looks like a coffee pot and is called that by locals. Sometimes called "The Bug Light" or "The Bug."*



### Tom Nicotera

Tom Nicotera coordinates Bloomfield library's Wintonbury Poetry Series and is a member of the performance poetry trio Not Just Any Tom, Vic and Terri. His poetry book, "What Better Place To Be Than Here?" was published in 2015. He edited "Charter Oak Poets II," a collection of works from Hartford-area writers, and served on the organizing committee for the 2001 Connecticut Poetry Festival at Middlesex Community College. He has published poems in numerous small press publications, and some of them have been performed by the East Haddam Stage Company.



READ  
**LIFE**  
ONLINE AT

[www.TurleyCT.com](http://www.TurleyCT.com)

**TurleyCT**  
COMMUNITY PUBLICATIONS

## WEST HARTFORD TRAVEL BOYS BASKETBALL

### 4th, 5th, 6th, 7th & 8th Graders

#### First Tryout:

4th/5th Grade Wednesday September 27th 5:30–7:00 (Hall High School)  
6th Grade Thursday September 28th 5:30–7:00 PM (Hall High School)  
7th Grade Wednesday September 27th 7:00–8:30 (Hall High School)  
8th Grade Thursday September 28th 7:00–8:30 PM (Hall High School)

#### Second Tryouts:

4th/5th Grade Wednesday October 4th 5:30–7:00 PM (Hall High School)  
6th Grade Thursday October 5th 5:30–7:00 PM (Hall High School)  
7th Grade Wednesday October 4th 7:00–8:30 PM (Hall High School)  
8th Grade Thursday October 5th 7:00–8:30 PM (Hall High School)

#### Final Tryouts:

4th/5th Grade Saturday October 7th 2:00–4:00 PM (Hall High School)  
6th Grade Saturday October 7th 2:00–4:00 PM (Hall High School)  
7th Grade Saturday October 7th 4:00–6:00 PM (Hall High School)  
8th Grade Saturday October 7th 4:00–6:00 PM (Hall High School)

Questions? Please call Mark Walker  
(860) 593-5232  
or e-mail [markdwalker222@gmail.com](mailto:markdwalker222@gmail.com)

**\*TAKE YOUR GAME TO THE NEXT LEVEL\***



**Renbrook School**  
**Presents Our Annual**

## Secondary School Fair

**Monday, October 2, 2017**  
**6:45–8:00 p.m.**

**FREE AND OPEN TO THE PUBLIC**

Visit 75+ Secondary Schools  
from around the country!

2865 Albany Ave. West Hartford, CT [renbrook.org/fair](http://renbrook.org/fair)



## Grandma

by Tom Nicotera

Short and portly  
in black dress, always black,  
she spoke so few words in English,  
so many in Italian, Calabrese,  
from a stern mouth, always stern,  
lips a tight black line across her face  
and hair a gray oval braided on her head.  
“Eat, eat,” she would say.

“You’re too skinny,”  
and she’d smile and pile my plate  
with deliciously scented meatballs,  
cold and firm, with a taste  
irrecoverable in my adult years,  
a flavor harbored only in memories.  
Then there was the ice cream,  
a huge mound in a white bowl,  
the creamiest vanilla I’ve ever known.

She would say to my father,  
“he’s too skinny.”

And I was – so thin only suspenders  
could hold up my pants.

While she admonished my father,  
all around me Blessed Virgin

Mary statues  
with gold crowns stared at my  
bony flesh,  
and on the cross above the hutch  
Jesus wept for me  
and for all of us lost  
or soon to be lost  
as a family of cousins, aunts and uncles  
who gathered at Thanksgiving  
and Christmas  
laughing and eating and gossiping  
till one Christmas Grandma died  
and the gatherings died too.

I rarely saw my cousins, aunts or  
uncles again. I grew up and grew fat  
but almost never heard Italian,  
and soon by my high school years  
my father forgot the words he knew  
when he brought me to Grandma,  
to ice cream,  
to the sad-eyed, blue-robed  
Mary statues,  
to the meatballs of forgotten recipes.



### Geri Radacsi

Geri Radacsi is the author of  
four poetry collections. Her  
prize-winning chapbook,  
“Ancient Music,” deals with links  
between ancient art and history.  
Her full-length poetry collection,  
“Trapped in Amber,” shapes  
famous relics of the past into a  
personal history. Her most recent  
book, “Soul and All That Jazz,”  
published in 2015, touches on

the passion for jazz she shares  
with her husband. Currently,  
she’s working on a collection of  
poems dealing with the burdens  
and blessings of her new role as  
her husband’s caretaker. For  
some 30 years she was a featured  
writer and associate director of  
marketing and communications  
at Central Connecticut State  
University. **WHL**

## Migrant Mother, 1936

by Geri Radacsi

Come ahead camera lady.  
From that far off,  
we probably look like ducks  
on a shooting gallery wheel—  
reminds me how the wind  
closes in, blasts  
us from badland to badland.

Model T goes clickety  
and you click, click. My little girls turn  
their faces from you,  
hide on my shoulders. Heavy. Hard.  
Go on, take my dress. It was pink as  
your skin, once.  
Take my frown.  
I won’t smile  
shivering in this piss-drizzle rain.  
Snap away, close enough to take baby.  
I’m carrying another one inside me,  
but you can’t take my feeling of falling.

Oh, you want more? Wait,  
I’ll curl my fingers to my mouth  
like a fist.  
You like that? Come closer.  
Listen, I’ve seen enough dust and  
wind to know  
a wolf lives inside me  
teaching these girls to stalk and snap  
the necks of birds for us to eat,  
to scratch the fields for frozen turnips.  
I’m keeping the children moving,  
not sitting and dreaming in a mirror,  
I’m not raising no stars.

How can a god-damned snapshot  
make me better off when I just sold  
my car’s tires for food?

There is no leaving.

*Sophie Huget of the Noah  
Webster House submitted the  
information for this article.*

*For more information visit  
[www.noahwebsterhouse.org](http://www.noahwebsterhouse.org)  
or call 860-521-5362.*

**Registration for the 2018/2019 school year  
begins November 15, 2017**



**naeyc**  
Accredited

**Come for a tour!**

We are located where the  
Center meets the Square.



for **YOUNG CHILDREN**  
Nurturing the growth of the whole child.  
**Infants - Age 5**  
Extended Care Option: 7:30 - 5:30  
**Director: Ruthie Johnson**  
**860-232-2106**

[www.firstchurchacademy.org](http://www.firstchurchacademy.org)  
email: [info@firstchurchacademy.org](mailto:info@firstchurchacademy.org)  
**12 South Main Street, West Hartford**

**COME CELEBRATE OUR 40<sup>TH</sup> FALL  
SEASON AT BROWN'S HARVEST**

EXPERIENCE THE  
**6 ACRE MAZE**  
WITH A TRIVIA GAME FROM 1977!  
**Open Daily 10am-6pm**  
HAYRIDES ON WEEKENDS  
(or weekdays by appointment)



**BROWN'S  
HARVEST**



**[www.browns Harvest.com](http://www.browns Harvest.com)**



**1911 Poquonock Ave, Windsor • 860-683-0266 • OPEN DAILY 10am-6pm**





At right, Margaret Hann, executive director of The Bridge Family Center, and Amanda Aronson, director of marketing and communications at The Bridge Family Center, congratulate this year's Build No Fences award recipient Thomas Moore, superintendent of schools.

Photos by Alicia B. Smith

# Sticking up for people for 30 years

Executive director of The Bridge Family Center celebrates milestone

by Abigail Albair  
Executive Director

A match made in heaven was discovered over a cup of coffee 30 years ago, and Margaret Hann has been grateful ever since.

Hann first took a position at The Bridge Family Center in 1987, the same year Wayne Starkey became the organization's fourth executive director.

It had been less than 20 years since its humble beginnings as Educational Resources Inc. in 1969, when founder Dick Jackson began

training volunteers and peer counselors to help alienated youth.

When she first came to The Bridge, it was for the opportunity to be a shelter director of Junction 1019, now known as the West Hartford Youth Shelter.

At the time, the native mid-Westerner was living in Vernon and commuting 2½ hours a day to Mystic for 10-hour workdays at one of the Noank Baptist Group Homes.

"I was young and that was fine, but my husband and I decided we wanted to start a family and I knew I couldn't keep that up and have

## Looking for a NEW DENTIST?

Exceptional dental care provided by a compassionate, trustworthy dental team...



Thomas J. Mensi, D.M.D.  
Charles R. Chiarello, D.D.S.  
Steven Hall, D.M.D.  
Jason T. Mielcarek, D.M.D.  
Ofer M. Doron, D.M.D.  
Nathan E. Mumford, D.M.D.

**Six Dentists and Hygienists  
for convenient scheduling.**

Multi-specialists under one roof and  
a doctor on call 365 days a year.

**We're here when you need us!**

**OPEN 6 DAYS A WEEK**

Early morning & Saturday hours available



### Contemporary Services:

- Sleep Medicine & Invisalign
- Cosmetic Bonding
- Veneers • TMJ Therapy
- Root Canals
- Smile Analysis and Design
- On site Specialist Care

Serving the Valley & West Hartford's dental needs since 1973



**DENTAL ASSOCIATES**  
Farmington Connecticut

291 Farmington Avenue, Farmington **860-677-8666**

Visit our website & Mobile App! [www.DASmile.com](http://www.DASmile.com)

PLUMBING & HEATING | WATER SERVICES | KITCHEN & BATH SHOWROOM | PARTS DEPARTMENT  
BATHROOM REMODELING | AGING-IN-PLACE | GAS FIRELOGS | EMERGENCY SERVICES

## 2500 SQUARE FEET OF POSSIBILITIES



**Avon Plumbing & Heating's showroom is  
full of all the best finishes for your home.  
Before you start any home improvement  
project, make sure you see us first!**

**AVON**  
PLUMBING & HEATING

Riverdale Farms  
124 Simsbury Rd. Avon, CT 06001 | 860-677-9721  
[AvonPlumbing.com](http://www.AvonPlumbing.com)



## TurleyCT Community Publications

Life Publications The Valley Press The West Hartford Press

To advertise call **860-651-4700 • TurleyCT.com**



# BUCKINGHAM MAIN LIVING SPACE



## *You'll Fall In Love With This Place*

Fall is here and the new one- and two-bedroom Independent Living residences in Seabury's South Wing are nearing completion.

We're very excited to welcome our new residents to campus and to watch these beautiful new spaces be transformed into neighborhoods and communities by the people who will live here.

We have a limited selection of South Wing residences still available. Start planning today!

Life at Seabury offers a stimulating, engaging environment surrounded by friends and neighbors, with the peace of mind and security of Life Care. Come be a part of it. And invite your friends.

Learn more about how to reserve your future home at our monthly informational sessions on every 1st Thursday at 1:30pm and every 3rd Wednesday at 10:30am. Call (860) 243-6081 or (860) 243-4033 for reservations or e-mail [info@seaburylife.org](mailto:info@seaburylife.org)

  
**Seabury**  
An Active Life Plan Community

*Revolutionizing the experience of aging!*

**BEST OF  
Hartford  
MAGAZINE**

**2009  
THROUGH  
2017**



Aspire to Excellence  
**carf**  
ACCREDITED

International  
Council on  
Active Aging



200 SEABURY DRIVE | BLOOMFIELD, CT 06002

(860) 286-0243 | (800) 340-4709

[WWW.SEABURLIFE.ORG](http://WWW.SEABURLIFE.ORG) | [INFO@SEABURLIFE.ORG](mailto:INFO@SEABURLIFE.ORG)



READ  
**LIFE**  
ONLINE AT  
**[www.TurleyCT.com](http://www.TurleyCT.com)**

a baby," Hann said.

When she heard of the opportunity at the Bridge, she applied, and learned that Starkey was also a Vernon resident, so the pair decided to meet at Denny's, a fateful encounter during which they hit it off immediately.

"We both knew right away this was going to work out," she said. "He was one of my mentors and a strong, kind leader. I respected him and how he approached the work we do. He was very collaborative, outgoing and intelligent and all the things that I wanted to be when I grew up, so I thought, 'This is a guy that I could really model my leadership after.'"

Following a series of interviews, Hann was hired to direct the shelter.

In its early years, The Bridge grew slowly and incrementally.

A year after its founding, it opened a drop-in center for young people in the "Y Annex" on North Main Street and, in 1974, it signed a contract with the town to provide social services to the public schools.

In 1975, Ruth Freymann became executive director and began efforts to open a regional shelter for teen runaways. It opened three years later on Farmington Avenue.

The Bridge became the Youth Service Bureau for the town in 1979.

After Hann came on board in 1987, further growth continued.

New additions to programming, including Looking in Teen Theatre (which later became an affiliate of Capital Region Education Council), the Independent Living Program, Tune-in-to Life Week and others came in the following years.

The Family Resource Center opened at Charter Oak School in 1991, and the Bridge offices and Counseling Center moved to 1022 Farmington Avenue in 1995, the same year the name The Bridge became official.

Hann was promoted to director of residential services,

a new title at The Bridge, and, in 1998, the board of directors approached her about becoming the organization's sixth executive director.

"I knew in my career that I always wanted to be an executive director, it if it wasn't going to be at The Bridge it would be someplace else, but to stay in an organization that I absolutely loved, where I loved their mission and everything about it, was a great opportunity," she said.

Rapid growth took place under her leadership as The Bridge began to offer mental health counseling and residential support for the Department of Children and Families.

The decade from 1998 to 2008 was a period of significant growth for the Bridge. The organization opened the Moving On Program, a transitional living apartment program for young adults ages 16-21, the West Hartford Teen Center, a Youth in Transition program to serve homeless youth ages 16-21 not involved in the state system of care, and, after becoming licensed as an outpatient psychiatric clinic for children and adolescents, three Short Term Assessment & Respite (STAR) homes for girls and one for boys. Junction 1019 transitioned to the STAR structure as part of this effort and is now currently a STAR home for girls.

The Family Resource Center expanded its support for young children and caregivers and is currently one of the strongest of its kind in the state of Connecticut.

"Our workforce grew by 48 percent and our budget grew by 70 percent," Hann recalled. "We expanded programs left and right and were selected for major grants from the Hartford Foundation for Public Giving. We've received more than \$2 million for various programs to date."

Bridge East, a mental health clinic in Rockville, opened in 2011, followed by Bridge West in Avon in 2015.

All three take private insurance, as well as Medicaid



and Medicare.

The expansion of mental health support for the region is an area of growth of which Hann said she is most proud.

“[The clinics] have become significant sources of support for children, adults and families in our region and our growth in this vital area will continue,” she said.

Over the years, The Bridge has undertaken multiple strategic planning processes and added a development director and human resources professional, as well as upgraded development and accounting software, implemented a new management information system for program evaluation and communications, and created an ongoing training program to ensure staff continue to be prepared to meet increasing needs.

When Hann started at The Bridge, its operating budget was roughly \$1.5 million. Today, its operating budget is \$8 million and the organization serves more than 11,000 children and families per year.

The Bridge must raise roughly \$700,000 a year to “make our mission

come together,” Hann said, a large chunk of which comes from the annual Children’s Charity Ball held each January.

“It’s been a lot of growth. It’s been strategic, and we’ve always been blessed with a very thoughtful board of directors who make sure we’re growing in the right direction,” she said.

### **Wearing her heart on her sleeve**

In her youth, Hann wanted to be a veterinarian.

She attended Michigan State in the pre-veterinarian program for two years, taking all math and science credits. Although she did well, veterinary school was very competitive, and she eventually paused to consider her choices.

“I remember one day thinking, ‘I don’t even like math and science, I just like animals.’”

After reflection, she decided on a new chosen path – one that she can trace her interest in back to her formative years and days spent with a childhood neighbor and her grandmother.

“My grandmother came from a

very wealthy family. She was adopted and they were horribly neglectful and abusive to her. But she took that experience and turned it around and was a wonderful mother, a wonderful grandmother and an enormous social service advocate,” Hann recalled. “I watched her be a voice of people who didn’t have a voice. She was a huge mentor for me.”

Perhaps guided by that example, Hann made friends with a developmentally delayed child who was often teased and sought to protect her companion from mean-spirited peers.

“It’s what I do. I stick up for people,” she said. “I made sure that people didn’t bully her and invited her to do things with me. I was always drawn to that sort of social service and helping people who needed somebody.”

And so, once she rediscovered an interest in social service during her college years, she began volunteering at a group home near Michigan State. She was soon tapped to be the volunteer coordinator for several group homes in the area.

“I fell in love with it and the kids,” she said.

**“We are there for people in some of their darkest moments. We care for people who don’t have a home and we become their parent.”**

**–Margaret Hann**

Right after college she worked at an institutional alternative summer program and moonlighted at a shelter for children.

It was after her marriage to her husband of 34 years, Bill, that she moved to Connecticut.

She has one daughter, 28-year-old Kate, and she considers The Bridge her second child.

“It’s clearly a huge part of my life,” she said, noting that she considers her

# **WE KEEP THE HUSKIES ON THE FIELD AND FANS ON THEIR FEET.**

The same physicians who keep all 22 UConn athletic teams on the field, on the court, and in the game can take care of you too. They offer decades of experience caring for some of the world’s top athletes and the kind of advanced treatment you should expect from the area’s only academic medical center.

**Learn more about UConn Health Orthopedics & Sports Medicine.**

[h.uconn.edu/teamdoctors](http://h.uconn.edu/teamdoctors)

**UConn**  
HEALTH | **ORTHOPEDICS &  
SPORTS MEDICINE**



**TEAM PHYSICIAN**  
UConn ATHLETICS





Margaret Hann is pictured with her husband, Bill Hann, at The Bridge Family Center's annual fundraiser The Children's Charity Ball.

Courtesy photo

job to be 24 hours a day, seven days a week. "There is a print in my bedroom that says 'Begin each day with a grateful heart' and when I wake up and see that I always think of how grateful and blessed I am to be part of this organization."

The work done by The Bridge keeps her motivated every day.

"We are there for people in some of their darkest moments," she said. "We care for people who don't have a home and we become their parent."

The stories from her career are numerous, but in particular a few faces of youth stand out. She remembers one young girl who returned to The Bridge shelter several times in between foster homes.

"She has said to us that The Bridge was the one consistent thing in her life," Hann recalled, adding that the story is not unique. "If they have problems with their boyfriend, lose their job, are back in rehab — we're always there for them. We have one young lady who is now looking at colleges and wants to move on with her life. If it wasn't for The Bridge being her touchstone, she wouldn't

have been able to get through all she got through."

One young man ended up in a Bridge shelter for more than a year as DCF tried to find him a home. In that time he flourished in the environment provided by The Bridge and in the West Hartford Public School system.

"One day he walked in in an Army uniform and now I know he's in law school," Hann said. "That's an enormous success for him and for us to see that happen through the years."

Adolescents who come to The Bridge at age 16 will often have their birthday celebrated for the first time.

"Everyone gets a cake and a gift and doesn't have to do any chores on their birthday," Hann said with a smile in her voice. "

We're also mindful of the sad days: the loss of a parent, the day they were taken out of their home. Believe me, they remember those dates, so we try to be cognizant of that."

One young man asked the staff to call every bar in the area of his hometown to find his mother, and when they did locate her, she wanted nothing to do with him.

# LET THE YEAR GET OLDER AS YOU LOOK YOUNGER!

*Come in for fall specials...*

## \$500 OFF\*

FACELIFT

*and*

## \$500 OFF\*

LASER EYELID LIFT

\*Special promotions valid until 11.30.17 and may not be combined. Must mention this advertisement to receive special discount. Individual results may vary. Other restrictions may apply.



AMERICAN BOARD  
OF COSMETIC SURGERY



ACCREDITATION  
ASSOCIATION  
for AMBULATORY HEALTH CARE INC.

# 844.550.7826

## THE LANGDON CENTER

LangdonCenter.com  
Guilford





# CRAZY BRUCE'S LIQUORS

## OCTOBER SALE

1ST - 31ST

CRAZY BRUCE'S IS OWNED  
AND OPERATED BY  
CONNECTICUT RESIDENTS!

**CRAZY BREW BASH**  
SATURDAY, OCT. 14TH  
crazybashes.com

### BUDWEISER or BUD LIGHT



**COORS LIGHT**  
30 Pack  
12 oz. Cans  
**\$20.99**

**FOUNDERS ALL DAY or CENTENNIAL**  
15 Pack  
12 oz. Cans  
**\$15.99**

**NEW BELGIUM FAT TIRE ALE**  
12 Pack  
12 oz. Bottles  
**\$14.99**

**SHIPYARD PUMPKIN HEAD**  
12 Pack  
12 oz. Bottles or Cans  
**\$13.99**

**SMIRNOFF 80 PROOF VODKA**  
1.75 liter  
OUR PRICE **\$17.99**  
Less mail-in rebate **\$8.00**  
Final cost after rebate **\$9.99**  
Rebates expires 1/1/2018

**ANGRY ORCHARD**  
12 Pack  
12 oz. Bottles or Cans  
**\$13.99**

**HEINEKEN**  
18 Pack  
12 oz. Bottles  
**\$18.99**

**STELLA ARTOIS**  
12 Pack  
12 oz. Bottles  
**\$13.99**

**LONG TRAIL**  
12 Pack  
12 oz. Bottles  
**\$12.99**

**TANQUERAY GIN**  
1.75 liter  
Plus, get a \$10.00 mail in rebate!  
**\$29.99**

**MILLER HIGH LIFE**  
18 Pack  
12 oz. Bottles  
**\$9.99**

**JAGERMEISTER**  
750 ml.  
**\$17.99**

**LAGUNITAS IPA**  
12 Pack  
12 oz. Bottles  
**\$13.99**

**TWO ROADS**  
12 Pack  
12 oz. Bottles or Cans  
**\$14.99**

**JACK DANIELS**  
1.75 liter  
**\$44.99**

**WOODBIDGE**  
All Types  
1.5 liter  
**\$12.99**

**NATTY DADDY**  
15 Pack  
25 oz. Cans  
**\$14.99**

**KAHLUA COFFEE LIQUEUR**  
750 ml.  
Plus, get a \$7.00 mail in rebate!  
**\$19.99**

**RED HOOK**  
12 Pack  
12 oz. Bottles  
**\$11.99**

**HARPOON**  
12 Pack  
12 oz. Bottles  
**\$12.99**

**MAKER'S MARK BOURBON**  
1.75 liter  
750 ml.  
**\$54.99**  
**\$29.99**

**SAMS ADAMS**  
12 Pack  
12 oz. Bottles  
**\$13.99**

**MICHELOB ULTRA**  
20 Pack  
12 oz. Bottles  
**\$13.99**

**BEEFEATER GIN**  
1.75 liter  
**\$29.99**

**CANADIAN CLUB**  
1.75 liter  
Plus, get a \$7.00 mail-in rebate!  
**\$19.99**

**BACARDI RUM**  
LIGHT, GOLD AND LIMON  
1.75 liter  
**\$23.99**

**MALIBU RUM**  
1.75 liter  
Plus, get a free 46 oz. Dole Pineapple juice  
**\$26.99**

**BAILEY'S IRISH CREAM**  
1.75 liter  
Plus, get a \$10.00 mail in rebate!  
**\$39.99**

**VODKA**

**ABSOLUT 80°**  
1.75 liter List 46.99 ..... **\$29.99**  
Plus, get \$10.00 mail in rebate!

**ABSOLUT ELYX**  
750 ml. List 25.99 ..... **\$19.99**

**BEVEDERE**  
750 ml. List 49.99 ..... **\$29.99**

**SMIRNOFF**  
80 proof  
1.75 liter List 28.99 ..... **\$17.99**  
Plus, get a \$8.00 mail in rebate!

**POPOV**  
1.75 liter List 20.99 ..... **\$12.99**

**TITOS**  
1.75 liter List 37.99 ..... **\$29.99**

**THREE OLIVES**  
1.75 liter List 35.99 ..... **\$21.99**

**SKYY**  
80 proof  
1.75 liter List 36.99 ..... **\$22.99**

**SVEDKA**  
1.75 liter List 29.99 ..... **\$19.99**

**GREY GOOSE**  
1.75 liter List 72.99 ..... **\$49.99**  
750 ml. List 39.99 ..... **\$26.99**

**NEW AMSTERDAM**  
1.75 liter List 29.99 ..... **\$19.99**

**PINNACLE**  
Regular or Whipped Cream  
1.75 liter List 27.99 ..... **\$18.99**  
Plus, get a \$7.00 mail in rebate!

**KETEL ONE**  
1.75 liter List 55.99 ..... **\$39.99**  
Plus, get a \$10.00 mail in rebate!

**SOBIESKI**  
750 ml. List 31.99 ..... **\$19.99**

**STOLICHNAYA**  
80 proof or Flavors  
1.75 liter List 44.99 ..... **\$29.99**  
750 ml. List 27.99 ..... **\$19.99**

**TAAKA or BOWMAN'S**  
1.75 liter List 15.99 ..... **\$10.99**

**STOLICHNAYA CRUSHED**  
Pineapple or Ruby Grapefruit  
750 ml List 17.99 ..... **\$14.99**

**EXCLUSIV**  
1.75 liter List 24.99 ..... **\$19.99**

**SCOTCH**

**ABERLOUR 12 YEAR OLD**  
750 ml. List 53.99 ..... **\$46.99**

**JOHNNIE WALKER BLUE**  
750 ml. List 260.99 ..... **\$163.99**

**OBAN LITTLE BAY**  
750 ml. List 88.99 ..... **\$39.99**

**JOHNNIE WALKER BLACK**  
1.75 liter List 85.99 ..... **\$59.99**  
750 ml. List 44.99 ..... **\$29.99**

**JOHNNIE WALKER RED**  
1.75 liter List 47.99 ..... **\$36.99**

**CHIVAS REGAL 12 YEAR OLD**  
1.75 liter List 72.99 ..... **\$58.99**  
750 ml. List 37.99 ..... **\$29.99**

**DEWAR'S WHITE LABEL**  
1.75 liter List 51.99 ..... **\$36.99**

**BALLANTINE'S**  
1.75 liter List 34.99 ..... **\$29.99**

**OBAN 14 YEAR OLD**  
750 ml. List 88.99 ..... **\$62.99**

**BALVENIE 12 YEAR OLD DOUBLEWOOD**  
750 ml. List 66.99 ..... **\$49.99**

**MACALLAN 12 YEAR OLD**  
750 ml. List 61.99 ..... **\$49.99**

**LAGAVULIN 16 YEAR OLD**  
750 ml. List 108.99 ..... **\$75.99**

**GLENLIVET 12 YEAR OLD**  
1.75 liter List 102.99 ..... **\$79.99**  
750 ml. List 50.99 ..... **\$40.99**

**GLENLIVET 18 YEAR OLD**  
750 ml. List 115.99 ..... **\$96.99**

**GLENLIVET 15 YEAR OLD**  
750 ml. List 76.99 ..... **\$59.99**

**GLENLIVET 16 YEAR OLD**  
750 ml. List 99.99 ..... **\$79.99**

**BRADEN ORACH**  
750 ml. List 24.99 ..... **\$19.99**

**LAPHROAIG 10 YEAR OLD**  
750 ml. List 53.99 ..... **\$40.99**

**GLENFIDDICH 12 YEAR OLD**  
750 ml. List 53.99 ..... **\$39.99**

**GRANTS**  
1.75 Liter List 35.99 ..... **\$27.99**

**GUINNESS DRAUGHT, EXTRA STOUT, BLONDE OR 200TH ANNIVERSARY VARIETY**

12 pack, 11.2 oz. bottles  
**\$12.99**

**SEAGRAMS ESCAPES COOLERS**  
Each  
**\$1.00**

**JIM BEAM BOURBON**  
1.75 liter  
Plus, get a \$7.00 mail in rebate!  
**\$32.99**

**DOS EQUIS XX**  
12 Pack  
12 oz. Bottles  
**\$12.99**

**BOURBON & WHISKEY**

**WILD TURKEY 81 PROOF**  
1.75 liter List 47.99 ..... **\$33.99**  
750 ml. List 25.99 ..... **\$18.99**

**JACK DANIELS**  
1.75 liter List 54.99 ..... **\$44.99**  
750 ml. List 31.99 ..... **\$24.99**

**JIM BEAM**  
1.75 liter List 40.99 ..... **\$32.99**  
Plus, get a \$7.00 mail in rebate!

**MAKER'S MARK**  
1.75 liter List 74.99 ..... **\$54.99**  
750 ml. List 37.99 ..... **\$29.99**

**BULLEIT**  
Bourbon or Rye  
750 ml. List 36.99 ..... **\$27.99**

**KNOB CREEK**  
750 ml. List 42.99 ..... **\$32.99**

**SEAGRAMS 7**  
1.75 liter List 26.99 ..... **\$21.99**

**SEAGRAMS VO**  
1.75 liter List 31.99 ..... **\$19.99**

**CANADIAN CLUB**  
1.75 liter List 28.99 ..... **\$19.99**

Plus, get a \$7.00 mail in rebate!

**CROWN ROYAL**  
1.75 liter List 58.99 ..... **\$39.99**  
750 ml. List 32.99 ..... **\$24.99**

**JAMESON IRISH**  
1.75 liter List 59.99 ..... **\$51.99**  
750 ml. List 37.99 ..... **\$29.99**

**BLACK VELVET**  
1.75 liter List 21.99 ..... **\$15.99**

**SOUTHERN COMFORT 70 Proof**  
1.75 liter List 34.99 ..... **\$26.99**

**FIREBALL**  
1.75 liter List 35.99 ..... **\$29.99**  
750 ml. List 16.99 ..... **\$14.99**

**TEQUILA**

**OLMECA ALTOS**  
PLATA or REPOSADO  
1.75 liter List 49.99 ..... **\$39.99**  
750 ml. List 29.99 ..... **\$24.99**  
375 ml. List 13.99 ..... **\$11.99**

**AVION SILVER**  
750 ml. List 49.99 ..... **\$31.99**

**JOSE CUERVO**  
GOLD or SILVER  
1.75 liter List 45.99 ..... **\$35.99**  
750 ml. List 25.99 ..... **\$19.99**  
Plus, get a free Margarita Mix

**PATRON**  
SILVER  
750 ml. List 51.99 ..... **\$39.99**

**ESPOLON**  
SILVER or REPOSADO  
750 ml. List 29.99 ..... **\$21.99**

**DON JULIO SILVER**  
1.75 liter List 88.99 ..... **\$59.99**  
750 ml. List 51.99 ..... **\$39.99**

**WINE**

**JOSH**  
Cabernet or Merlot  
750 ml. List 18.99 ..... **\$14.99**

**WOODBIDGE**  
Chardonnay, Cabernet, Pinot Noir,  
Merlot, Sauvignon Blanc, Pinot Grigio  
1.5 liter List 17.99 ..... **\$12.99**

**KENDALL JACKSON**  
Chardonnay  
750 ml. List 20.99 ..... **\$12.19**  
Sauvignon Blanc  
750 ml. List 20.99 ..... **\$10.99**

**CHATEAU STE. MICHELLE**  
Chardonnay  
750 ml. List 14.99 ..... **\$8.99**

**BOGLE**  
Chardonnay or Merlot  
750 ml. List 14.99 ..... **\$9.99**  
Cabernet, Petite Sirah,  
Zinfandel or Essential Red  
750 ml. List 17.99 ..... **\$9.99**

**MARK WEST**  
Pinot Noir  
750 ml. List 15.99 ..... **\$8.99**

**BARFOOT All Types**  
1.5 liter List 14.99 ..... **\$10.99**

**BARONE FINI**  
Pinot Grigio  
750 ml. List 14.99 ..... **\$9.99**

**YELLOW TAIL All Types**  
1.5 liter List 17.99 ..... **\$10.99**

**CAVIT Pinot Grigio**  
1.5 liter List 19.99 ..... **\$11.99**

**ECCO DOMANI**  
Pinot Grigio  
750 ml. List 15.99 ..... **\$9.99**

**CONCHA Y TORO FRONTERA**  
All Types  
1.5 Liter List 14.99 ..... **\$8.99**

**GNARLY HEAD**  
California Wines  
750 ml. List 11.99 ..... **\$8.99**

**ESTANCIA**  
Chardonnay  
750 ml. List 14.99 ..... **\$8.99**  
Cabernet Sauvignon  
750 ml. List 20.99 ..... **\$12.99**

**BLACKSTONE**  
Winemaker's Select  
750 ml. List 14.99 ..... **\$7.99**

**RODNEY STRONG**  
Cabernet  
750 ml. List 23.99 ..... **\$16.99**

**CLOS DU BOIS**  
Chardonnay  
1.5 liter List 28.99 ..... **\$18.99**

**CLOS DU BOIS**  
Chardonnay, Cabernet Sauvignon  
or Merlot  
750 ml. List 14.99 ..... **\$8.99**

**SIMI**  
Cabernet Sauvignon  
750 ml. List 28.99 ..... **\$19.99**  
Chardonnay  
750 ml. List 22.99 ..... **\$14.99**

**WINE**

**APOTHIC**  
Red, White or Dark  
750 ml. List 14.99 ..... **\$9.99**

**BERINGER**  
White Zinfandel  
1.5 liter List 16.99 ..... **\$9.99**

**OYSTER BAY**  
Sauvignon Blanc  
750 ml. List 19.99 ..... **\$10.99**  
Pinot Noir List 22.99 ..... **\$14.99**

**RUFFINO**  
Chianti or Pinot Grigio  
1.5 liter List 22.99 ..... **\$14.99**  
750 ml. List 11.99 ..... **\$7.99**

**RUFFINO**  
Chianti Classico  
Riserva Ducale Traditional  
750 ml. List 14.99 ..... **\$19.99**

**HOB NOB All Types**  
750 ml. List 14.99 ..... **\$9.99**

**STONE CELLARS All Types**  
1.5 liter List 14.99 ..... **\$9.99**

**VENDANGE All Types**  
1.5 liter List 11.99 ..... **\$8.99**

**LIBERTY CREEK All Types**  
1.5 liter List 11.99 ..... **\$7.99**

**BOTA BOX All Types**  
3 liter List 28.99 ..... **\$19.99**

**SUTTER HOME All Types**  
1.5 liter List 14.99 ..... **\$9.99**

**TWISTED All Types**  
1.5 liter List 15.99 ..... **\$9.99**

**ROSCATO**  
Rosso Dolce  
750 ml. List 14.99 ..... **\$10.99**

**KRIS**  
Pinot Grigio  
750 ml. List 13.99 ..... **\$10.99**

**MENAGE A TRIOS**  
Red Blend  
750 ml. List 14.99 ..... **\$9.99**

**KIM CRAWFORD**  
Sauvignon Blanc  
750 ml. List 22.99 ..... **\$14.99**

**DARK HORSE**  
Cabernet, Chardonnay or Red Blend  
750 ml. List 11.99 ..... **\$7.99**

**ROBERT MONDAVI**  
Private Select All Types  
750 ml. List 13.99 ..... **\$8.99**

**REDWOOD CREEK All Types**  
1.5 liter List 14.99 ..... **\$9.99**

**REX GOLIATH**  
ALL TYPES  
1.5 liter list \$12.99 ..... **\$9.99**

**CARNIVOR**  
Cabernet Sauvignon  
750 ml. List 15.99 ..... **\$11.99**

**UTA 22 Malbec**  
750 ml. List 14.99 ..... **\$9.99**

**BLUFELD**  
Riesling  
750 ml. List 11.99 ..... **\$9.99**

**NOBLO**  
Sauvignon Blanc  
750 ml. List 14.99 ..... **\$10.99**

**ARBOR MIST**  
Fruit Flavored Wines  
1.5 liter List 11.99 ..... **\$7.99**

**CRANE LAKE**  
Chardonnay, Cabernet  
Red Blend or Moscato  
750 ml. List 7.99 ..... **\$4.99**

**BLACK BOX**  
3 liter box List 26.99 ..... **\$20.99**

**FRANZIA**  
Vintner Select Wines  
5 liter box List 25.99 ..... **\$18.99**  
House Favorites  
5 liter box List 19.99 ..... **\$14.99**

**KENWOOD**  
Sonoma Valley  
Cabernet Sauvignon or Pinot Noir  
750 ml. List 15.99 ..... **\$13.99**  
Chardonnay or Sauvignon Blanc  
750 ml. List 14.99 ..... **\$10.99**

**COLUMBIA CREST**  
Grand Estate Cabernet or Merlot  
750 ml. List 14.99 ..... **\$9.99**

**LINDEMANS**  
Australian Wines  
1.5 liter List 14.99 ..... **\$9.99**

**J LOHR**  
Cabernet Sauvignon  
750 ml. List 19.99 ..... **\$15.99**  
Chardonnay  
750 ml. List 16.99 ..... **\$12.99**

**BESO DEL SOL SANGRIA**  
Red, White or Pink  
3 liter List 25.99 ..... **\$16.99**  
1.5 liter List 17.99 ..... **\$9.99**  
500 ml List 6.99 ..... **\$4.99**

**NOBLE VINES**  
181 Merlot,  
242 Sauvignon Blanc,  
446 Chardonnay  
750 ml. List 11.99 ..... **\$9.99**  
337 Cabernet Sauvignon,  
667 Pinot Noir  
750 ml. List 15.99 ..... **\$11.99**

**CROSSINGS**  
Sauvignon Blanc  
750 ml. List 19.99 ..... **\$12.99**

**DOMINO**  
Chardonnay, Merlot,  
Cabernet or Pinot Grigio  
1.5 liter List 13.99 ..... **\$8.99**

**TISDALE**  
California Wines  
750 ml. List 6.99 ..... **\$3.99**

**MEIOMI**  
Pinot Noir or Rose  
750 ml. List 30.99 ..... **\$19.99**

**ASTICA**  
Malbec or Torrontes  
750 ml. List 8.99 ..... **\$4.99**

**19 Crimes**  
Cabernet or  
Red Blend  
750 ml. List 14.99 ..... **\$9.99**

**GATO NEGRO All Types**  
750 ml. List 6.99 ..... **\$4.99**

**RUM**

**BACARDI Light, Gold or Limon**  
1.75 liter List 31.99 ..... **\$23.99**

**MALIBU Original Coconut**  
1.75 liter List 34.99 ..... **\$26.99**  
750 ml. List 22.99 ..... **\$16.99**

**CAPTAIN MORGAN**  
Original Spiced  
1.75 liter List 39.99 ..... **\$26.99**  
750 ml. List 25.99 ..... **\$13.99**

**CAPTAIN MORGAN**  
Caribbean White  
1.75 liter List 24.99 ..... **\$19.99**  
1.75 liter List 12.99 ..... **\$9.99**

**DON Q CRISTAL**  
1.75 liter List 27.99 ..... **\$19.99**

**MOUNT GAY RUM**  
Eclipse Amber  
1.75 liter List 43.99 ..... **\$34.99**  
750 ml. List 21.99 ..... **\$18.99**

**GOSLINGS**  
Black Seal  
1.75 liter List 40.99 ..... **\$29.99**  
750 ml. List 24.99 ..... **\$18.99**

**CALICO JACK**  
1.75 liter List 24.99 ..... **\$20.99**  
Plus, get a \$7.00 mail in rebate!

**SAILOR JERRY SPICED RUM**  
1.75 liter List 40.99 ..... **\$29.99**  
750 ml. List 29.99 ..... **\$19.99**

**GIN**

**HENDRICKS**  
1.75 liter List 92.99 ..... **\$69.99**  
750 ml. List 44.99 ..... **\$34.99**

**BEEFEATER**  
1.75 liter List 43.99 ..... **\$29.99**  
750 ml. List 25.99 ..... **\$19.99**

**BOMBAY SAPPHIRE**  
1.75 liter List 53.99 ..... **\$34.99**

**TANQUERAY**  
1.75 liter List 44.99 ..... **\$29.99**  
Plus, get a \$10.00 mail in rebate!

**SEAGRAMS**  
1.75 liter List 26.99 ..... **\$19.99**  
750 ml. List 16.99 ..... **\$12.99**

**GORDONS**  
1.75 liter List 26.99 ..... **\$19.99**

**GILBEYS**  
1.75 liter List 24.99 ..... **\$19.99**

**NEW AMSTERDAM**  
1.75 liter List 25.99 ..... **\$19.99**

**CORONA**  
REGULAR OR LIGHT  
24 Pack  
12 oz. Bottles  
**\$24.99**

**BUDWEISER, BUD LIGHT OR BUD LIGHT LIME**  
30 Pack  
12 oz. Cans  
**\$20.99**

**YUENGLING**  
LAGER, LIGHT OR BLACK AND TAN  
12 Pack  
12 oz. Bottles or Cans  
**\$9.99**

**GOOSE ISLAND OR BLUE POINT**  
12 Pack  
12 oz. Bottles  
**\$13.99**

**YELLOW TAIL WINES**  
1.5 liter  
**\$10.99**

**TISDALE**  
CALIFORNIA WINES  
ALL TYPES  
750 ml.  
**\$3.99**

# CRAZY BRUCE'S LIQUORS

STOP 'N' SHOP PLAZA, ELMWOOD, WEST HARTFORD TEL: 860-233-2117 • SHOP-RITE PLAZA, ROUTE 6, BRISTOL TEL. 860-582-4523

OPEN: MONDAY-SATURDAY 8:00 A.M. - 8:00 P.M.

SUNDAY 10:00 A.M. - 5:00 P.M.

WWW.CRAZYBRUCES.COM



We will match any advertised Connecticut legal price of alcoholic beverages for the current month. The customer must bring in the advertisement. Not responsible for typographical errors.



SALE PRICES  
EFFECTIVE  
Sunday, October 1st  
thru  
Tuesday, October 31st



## “It’s what I do. I stick up for people.”

—Margaret Hann

“The work we do can be so incredibly sad, but we celebrate every success,” Hann said. “It’s the little things [the kids] often remember.”

Although she’s always loved working with youth, she gives all the credit to her staff for the good work done on the frontlines with the children and families.

“I’m a good director. I like the aerial view, the big picture,” she said.

She is proud of the infrastructure developments she has led The Bridge through, and said she’s learned much during her 30 years, particularly the last 19 as executive director.

“I was 43 when I was hired [as executive director] and I’m 61 now,” she said. “I learned how much it’s all about relationships. My first order of business was to be sure the reputation of The Bridge stayed positive and people knew and loved this organization as much as I do and that they got to know me.”

That philosophy has held true as The Bridge expanded into other communities and the organization needed to earn the trust of a new group of people outside of West Hartford.

Hann likes to make people laugh,

Margaret Hann with Nancy DePalma, a board member of The Bridge Family Center and retired West Hartford Public Schools assistant superintendent.



Courtesy photo

particularly in difficult times, but doesn’t mince words when it comes to getting the job done.

“I’m very direct, I think kindly, but when I really care about someone he or she will know it,” she said. “I wear my heart on my sleeve. I pride myself on being very accessible to my staff at all times. They have really incredibly difficult jobs and they need to have that support. I’m proud to give it to them.”

Mary Butler, chair of the board of directors, praised Hann for her ability

to cultivate a team that knows how to “see the need” in the community, and her leadership of that team.

“Margaret has instilled in her team the ability to look beyond the present moment to consider how best to serve the needs of children, adults and families; to understand what barriers they are faced with in their lives, and to analyze how the changes in other community resources may affect people in the coming years,” Butler said.

“Her foresight has enabled The

Bridge to create programming that meets ever-changing needs yet stays true to the core mission of the organization. She is a gifted executive director, and her strength, consistency, clarity and dedication are the hallmarks of her leadership style.”

For Hann, it always comes back to service.

“Our core belief statement is that children and families are at the center of our work. That’s our guiding light and it’s my job to make sure we always follow it,” she said. [WHL](#)

**NOW ENROLLING**

Robotics  
K-3 & 4-8

Aquatic  
Explorers

Inventions!

## Spectacular Saturdays!

### K-3 | 4-8

3D Printing  
and more!

**REGISTER  
ONLINE  
@ [tmsc.org](http://tmsc.org)**

Talcott Mountain

SCIENCE CENTER & ACADEMY

**WOMEN in Business**

Jill Coscarelli

Owner +45 Fitness

Jill has been in the fitness business for over 10 years. She holds a National Exercise Instructor Certification as well as other certifications in Balance and Flexibility, Dance Aerobics, and Strength Training. All fitness levels are welcome and modifications can be used for a low impact workout. She has a loyal following because the women who attend +45 Fitness know that they are walking into a comfortable environment. They are supportive of each other and have fun while getting a great workout. Her classes have three components: Aerobic Dancing, Strength Training and Stretching which are all choreographed to music.

All classes are held at the Westminster Presbyterian Church in West Hartford, M, W, F: 8:45-9:45. Classes are \$8 and there are no joining fees. Free weights, exercise bands and mats are provided.

**+45 FITNESS**  
*Get Strong  
Get In Shape  
Have Fun*

Phone: (860) 561-0631

Email: [jillsc5610631@aol.com](mailto:jillsc5610631@aol.com)

Westminster Presbyterian Church M, W, F: 8:45 am



# Life in pieces

Quilting group extends the fabric of their friendship to new members

by Lynn Woike  
Editor

Photos by Lynn Woike

Anne Dubay is wearing one of the jackets she's made while holding a Boston Commons design, which she affectionately refers to as West Bookfield's Common. It is made from fabrics from the 1930s and 1940s that belonged to her maternal grandmother. On the wall behind her is a Zipper Quilt.

**"I** grew up having quilts on my bed," said Anne Dubay, co-presidents of West Hartford Quilters.

Her mother made her one with appliqued butterflies that she wore out.

She made her first quilt in the mid-1980s when taking an adult education class. It was a sampler with a variety of designs that she hand quilted.

Shortly after, a friend introduced her to the quilting group to which she still belongs. She's made more than a hundred quilts. One she recently finished will go to a grandson who is a hockey fan. She's quilted jackets, table runners, wall hangings, totes and handbags.

"I like to sew and I used make a lot of my own clothes. I was a home economics teacher 26 years. I taught in East Hartford, mostly high school," Dubay said.

Currently, there is a Yellow Brick Road quilt on her bed.

She recently completed an involved, intricate sampler

*Newington Veterinary Clinic*



177 Day Street, Newington, CT 06111  
860-953-3553  
[www.Newingtonvet.com](http://www.Newingtonvet.com)

 We offer our patients the newest and safest Flea, Tick and Heartworm preventatives. 

LOCATED ON THE WEST HARTFORD/NEWINGTON LINE

READ  
**LIFE**  
ONLINE AT

[www.TurleyCT.com](http://www.TurleyCT.com)

**TurleyCT**  
COMMUNITY PUBLICATIONS

**S.K. LAVERY** APPLIANCE COMPANY



Glastonbury's most complete appliance center!

**SUB-ZERO**  
**WOLF**

**We will match any competitor's price!**

Let S.K. Lavery Appliance Company provide you with the professional service you expect and deserve, as we've been providing for over 86 yrs.

GLASTONBURY • 97 New London Tpke. 860.633.1065	WEST HARTFORD • 1003 Farmington Ave. 860.523.5271	NORTH HAVEN • 370 Sackett Point Road 203.288.7727
---	--	--

Visit us on the web at [www.sklaveryappliance.com](http://www.sklaveryappliance.com)



Courtesy photo



**These are the four baby quilts members made for St. Agnes Home this year. They also made twin-sized quilts.**

commemorating an Alaskan cruise 12 years ago.

"It took me until last year to get out the pattern and start making the quilt," she said.

It only took Dubay two days to find Mona Arslanian after she moved to the same Farmington community. Neighbors who greeted Arslanian saw a stack of quilts and passed the word.

"The next day, the doorbell rang and she said, 'I heard you're a quilter,'" Arslanian recalled, noting that despite any differences, "quilting puts us together."

The two became friends and have volunteered to be co-presidents the past two years.

A self-proclaimed newbie,

and attending the open sew every Tuesday, no matter the weather.

"For some reason, I had a knack for teaching beginners and I helped everyone," she said, "and the woman who owned the store offered me that position on Tuesdays for the open sew and then she offered me a job part time."

"I still have friends down there from those days," she said.

The friendships formed over quilting are one of the benefits of joining West Hartford Quilters, the two women agreed.

From September to June, the group meets the first Wednesday of the month from 7-9:30 p.m. at West Hartford Health and Rehabilitation Center on Loomis Drive.

**"Everything you make, even if it's very simple, you learn something. It could be the technique you use or the colors you use or the kinds of fabric."**

**-Anne Dubay**

Arslanian she'd always wanted to learn to quilt but the opportunity never came up until a member of her morning workout group offered to teach the women quilting. The owner let them meet one night a week at the gym while they worked on a sampler quilt.

In the 15 years since then, Arslanian has made 100 quilts or more. Like Dubay, she's given most of them away.

Arslanian became a regular customer at a fabric store near where she lived at the time – buying material

The group formed 31 years ago and Dubay joined about five years after that, while living in West Hartford. It's one of 12 chapters of the Greater Hartford Quilt Guild, which has more than 450 members – down from a high of 800, Dubay said.

About 10 years ago, while meeting at Westmoor Park, West Hartford Quilters maxed out the available space; the wait list to join got so long, a second quilters group – Quilters West – formed in town. It also meets at the same rehab center the third Wednesday of each month.



Photo by Lynn Woike

**Every quilter has a stash of fabric.**

"We're trying to attract West Hartford people to our group," Dubay said, noting that a few members are from other towns.

Meetings feature a mix of speakers and projects. Sometimes there's a trunk show where a quilter displays a selection of her quilts. Time is also allotted for a business meeting, and show and tell.

"People will bring in things they're working on, or something they've just finished. ... Everyone looks forward to that part of the evening," Dubay said.

"It's a wonderful group of people over many age groups. ... It's a very encouraging spirit in the group."

It's also a generous group of women.

"If at a meeting someone mentions she needs purple fabric, almost everyone will bring in some from their stash and tell her to take whatever she wants," she said.

The chapter issues a challenge every year, offering members the

opportunity to try something different.

"Everything you make, even if it's very simple, you learn something. It could be the technique you use or the colors you use or the kinds of fabric," Dubay said, adding, "You learn so much from the others."

Arslanian agreed, saying, "It's a great hobby and you learn new skills, which is important at any age. ... It's good for the mind. You use a lot of math in quilting and you learn new skills ... with almost every quilt you make."

The group also undertakes community service projects, making quilts for Paul Newman's Hole in the Wall Gang Camp, a boys home in Windsor, South Park Inn in Hartford, Saint Francis Care Regional Cancer Center, area shelters, My Sister's Place and St. Agnes Home. Members have also made Quilts of Valor for service members and veterans touched by war, and made a quilt to hang on the wall in the Veterans' OASIS (Operation Academic Support



# THE SIMSBURY INN



ELEGANT WEDDINGS  
EXQUISITE CUISINE  
IMPECCABLE SERVICE  
SWEEPING LAWNS AND SEASONAL GARDENS FOR PHOTOS  
RENOWNED EXPERTISE IN PLANNING & CUSTOMIZING YOUR SPECIAL EVENTS

Classic Hotels of Connecticut • The Simsbury Inn • 397 Hopmeadow Street • Simsbury, CT 06070  
860.651.5700 • [SimsburyInn.com](http://SimsburyInn.com) • [Facebook.com/SimsburyInn](https://www.facebook.com/SimsburyInn)

Photo by Simply K Studios



Flawless detail...  
*one wedding* at a time  
*Personal* attention with  
on-site coordinator  
Let the *natural beauty*  
of the outdoors enhance your style  
Make a unique statement for those  
“*times of your life*” moments  
*Beautiful* gardens and  
landscaping offer endless  
photo opportunities  
Garden gazebo and three-story  
lobby for *romantic*  
ceremony settings

Winterwood photography.com

Avon Old Farms Hotel

279 Avon Mountain Road • Avon, CT 06001 • 860.269.0236 • [AvonOldFarmsHotel.com](http://AvonOldFarmsHotel.com)  
[Weddings@AvonOldFarmsHotel.com](mailto:Weddings@AvonOldFarmsHotel.com) • [Facebook.com/AvonHotel](https://www.facebook.com/AvonHotel)



for Incoming Service members) space at Tunxis Community College where student veterans can meet, study and socialize.

"Some of the most fun we have is charity stuff because it's nice to give," said Marty Strong who joined West Hartford Quilters about 12 years ago, is a past president and serves as the group's historian.

"Sewing is something I've done since childhood. I didn't want to make clothes anymore," she said of turning to quilting more than 20 years ago.

"I like playing with fabric, plus it's a social thing now," she said of belonging to the group.

For all the quilts she's made, Beverly Scharper does not have one on her bed.

"Most of what I make is given away for community service or to family members," said Scharper, who is one of nine children.

"At this point in my life, I'm not going to make a king-sized quilt because after 25 squares I'm bored. I'd rather make baby quilts and college quilts for family members," she said, adding that she also likes making quilted art pieces.

Like most quilters, she has a stash of fabric for future projects. Hers are organized by color in her sewing room.

Arslanian said people think they don't have time to quilt or that they are too difficult, but that neither is true.

Quilting is not something you do by hand the way your grandmothers did, she said.

Dubay said most people piece the quilt top using a sewing machine and then send it out to be quilted.

"It's really evolved as everything else has evolved," Arslanian said. "It's easy to

find something you like in quilting."

There are new styles, fabrics, techniques and fads, Strong said.

"It just exploded. The whole quilting experience went crazy for a while" about 20 years ago, but the revival is now fading.

The group currently has about 20 members.

"There are some things we used to do at our monthly meetings," Dubai said, describing themed fabric swaps and a "block of the month" that members pieced with their choice of fabric, so that after a year, you could sew them all together and have a quilt.

Both of those traditions ended as membership declined.

"I think it would be nice to reinstate the things that dropped by the wayside," she said.

With more people, there would be more workshops and hands-on projects. When the group was large, subgroups often formed to explore a variety of techniques and met informally in women's home, she said.

The guild holds a quilt show every other year. The emphasis is on show.

"We want to see your quilt.

We want you to share what you are doing, not matter what level you're at," Scharper said.

No one is judging; it's an opportunity to get some fresh ideas, members said.

"We don't care. We all had that first quilt," Dubai said. "Whatever level you're at, you should be proud of what you do."

Each fall, a chapter hosts an annual meeting for the guild. In addition to a short business meeting, this event features a lecture by a nationally known quilter, designer or author.



**Mona Arslanian tends to make modern quilts. She is holding a Turning 20 pattern quilt made using fabrics from her favorite designer, Jennifer Paganelli. Beside her is a stained glass appliqué quilt; on the wall is a Watercolor Quilt.**

Favors, vendors, boutiques, raffles and tag sales are frequently part of this event that is open to the public. In the spring is a sharing day at which local chapters and independent members of the guild gather to share ideas, accomplishments and fellowship. Chapters provide short demonstrations, and display the results of their challenge and charity work.

Annually, the guild also holds a lecture and a four-day sewing retreat.

"I gave up gardening for quilt-

ing," Arslanian said.

Dubay gave up basket weaving, macramé and "so many different crafts."

While education is the group's main goal, Dubai said the idea is to have a good time.

"People are welcome," she said. "You don't have to be a member to come to our meetings and check us out." **WHL**

For more information about West Hartford Quilters, call Beverly Scharper at 860-521-3446.

**HAUNTED MINIATURE GOLF**

To benefit CT Farmington Valley Visitors Assoc.

**treats \$10.00 per person**

**surprises**

Thursdays, Oct. 19 & 26 - 4-9pm  
Fridays, Oct. 20 & 27 - 4-9pm  
Saturdays, Oct. 21 & 28 - 11am-9pm  
Sundays, Oct. 22 & 29 - 11am-8pm

Costumed volunteers needed. IT'S FUN! Call us or email: fmgandicp@hotmail.com  
Group packages available (20 or more). Call for info.

**Farmington Miniature Golf & Ice Cream Parlor**  
1048 Farmington Ave. (Rt 4), Farmington 860-677-0118

**Dog Days OF West Hartford**

WHERE DOGS PLAY, INSIDE AND OUT.

Follow us on:

**Professional Pet Sitting and Exercise Service**

Tired of Rushing Home to Walk the Dog?  
Try one of our pet services today!

- Dog Walking
- Professional Pet Sitting

**www.dogdaysct.com**  
Bob Duncan, Owner  
bob@dogdaysct.com  
860.982.9323

Proudly serving West Hartford since 2002

Bonded & Insured

*...Comfortable Living*

**FEDERATION HOMES**

ACCEPTING APPLICATIONS FOR OUR 1 AND 2 BEDROOMS WAIT LIST  
156 WINTONBURY AVE., BLOOMFIELD

Affordable Independent Living for Older Adults 62+ and Individuals with Disabilities

Visit us at [www.federationhomes.org](http://www.federationhomes.org)  
**(860) 243-2535**

Federation Homes, Inc. is sponsored by the Jewish Federation of Greater Hartford with funds provided by the Department of Housing and Urban Development.





Photo by John Fitts

The front entrance of DELAMAR West Hartford.

# Local luxury

## Boutique hotel DELAMAR West Hartford opens

by Abigail Albair  
Executive Editor

After five years of development from the ground up, DELAMAR West Hartford — a boutique hotel local officials strategically sought to bring to town to further solidify it as a destination community — is open to guests.

The project of the Greenwich Hospitality Group is the third DELAMAR in the state. The first two, located in Greenwich Harbor and Southport, are part of a larger set of properties for the group, including locations in Connecticut, Vermont and Texas.



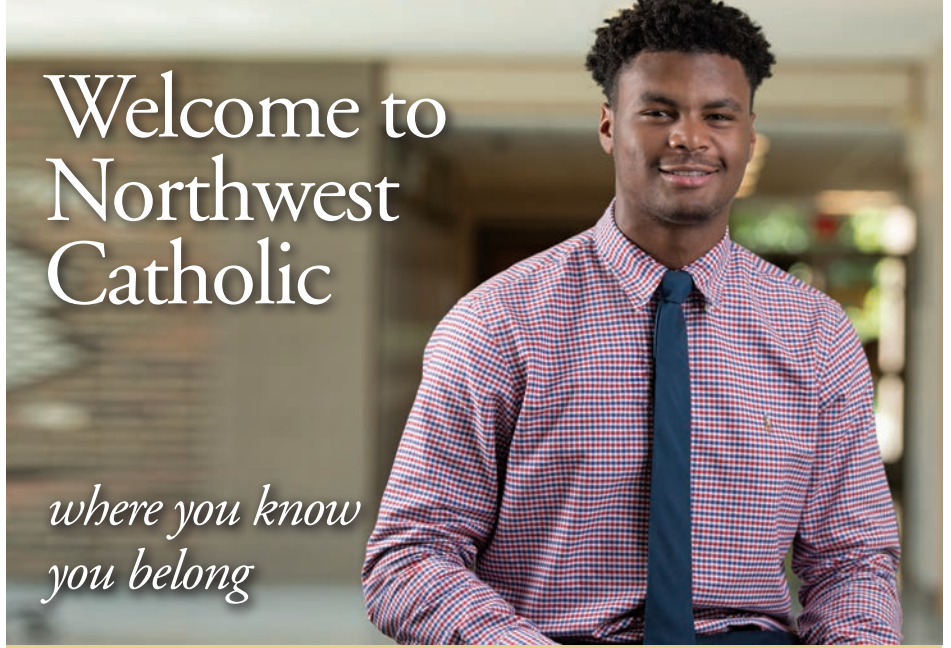
Personalized Mortgage Solutions  
No closing cost loans  
Fast turnaround time  
Competitive rates  
Second home financing  
Expert advisors who know, live and work locally

### Right time. Right place.

When the time is right for a personalized mortgage solution, we are ready when you are.

It's not too late to take advantage of historically low rates when you re finance through Simsbury Bank Home Loans. Our expert advisors are local, knowledgeable, and committed to finding you the best solution to fit your current situation.

[SimsburyBank.com/HomeLoans](http://SimsburyBank.com/HomeLoans)



## Welcome to Northwest Catholic

*where you know you belong*

“Since the day I started at Northwest Catholic, various challenges were tossed my way, and with guidance from faculty and peers, I learned to overcome every obstacle I faced.”

—Teyshawn '18

**Open House**  
Sunday, Oct. 29 • 1–3pm

**Entrance Exam** Choose your day!  
(For incoming 9th and 10th grade only)  
**Saturday, Nov. 11 & Dec. 2 • 8am–12pm**  
Apply online by November 3 to receive a practice test.



29 Wampanoag Dr.  
West Hartford, CT 06117  
860.236.4221

[northwestcatholic.org/admissions](http://northwestcatholic.org/admissions)

#findyourpride



The West Hartford site on Raymond Road in Blue Back Square was attractive to Greenwich Hospitality Group because of its proximity to West Hartford Center, as well as industry, colleges and universities, art and theater attractions, downtown Hartford and Bradley International Airport, DELAMAR representatives said.

Regional Director of Operations and General Manager Daniel Coggins said during a tour of the hotel just after it officially opened mid-September that it is “not your typical hotel.”

He noted the upscale customer service, fine dining offered at its restaurant, Artisan, the full-service spa, and the overall unique nature of the hotel’s design and décor.

Impeccable detailing marks each area of the building and its six floors and 114 guest rooms. Three meeting rooms on the second floor each reflect a different theme and feeling. In one room, the conference table breaks into a billiards table for use when business is done.

Founder and CEO of the Greenwich Hospitality Group Charles Mallory takes great pride in his projects, particularly with finishing touches, Coggins said. A stencil artist was brought in to decorate accent walls in the guest room bathrooms, for

**The lobby of DELAMAR West Hartford welcomes guests with its unique design and décor. Guests receive a welcome glass of champagne upon arrival.**



**All hotel guests receive a continental breakfast each morning in the lobby lounge. The breakfast features homemade granola, yogurt, fruit and pastries fresh from Artisan, the hotel restaurant.**



**The 3,751-square-foot ballroom on the hotel ground floor is filled with natural light. It will begin hosting events in November.**



**The ballroom opens to an outdoor patio that features a seating area and fire pit.**



Photos by Abigail Albair



**NEW ENGLAND  
AIR MUSEUM**

## Fall Events

Saturday, October 7th  
Open Cockpit

Saturday, November 11th  
Veterans Day Program

Friday, November 24th  
Santa Visits & Behind the  
Scene Tours


Saturday, December 2nd  
Santa Visits

**Adventure, Discovery  
and the Dream of Flight!**

www.neam.org (check for hours)  
860-623-3305

*Bring this ad for 10% off total admission*

Bradley International Airport, 36 Perimeter Road, Windsor Locks, CT 06096



**“Family Owned,  
Family Operated,  
Family Values.”**

- Dr. Jason Haviar

10 WARNING SIGNS YOUR PET  
NEEDS IMMEDIATE CARE!

1. Breathing difficulties
2. Serious bleeding
3. Major trauma
4. Lacerations/bite wounds
5. Collapse/loss of consciousness
6. Poisoning
7. Prolonged vomiting/diarrhea
8. Infections
9. Difficulty urinating/defecating
10. Eye redness/tearing or spasms

Mon-Thurs: 5:30 pm - 8:00 am • Fri 5:30 pm - Mon 8:00 am  
**24 hours on Major Holidays**

**588 Cromwell Ave • Rocky Hill**  
**860.563.4447**  
[www.animalemergencyct.net](http://www.animalemergencyct.net)



# START YOUR CAREER AT EASTERN!



**LaToya Smith '06**

*Communication and History Major  
Founder/CEO, Brass City Media*

"Eastern gave me the skills I needed to adapt to this rapidly changing industry. I received a truly multimedia education through courses in television, radio and public relations. I learned how to edit video and advanced my writing skills as a copy editor on the student newspaper."



**Jonah Sanchez '15**

*Business Administration Major*

Jonah Sanchez turned his Inroads internship at United Technologies into a position in UTC's Financial Leadership Program. "Jonah was a quick learner and acclimated quickly," said Sandra Kay Mozdzanowski, head of UTC's Benefits Finance Team. "Because of his attention to detail and willingness to learn, he was given high-level projects to work on."



**Adam Wurtzel '07**

*Communication Major*

Adam Wurtzel is a promotions producer at Fox 17-TV in Nashville, and has interviewed such celebrities as Dolly Parton, Kenny Rogers and Cyndi Lauper as host, writer and producer of "The Pickup," a country music news feature carried on the Heartland Network and more than 100 radio station websites. "I literally owe everything to Eastern, where I learned the inner workings of television — tools I use every day at work."



EASTERN CONNECTICUT STATE UNIVERSITY

[www.easternct.edu](http://www.easternct.edu)





**Each area of the hotel was specifically designed with oversight by Greenwich Hospitality Group CEO and Founder Charles Mallory.**

example. Wallpaper with specific textures was chosen for halls and rooms. Step onto the third floor and you will find the walls adorned with images that give a nod to Connecticut history, including Mark Twain's quill and inkwell and tobacco leaves.

DELAMAR West Hartford partnered with the New Britain Museum of American Art, which will curate the hotel on a rotating basis. The first installment features "East & West Coast Cool: American Art, 1960s to Now" by American pop artists, including Andy Warhol.

"With this project, we aimed to create a boutique hotel that would be deemed exceptional in any major metro area," Mallory said in a statement. "DELAMAR West Hartford will soon be a regional draw and the top hotel destination in Central Connecticut."

Rooms are complete with Italian linens and floral arrange-

ments by Lane & Lenge, which occupies a storefront in the hotel. Bob DeGemmis' Connecticut Custom Clothing Company is also located on the hotel's ground floor.

The 2,000 square foot spa — which will be open to the public, not just hotel guests — will be opening in October and feature Biologique Recherche and Valmont treatments.

Hotel guests receive a continental breakfast each morning, concierge service, housekeeping and turn-down service, a welcome glass of champagne at check-in, Wi-Fi, use of the hotel's fitness facility, valet parking and complimentary transportation in the hotel's courtesy vehicle — a Tesla — within a 5-mile radius.

The hotel's 3,751-square-foot ballroom will begin hosting events in November. The space — which is filled with the natural light that flows throughout the entire building and its variety of rooms — opens onto a garden patio. It can



**Left:** Intricate detailing is featured throughout the hotel. Wall markings on the third floor give a nod to Connecticut history, including the quill and inkwell as a reference to Mark Twain seen in the foreground.

**Middle left:** The hotel features 5,000 square feet of space for private events and meetings, including this one of three meeting rooms on the second floor. In this room, the conference table breaks down into a billiards table for use once business is done.

**DELAMAR West Hartford displays one-of-a-kind artwork curated by the New Britain Museum of American Art.**



**Right:** This is a deluxe king room with a terrace. Rooms at the DELAMAR West Hartford begin in price in the low \$200 range.



Photos by Abigail Albair

hold up to 450 people.

Artisan Restaurant, Tavern and Garden, which will cater events at the hotel in addition to being open to the public, also boasts intricate design along with its "garden-to-table" cuisine, some of the produce for which is grown on the grounds of the DELAMAR.

Oversized murals hand-painted by Stockholm Artist Jonas Wickman decorate the space. The tavern area is highlighted by a pewter Parisian bar top from L'etaulier Tourangeau of Montbazou, France and the floor

is done in 9,000 hand-laid bricks. That area also features a hand-crafted traditional Swedish farmhouse tile fireplace designed by Gabriel Keramik of Timmernabben, Sweden.

A private dining room in Artisan that seats 16 people features large custom copper string chandeliers from Lumid of Montreal, Canada and a gold-leaf patina barreled ceiling.

The hotel will ultimately employ 120 people, Coggins said.

He has worked for Greenwich Hospitality Group for 10 years and





The terraces off of second floor rooms offer views of Blue Back Square.

relocated to the area to become general manager of the West Hartford site.

He noted that the building was designed to LEED Gold Standards, and that great care went into crafting the project.

“It was pretty amazing,” he said. “There are a tremendous amount of people involved in putting together a project like this. It really has the ‘wow’ factor. This is a great addition to what West

Hartford already has.”

He said he believes the hotel will attract a “strong mix” of leisure and corporate visitors with business travelers expected mid-week and guests of social events expected on the weekends.

Rooms at DELAMAR West Hartford begin in price in the low \$200 range. A variety of rooms and suites are available.

To learn more visit [delamar.com/west-hartford](http://delamar.com/west-hartford). [WHL](http://WHL)



Left: An accent wall in the bathrooms was stenciled by an artist to give it extra flair.

Left, middle: Superior rooms are complete with large bathrooms that feature soaker tubs.



Photos by Abigail Albair



The outdoor pergola and seating area is decorated with mason jar pendant lights alongside the garden area complete with natural willow branch hanging lantern globes.

The tavern area of Artisan is highlighted by a pewter Parisian bar top from L'etaunier Tourangeau of Montbazou, France and the floor is done in 9,000 hand-laid bricks. Oversized murals hand-painted by Stockholm Artist Jonas Wickman decorate the space, one of which can be seen in the dining room in the background.



READ  
**LIFE**  
ONLINE AT

[www.TurleyCT.com](http://www.TurleyCT.com)  
**TurleyCT**  
COMMUNITY PUBLICATIONS



Best Burrito  
THIRD PLACE  
ADVOCATE  
★ BEST ★  
OF  
HARTFORD  
READERS' POLL  
2013

Like us on

**10% OFF**  
Your check of \$50 or more  
*Dine-in only. Exp 10/30/17*

**Coyote  
Flaco**

**FREE DELIVERY**  
**860.953.1299**

635 New Britain Ave, Hartford, CT  
[coyoteflacohartford.com](http://coyoteflacohartford.com)



# LIFE

## in the kitchen

### with chef Frederic Kieffer

by Lynn Woike  
Editor



Photo by Lynn Woike

“Cooks have to have a spoon,” said chef Frederic Kieffer. He considers it the most important tool in his kitchen.

The executive chef at Artisan Restaurant, Tavern and Garden expects those who work under

him to go through a lot of them every day.

“I’m a firm believer of a spoon,” he said. “If you have a spoon and test every single thing, that’s half the battle. It’s not just about whipping something in the pan and putting it on the plate.”

He finalized the last dish on the

menu two weeks before opening in the Delamar Hotel. Drawing on his classic training in his native France – and experience opening l’escape in Greenwich for Rick Wahlstedt who collaborated on both restaurants – Kieffer was inspired by New England when developing the innovative menu.

Two staples come from the Artisan restaurant he opened in Southport seven years ago: Artisan Seafood Chowder made with oysters, clams, shrimp and fennel crackers; and New England Cioppino, which incorporates the catch of the day along with calamari, mussels and chorizo in

**\$5.95\*/day**  
**\$35.70\*/week** **Self-Park**



**SELF PARK**

\*Sales tax, airport access fee and fuel surcharge additional

- Dead battery assistance at no charge
- Shuttle picks you up right at your car
- Park your car & keep your keys
- 24-hour shuttle to/from terminal
- Security Patrol On-Site

**(860) 627-4931**

[www.galaxyselfpark.com](http://www.galaxyselfpark.com)

**One minute away from Bradley**

## FREE MEDICARE SEMINARS

2018 Annual Election Period (October 15-December 7th)

### Learn Your Plan Options

Advantage • Supplemental • Prescription Drug

#### Wooden Tap

12 Town Line Road  
Rocky Hill

Oct. 23, Nov. 1 & 8  
10:30am

#### VFW

85 Kitts Lane  
Newington

Oct. 24 & 31, Nov. 7  
10am & 12:30pm

#### First Tee of CT

55 Golf Club Rd. (Tpe)  
Cromwell

Oct. 26 & Nov. 2  
10am & 1pm

*Lisa will be present with information & applications. For accommodations for persons with special needs, call ahead.*

**Call to reserve your seat & learn about the Medicare plans being presented.**

**Individual appointments always available.**

*Personal Service & Experience You Can Depend On!*

**Lisa Krawczyk, CLTC**

Independent Broker

**860.529.0656 • [lisakrawczyk@img-sis.com](mailto:lisakrawczyk@img-sis.com)**

*Serving our community since 1996 • Never a fee or obligation*





a creamy lobster sauce. Both are among the choices from the sea.

The menu has four sections: garden, mill, sea and land. Each has a selection of four to six items to taste and share, and two to four entrees.

“The focus is on all those taste and share appetizers,” he said. “They’re designed so you can have three or four items.”

Four dishes are vegan, including

a baked tian with layers of spinach, eggplant, beans, tomato and golden romesco sauce. Among the 17 gluten-free choices is ancient grains and duck egg with shiitake mushrooms, fall soffritto and pomegranate.

“Every dish has a purpose and a direction ... Every dish has a story,” Kieffer said.

To put a local spin on shrimp and grits, he uses only the royal red shrimp out of Stonington.

“There’s only one place in the world you can get those shrimp. They’re very sweet, super tender and very red, not pink.”

The grits are made with organic Carolina golden rice, the first rice grown in America. In the process of cleaning the rice, you always get broken pieces; these are saved and sold as rice grits.

A humble dish he brings from the South of France and Northern

Italy is Rigatoni Con le Sarde. Sardines were the only protein most fisherman could afford. The dish mixes them with homemade pasta, garlic, tomatoes and white wine.

Kieffer hopes guests will see something on the menu that makes them want to return.

“I fell in love with food 30 years ago, I was 15 or 16, my first job, it was part time working as a dishwasher in my hometown in a small

## Chef Frederic Kieffer answered some questions offering more insight on his personality and know-how.

**Q: What’s your “secret weapon” ingredient?**

*A: Ginger or lemon*

**Q: What’s your least favorite food?**

*A: Chain fast food*

**Q: What is the one cooking technique that every home chef should know how to do?**

*A: Making a chicken stock*

**Q: If you could take any celebrity chef out to dinner, who would you take and where would you go?**

*A: Tony Bourdain [from the show “No Reservation”]. I don’t know him personally, but he must have a lot of stories. I would probably take him home.*

**Q: What is your favorite cookbook?**

*A: I do like cookbooks a lot. Two of my most favorite are “Mastering Pasta” by Marc Vetri and “Plenty: Vibrant Vegetable Recipes from London’s Ottolenghi” by Yotam*

*Ottolenghi. One I like to look at – and I think is one of the funniest cookbooks – is “Au Pied de Cochon: The Album” by Martin Picard. It has a lot of characters and the recipes are good.*

**Q: What herb or spice best describes your personality?**

*A: Thai basil*

**Q: If you weren’t a chef, what profession would you be?**

*A: A dishwasher*

**Q: What’s your “go to” staple dish?**

*A: One dish that I like is the Nehantic Abbey Crusted Fluke. I’ve used that technique for quite a few things. You put super thin cheese curls on top of fish. ... You can do it on scallops or salmon. I’ve used that quite a few times. It’s very versatile.*

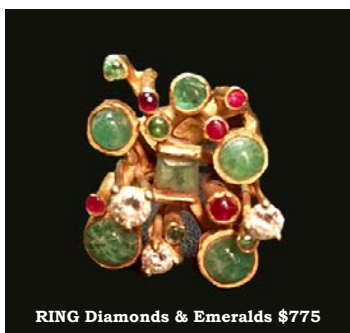
**Q: What do you like to cook when having guests to your home?**

*A: Vegetables. I have a garden, too.*

**Q: It’s your last meal on earth. What’s on your plate?**

*A: Probably bone in-rib eye steak, mushroom and red wine sauce.*

## GRISWOLD STREET ANTIQUES



RING Diamonds & Emeralds \$775



WEATHER VANE \$150  
folk art - wood



SKIER BONZE BY KELSEY \$295



1950's PICNIC GLASSES \$42

## ANTIQUES BOUGHT & SOLD

119 Griswold St, Glastonbury, CT

860.657.2885 W-Sat 11-5 Sun 12-5



Helping you achieve your goals has always been ours

Congratulations to Joe Curran for earning the role as the new Resident Director of the Glastonbury, CT office.

### The Curran Group

**Joseph P. Curran, CFP®, CPM®**

Resident Director - WMA

860.368.6961

joseph\_curran@ml.com

### Merrill Lynch

200 Glastonbury Boulevard  
Suite 302  
Glastonbury, CT 06033



Merrill Lynch Wealth Management makes available products and services offered by Merrill Lynch, Pierce, Fenner & Smith Incorporated, a registered broker-dealer and Member SIPC, and other subsidiaries of Bank of America Corporation.

Investment products: **Are Not FDIC Insured** **Are Not Bank Guaranteed** **May Lose Value**

The Bull Symbol and Merrill Lynch are trademarks of Bank of America Corporation.

Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER™ and CFP® in the U.S. CPM® is a registered service mark of the Academy of Certified Portfolio Managers.

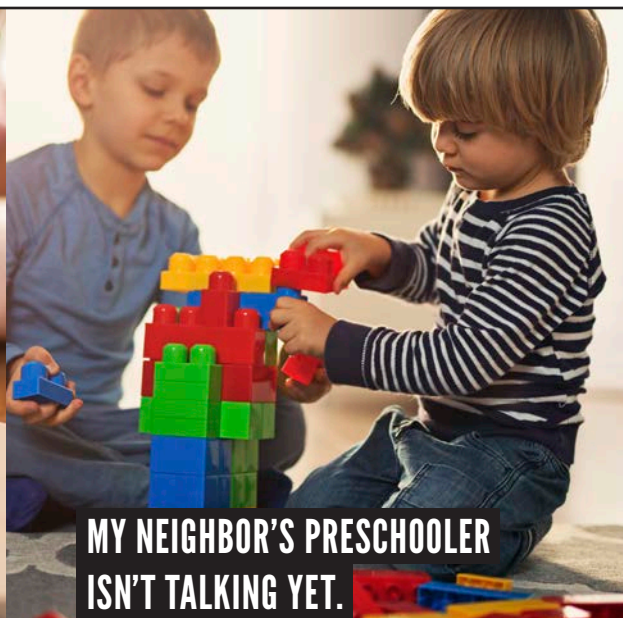
© 2017 Bank of America Corporation. All rights reserved.

AR8XQM8V | AD-09-17-0067.A | 09/2017





**MY SON'S BEST FRIEND DOESN'T  
GET DINNER SOME NIGHTS.**



**MY NEIGHBOR'S PRESCHOOLER  
ISN'T TALKING YET.**



**MY EIGHT-YEAR-OLD NIECE  
STILL CAN'T READ.**



**MY GOOD FRIEND IS STRUGGLING  
TO MAKE ENDS MEET.**

**Together, we're FINDING THE BEST WAY to help.**

**United Way cares about what you care about – and we'll take a stand for it just like you.**

Choosing to give is a personal choice. It's up to you where your donation will go. And we've made it easy for you to give.

Can't decide? United Way knows where the needs are within our communities. We find the best ways to bring people together to solve the issues that matter most. When you give to United Way we put your donation to use in a way that makes a difference.

**Together, we're finding the best way to...**

- help children get ready for school and stay on track to graduation.
- get people jobs and help with managing finances.
- connect families with health services.
- provide assistance during the tough times.



United Way of Central and  
Northeastern Connecticut

Find your best way. **Donate today.** | [unitedwayinc.org](http://unitedwayinc.org) | [f](#) [t](#) [i](#)



Frederic Kieffer  
executive chef  
at Artisan  
Restaurant,  
Tavern and  
Garden, flips  
through one  
of his favorite  
cookbooks.

Photo by Lynn Wolke

restaurant on the weekend, That was my first contact with the food industry and when I finished school I went to culinary for six years," he said.

First thing he remembers cooking was a boiled ham for his sister's communion. There was creamed spinach and marterra wine, too.

"It was a big challenge," he said of feeding 25 people.

"I knew then," he said, that food would become his career.

He enjoys handling the ingredients and blending them together.

"When you're younger, you tend to want to do more. ... It's an exact science. It's so easy to complicate something," he said.

By focusing on quality ingredients and holding back – not adding a layer of this or a zest of that – you avoid confusion.

"I think with age you realize that less is more. You want to keep it simple but you want to fulfill the technical part of it."

"It's all about feeling and smelling and tasting, and you have to see the beauty," Kieffer said.

He is passionate about freshness, happy to have a garden on the patio outside the restaurant with vegetables, herbs and spices; and good relationships with Connecticut farmers.

A back-of-the-house staff of 35 will work in the three kitchen areas: prepping downstairs, the a la cart side for diners and room service, and the banquet area for catering events of all sizes.

"It takes a year ... to break in a new kitchen," Kieffer said. [WHL](#)



READ  
**LIFE**  
ONLINE AT  
**[www.TurleyCT.com](http://www.TurleyCT.com)**



19th Annual



# PARK ROAD PARADE

Saturday, October 7th, 2017 • 10:30 a.m.

*Join the Fun!*

Bands, clowns, dancers, floats, antique cars, dogs of all shapes and sizes, sports mascots, color guards, businesses, civic and cultural groups, town and state officials and so much more!



## Your Best Destination for Dry Cleaning Services



- Dry Cleaning
- Laundromat
- Alterations
- Same Day & Next Day Service
- Locally Owned & Operated

**Professional • Reliable Experienced**

352 Park Road, West Hartford  
860-232-2443  
Westhartforddrycleaner.com



## Zaytoon's Bistro

Fantastic selections from Lebanon, Morocco & the Mediterranean


**NOW OPEN!!**



- Salads
- Sandwiches
- BBQ
- Pasta
- Children's Menu & more

*"Absolutely delicious, some of the best Mediterranean in the area. Highly recommend it!"*  
EWZ, Hartford

16T Park Road • West Hartford • 860-937-5125



**Pines Jewelers**  
Family Jewelers since 1983

- area's lowest prices on watch and jewelry repair
- all work done on premises
- great selection of unique jewelry imported from Portugal

258 Park Road • West Hartford  
236-1413



*We'll do the cooking...  
You **ENJOY** the Show!*  
Relax on our patio to watch the parade!



**EFFIE'S PLACE**  
Family Restaurant

Join us for breakfast before the parade and you're welcome to stay for the rest of the day with front row seats for the festivities!  
Friendly Service | Great Food | Hearty Portions

[www.effiesplace.net](http://www.effiesplace.net) "Gather as a family and see your neighbors"  
91 PARK ROAD, WEST HARTFORD • 860-233-9653

## Quaker Lane Shell



**Shell**

- Convenience Store
- Dunkin' Donuts
- Shell Gasoline

**DUNKIN' DONUTS**

338 Park Road • West Hartford • 860-523-4287

## Back Pain?

How about treating yourself to a new or pre-owned, adjustable, and ergonomic office chair?

**Your back will thank you!**

- 20% Coupon off ALL pre-owned office chairs in-stock! (Bring in your coupon).
- Chairs from \$50 - \$2,500

Offer expires October 31, 2017.

### VALUE OFFICE FURNITURE

74-1 Park Road, West Hartford, CT

860.570.1390

[www.2ndchanceplanet.org](http://www.2ndchanceplanet.org)








**Zest 280**  
The Eatery With A Twist

Now a mission based cafe partnering with  
Community Partners in Action Culinary Training Program!

280 Park Road, West Hartford • [www.zest280.com](http://www.zest280.com) • 860.308.2796 • Hours: Mon-Fri, 11am-2:30pm

**PLAYHOUSE ON PARK** SEASON 9 SUBSCRIPTIONS **NOW ON SALE!**

<b>AVENUE Q</b> Sep. 13 – Oct. 8, 2017	<b>THE DIARY OF ANNE FRANK</b> Oct. 25 – Nov. 19, 2017	<b>STEEL MAGNOLIAS</b> Jan. 10 – Jan. 28, 2018	<b>INTIMATE APPAREL</b> Feb. 14 – Mar. 4, 2018
<b>STOP/TIME DANCE THEATRE</b> Mar. 14 – Mar. 25, 2018	<b>THE REVISIONIST</b> Apr. 11 – Apr. 29, 2018	<b>IN THE HEIGHTS</b> June. 13 – Jul. 20, 2018	

**Tickets 860-523-5900 Ext. 10 or visit [playhouseonpark.org](http://playhouseonpark.org)**



**PROSPECT CAFE** Lunch, Dinner, Happy Hour, Sunday Brunch.

345 PROSPECT AVENUE  
860-519-1048  
[www.prospectcafewh.com](http://www.prospectcafewh.com)




**HARVEST Country STORE**

**Organic Fair Trade Coffee Bar  
Local Pastries, Bagels,  
Hot Dogs & Hoagies,  
Fresh Smoothies, Smiles &  
Shady Glen Ice Cream**

161 OAKWOOD AVENUE  
**WEST HARTFORD** **860.523.3263** OPEN 7 DAYS  
ON FACEBOOK & TWITTER @HARVESTCOUNTRY HARVESTCOUNTRYSTORE @GMAIL.COM



**STARR YOGA**



- All Levels Yoga & Barre Classes
- Variety of Workshops
- Teacher Training

276 Park Road, West Hartford | [starrlifestudios.com](http://starrlifestudios.com)

**THE CLOTHES HORSE**  
*Junior League of Hartford Thrift Shop*

MEN'S & WOMEN'S CLOTHING, ACCESSORIES, JEWELRY, VINTAGE, PLUS SIZES

Join us for our  
Customer Celebration  
Event on Nov. 9th  
REFRESHMENTS  
WILL BE SERVED

**20% OFF** any purchase  
Expires 11/20/17

PROUD TO HAVE BEEN AT **175 PARK ROAD** FOR OVER 40 YEARS

TEL 860-233-1411 OPEN 10-5 TUESDAY - FRIDAY, 10-4 SATURDAY  
BLOG [clotheshorsethrift.blogspot.com](http://clotheshorsethrift.blogspot.com) • WEBSITE [jlhartford.org/clotheshorse](http://jlhartford.org/clotheshorse)





## Black Diamond Body Piercing



**Precision Piercing**  
**Quality Jewelry**



CTNOW  
★ BEST ★  
OF  
HARTFORD  
READERS POLL  
2017

149 Park Road  
West Hartford  
**860.231.9771**

www.blackdiamondbodypiercing.com • facebook.com/blackdiamondCT

## Back Pain?

Could the chair you sit in for 30-50 hours per week matter?

## Ya Think?!

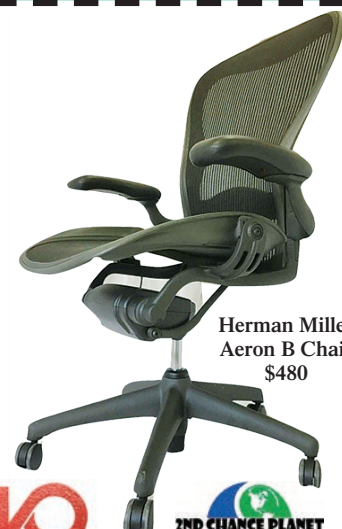
**20% Off** Any One New or Pre-Owned Chair from \$50-\$2,500 with this ad and hey, what took you so long?

Offer expires October 31, 2017.

**VALUE OFFICE FURNITURE**

74-1 Park Road, West Hartford, CT  
**860.570.1390**

www.2ndchanceplanet.org



Herman Miller  
Aeron B Chair  
\$480



www.0degree.com  
860-852-5178

## THAI ICE CREAM

**Now Open**

120  
Park Road  
•  
West  
Hartford



- Ice Cream •
- Latte •
- Milk Tea •
- Bubble Tea •
- Fruit Tea •
- & more

*Ice cream made in front of your eyes!*

## CLAIM SATISFACTION GUARANTEE

**Only Allstate has the Claim Satisfaction Guarantee.**

I hope you never have a car accident. But if you do, it's good to know you'll be happy with your claim experience. In fact, Allstate guarantees your claim will be fast, fair and hassle-free. Or your money back. No questions asked. It's another way Allstate is changing car insurance for good.



**Andrea Zmenyak-Liberno**  
860-232-6381  
17 Oakwood Ave.  
West Hartford  
azmenyak@allstate.com



**Allstate**  
You're in good hands.

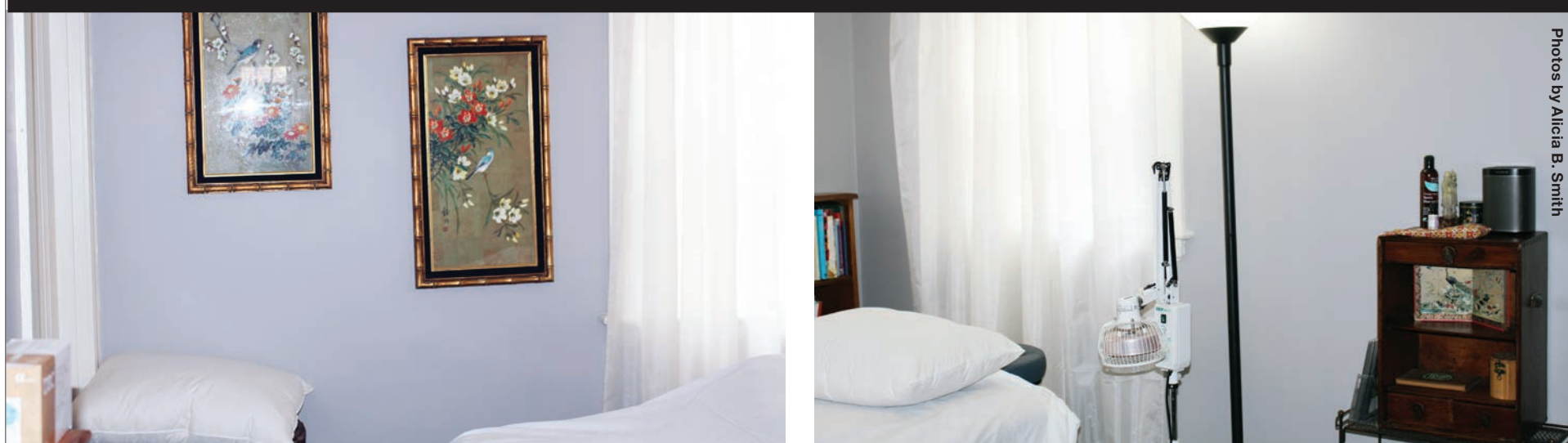
Auto Home Life Retirement

Call or stop by  
for a free quote.

Subject to terms, conditions and availability. Premium credit based on vehicle involved. Allstate Fire and Casualty Insurance Co., Allstate Indemnity Co. © 2013 Allstate Insurance Co.

153666





Photos by Alicia B. Smith

# Making a difference

Husband and wife team up in private practice

by Alicia B. Smith  
Associate Editor

**M**att Maneggia does not like needles – he passes out during routine blood tests. He became an acupuncturist anyway.

“I try to hammer it home: it’s so much different than what you think of as a needle,” he said.

Today Matt and his wife Jill Kleiber, are celebrating 10 years of practicing together at Connecticut Family Acupuncture, which here does business under the name West Hartford Acupuncture.

Both first tried acupuncture themselves to find relief from their own health issues.

For Kleiber, it began when she was a senior in college attending Northern Arizona University and suddenly contracted Bell’s palsy. Her mother mentioned her daughter’s condition to the family doctor who suggested Kleiber be tested for Lyme disease.

Kleiber went to six doctors and was put on a regiment of steroids and antibiotics.

“I was starting to get depressed, this will never go away,” she said.

When a friend of a friend suggested acupuncture, Kleiber decided to give the treatment a try.

“Within 24 hours, it started to go away,” she said of the paralysis in her face. While the symptoms were not gone completely, they had improved and she could feel some

movement in her face.

“By the end of the week, I was smiling,” Kleiber said.

Following graduation she moved to New York City to pursue a career in graphic design. After the horrific events of 9/11 she decided she wanted to make a change and find something satisfying where she could help others. Her research led her to acupuncture and massage, specifically to a school in Texas, the Academy of Oriental Medicine in Austin.

“I bet the whole farm and moved to Texas within a few months,” she said.

Kleiber went on to earn a master’s in Oriental medicine and is a certified practitioner of Tuina, Chinese massage.

Maneggia was living in Boston after college and not quite sure what direction he wanted to go. He had tried acupuncture while he was in school and again after to get some relief from his scoliosis.

Although acupuncture can often make the condition appear worse before it gets better, after his first treatment, Maneggia said, “That night I slept deeper than I had all my life and my back felt great.”

He knew he wanted to go back to school so he “rolled the dice on acupuncture school” – in Texas, with additional training in Chengdu, China.

The couple met while training in Texas and would return to their native Connecticut where they later

married. Maneggia grew up in Bolton and Kleiber in Wilton.

Ten years ago they opened their own private practice and have not looked back. Increasingly more people are turning to acupuncture for relief and finding it.

“In the beginning patients would say, ‘I told my doctor I was going [for acupuncture] and the doctor would roll their eyes.’ Now, we get recommendations from doctors,” Maneggia said.

Recent referrals from doctors have been for pain management as a way to avoid prescribing opioid drugs responsible for the current nationwide epidemic.

Connecticut Family Acupuncture, which is the name of the practice, also has a number of patients who are doctors practicing Western medicine.

The couple has seen an increase in the number of people willing to try acupuncture who may not have just a few years ago.

One thing that may prevent a patient from trying acupuncture is the idea of the needles. Maneggia may still be wary of needles, but does not mind the pins used in acupuncture.

While some will simply never get over their fear, Kleiber stressed that acupuncture is comfortable. Her husband said needles used in acupuncture are so thin, eight of them could fit into one hypodermic needle. All the needles used are sterilized and disposed of after each use.



The husband-and-wife team of Jill Kleiber and Matt Maneggia are celebrating 10 years of their practice, Connecticut Family Acupuncture.

Since starting their practice, the couple has hired three acupuncturists and Maneggia has slowly moved into the role of running the office, which includes opening a second location in Bolton last year.

Kleiber has expanded her work to include helping women with fertility issues. Her interest began when she was in school and did an internship at a fertility clinic. At the time, all the clients became pregnant.

“Research has come out supporting acupuncture for infertility,” she said.

Today more acupuncture clinics offer treatments specifically for fertility related issues; however, when Kleiber first began the concept was new. She also assists women with other women’s health issues, such as menstruation or menopausal symptoms.

Connecticut Family Acupuncture offers a combination of traditional Chinese medicine, cupping and naturopathic medicine to help with



almost everything including pain, women's health issues, anxiety and depression, digestive disorders, allergies, headaches and fibromyalgia.

The couple credits their success with how they talk about acupuncture and its benefits. Rather than frame it in terms of energy flow, they view it as the body reacting to a foreign element.

"We put the pins in, the body recognizes it as a foreign object, the body responds and creates a natural pain signal all in the blood stream," Maneggia said. "Acupuncture is excellent at opening the blood vessels. That's it in a nutshell."

Acupuncture can also help anxiety.

"It encourages the brain to provide neurotransmitters like endorphins," Maneggia said.

When a patient comes in for their first procedure, Maneggia explained, the appointment will take a bit longer than usual as they fill out a health history and answer a series of questions about what prompted them to try acupuncture.

"We delve into that pretty deeply," Maneggia said.

Additionally during the exam that precedes the procedure, the diagnostics that are done are a bit different than when visiting a doctor.

## "Acupuncture is excellent at opening the blood vessels. That's it in a nutshell."

—Matt Maneggia

A person's tongue will be examined for color, coating, markings and swelling, all of which can give the practitioner a sense of what is going on internally. A person's pulse will also be checked on both wrists, as the practitioner looks for not only the pulse rate but how deep the pulse is, which helps them know what acupuncture points to use.

"Twelve people could come in with migraines, from the perspective of Chinese medicine," Maneggia said, each could be treated using different acupuncture points.

"For the most part, modern medicine just treats the symptoms not the root of the problem," Maneggia said. "With Chinese medicine it's looking at the entire body and mind as a whole. With acupuncture we can tie it all together."

The couple has been busy recently, not only with raising their family of four boys, but also expanding their practice.

Maneggia said that surveys done

five years ago showed that half of all acupuncturists cease practicing after five years.

"We are lucky to have made it past that and are still growing," Maneggia said. "It feels great to provide jobs for acupuncturists. It's tough to crack into the market."

"I feel being able to grow our company like this shows change for our profession," Kleiber said.

Like patients who are increasingly more willing to try acupuncture, mainstream medicine is taking note of the benefits as well. Kleiber said that many hospitals now have at least one acupuncturist on staff.

"We are trying to find a way to scream, 'Acupuncture should be the first stop for pain relief,'" Maneggia said.

The procedure has been recognized as being one way to manage pain and may help patients to not use powerful pain medications or to reduce the amount they need.

One of the things the couple

would like to see, on the legislative level, is to have acupuncture covered by insurance. At this time, just less than 50 percent of insurance companies cover the procedure.

"It's a lot cheaper to do a series of acupuncture treatments," Maneggia said.

The couple has found a way to work together, with Maneggia overseeing more of the management of the practice while Kleiber continues to see patients.

"It's fun to plan, scheme and dream together," Kleiber said of working with her husband. "It's fun to have our careers in our own hands."

She said she also found it helpful when she was pregnant, because her husband was able to administer treatment.

While the practitioners can see improvements in their patients, they never tire of hearing how their work improves the lives of those they assist. It is not uncommon for them to be out and run into a client that shares how much they were helped. **WHL**

*West Hartford, Connecticut Family Acupuncture is located at 173 Oakwood Avenue. For more information call 860-503-3676 or visit online at [ctfamilyacupuncture.com](http://ctfamilyacupuncture.com).*

Mon-Sat  
9:30-5:45  
Thurs.  
'til 8:45pm

# FOOTPRINTS

## Shoes & Accessories

Now Open  
Sunday  
10-5

79 Costello Road  
Newington  
(860) 666-3100  
[footprintsshoes.com](http://footprintsshoes.com)

**JOURNEY**

**TOUR**

**FREETIME**

**JV MESH**

**SAS**

**SIMPLIFY**


**TIMEOUT**

**LIBERTY**

*Life is a journey.  
Wear comfortable shoes.*

**\$15<sup>00</sup> OFF EVERY PAIR OF MEN'S & WOMEN'S SAS SHOES**  
Bring in this ad to receive \$15 OFF  
Prior sales excluded. Expires 10/9/17. Can't be combined with other coupons, sales, vouchers, or discounts.

**Caring for loved ones. Family style.**



- 170 bed Skilled Nursing Facility for Short-term Rehabilitation and Long-term Care.
- Fully-staffed Active Rehab Program for Physical, Occupational and Speech Therapy
- Professional team available 7 days a week for admission, discharge, recreation and financial needs.
- Convenient to all local hospitals

Please call to arrange to visit our beautiful facility.

 **Hughes Health & Rehabilitation**  
29 Highland St., West Hartford  
860-236-5623

*Family owned and operated since 1961*



READ  
**LIFE**  
ONLINE AT

**www.TurleyCT.com**

**TurleyCT**  
COMMUNITY PUBLICATIONS



# The joy of storytelling

WHSO conductor reimagines full-length musical 20 years later as concert version to share the tale of 'Lincoln and Booth'

by Abigail Albair  
Executive Editor

**H**istory will come alive through music when the West Hartford Symphony Orchestra opens its 16th season in October.

A concert musical, titled "Lincoln and Booth" and based on the assassination of the nation's 16th president, will be given in the Roberts Theater at Kingswood Oxford to launch the 2017 season — marking 20 years since its original iteration was performed on the very same stage.

The piece was first composed by the symphony's conductor and founder, Richard Chiarappa, as a full-length musical and adapted this past summer into a 50-minute concert version.

It features 11 vocalists and a 60-piece orchestra. More than 20 songs and instrumental passages from the original show will be performed during the two-hour concert.

Other related pieces will complete the season opener, including Chiarappa's composition "The Gettysburg Address," "Ashokan Farewell" by Jay Ungar — as featured in the Ken Burns PBS documentary "The Civil War," and two compositions by Aaron Copland, "Hoe-down" and "A Lincoln Portrait," which will be narrated by Mark McNally.

"The Gettysburg Address" will be accompanied by a reading of the address by Connecticut radio celebrity Brad Davis.

In a write-up about the opening of the season written on behalf of the WHSO by Rob Kyff, Chiarappa recalled that his goal in writing the "Lincoln and Booth" musical "was to bring alive onstage one of the most inherently dramatic events in the history of the United States, and to do it with authenticity and theatricality."

His father's love of Abraham

Lincoln planted the seed in Chiarappa's childhood that led to his creation of the piece.

"My father was enamored with Lincoln and highly respectful of Lincoln and what he had done for this country," Chiarappa recalled in an interview with West Hartford LIFE. "So, the latent interest was there on my parent. I was conducting musicals every year at Kingswood and getting more into musical theater in the '80s while I was composing. Around 1990, I had just finished writing a musical with my wife that we had premiered and we were marketing, and I wanted to

start a new project. I decided it was time to look into the assassination and the facts leading up to it."

Chiarappa read books, interviewed experts and visited historical sites. He read letters and trial transcripts and included passages in the lyrics of the musical.

He took the John Wilkes Booth escape route tour that began in the balcony of the Ford's Theatre — the spot where Lincoln was shot April 14, 1865 — and led participants out the back door of the theatre and on a 12-hour journey along Booth's escape route to the barn in Virginia



READ  
**LIFE**  
ONLINE AT

[www.TurleyCT.com](http://www.TurleyCT.com)

**TurleyCT**  
COMMUNITY PUBLICATIONS

**SAFETY?  
COMFORT?  
PEACE OF MIND?**



## PERSONALIZED SKILLED NURSING CARE

Beginning with a compassionate welcome, we work together with residents, families, area hospitals and physicians to achieve the highest levels of care and comfort possible.

Family owned and operated, we provide individual, personalized long term care that makes all the difference. Let us tell you more.



130 Loomis Drive, West Hartford, CT 06017  
860-521-8700 [westhartfordhealth.com](http://westhartfordhealth.com)

Affiliated with Avon Health Center

**Turnpike Motors** 860-666-3319

Autobody 2550 Berlin Turnpike • Newington, CT

**When Life Happens...**

**Turnpike Motors is There!**

[f /turnpikemotors](https://www.facebook.com/turnpikemotors)  
[www.TurnpikeMotors.com](http://www.TurnpikeMotors.com)





**WHSO founder and conductor Richard Chiarappa reworked his full-length musical, "Lincoln and Booth," into a concert musical for a 60-piece orchestra. This year marks the 20th anniversary of the opening of the musical, and the symphony will celebrate by performing the concert version in October.**

File photo

where he was ultimately caught and shot himself.

As he was a full-time faculty member at Kingswood Oxford at the time — where he is currently part time and serving as the director of the string orchestra program — it took him seven years of research and two full summers writing the script and music to complete the original piece.

When he wrote the original orchestrations, he did a "skeleton" and gave them to a "wonderful arranger," who was his professor at the Hartt School. That man, Frank Hunter, completed the arrangements based on Chiarappa's shell.

Now, in completing the concert version, Chiarappa said he took those orchestrations and "just enhanced them and tried to explode them in a way."

He kept most of the original melodies and condensed the script with the help of Mike Dunne — who will narrate the concert version — to provide context for the songs.

"It's been an interesting experience for me," Dunne said, noting that he has worked with Chiarappa for years and narrated many concerts

for the WHSO.

This work was unique, he said, because they were turning a musical into what he called a "symphonic production."

"In the original version, the actors and actresses carried out the plot. Since this time we aren't going to have that kind of structure, all of the dialogue and some of the action that was originally acted out by the actors is now given to the narrator, who needs to, as much as possible, convey what is happening and why and the emotional flavor of it."

He noted the scene during which the staff of the Ford's Theatre is preparing for the 1,000th performance of Laura Keane when they receive the message that President Lincoln will be attending.

"So, the excitement all of a sudden notches up by a lot of decibels and the narrator has to convey all of that both by tone of voice and choice of words as well as explain what's happening," Dunne said.

The work to complete the narrative script was "very complicated," he said, explaining that each change Chiarappa made to orchestration, he would adjust the way he will deliver

the story at that point.

"We had a lot of meetings together," he said.

The musical featured a 10-piece orchestra, so it was quite a task to develop parts for a 60-piece orchestra, Chiarappa said.

All of the work was done in recent months.

"It was a pretty monumental summer for me," Chiarappa said. "The way the pieces were arranged had to be thought of differently, knowing what we had originally done 20 years ago worked well. I wanted to keep the character of the show, such as when Mrs. Lincoln is singing over the body of her dying husband; those difficult moments: the 'Death Prayer' that Booth sang, now I have a whole array of instruments to color that with. I took a lot of the brass out and leaned on the strings and woodwinds."

He added, "Finding the right combination of colors was part of the challenge, but, for me, that's a joy."

Chiarappa has written two other full shows, including "The Silver Whistle," based on the straight play written by Colin McEnroe's father, Robert McEnroe, that appeared on

Broadway in the 1940s.

"I thought there was a charming aspect to it. I lived and learned that some things are ripe for musicals and some things are maybe not ripe for it," Chiarappa said.

He wrote the musical three winters ago and it was performed at Playhouse on Park, but nothing has happened with it since.

"I've sort of shelved it," he said. "But the most important thing that came out of it was, in that show I wrote a love song and I've taken that song from my intent in 'The Silver Whistle' and I've interpolated it into 'Lincoln and Booth.' I love this piece, it's a beautiful waltz."

In an effort to delve deeper into Lincoln's character and his relationship with his wife, Mary Todd Lincoln, he added that love song into the concert version of his show.

When it came time to prepare for the performance of the concert version, Chiarappa contacted singers from the original musical to take part in the new interpretation.

According to Kyff's write-up, the 11 singers in "Lincoln and Booth," who will be dressed in 1860s-period costumes for the performance, are all



well-known Connecticut vocalists who have previously sung with the symphony or appeared in one of Chiarappa's other musicals. Christopher Stone will sing the role of Lincoln, Steve Mitchell of Booth, Kate Callahan Hardman of Mary Todd Lincoln, Mark McNally of Secretary Stanton and Lola Elliott Hugh of Mary Surratt. The other vocalists and their roles are David Baker and Len Fredericks (Ford brothers), Deanna Swanson (Lucy Hale), John Swanson (General Hartranft), Sara Demos Avery (Mrs. Carter) and Sheri Ziccardi (Nellie Starr).

Elliott, Avery and McNally (narrator of "A Lincoln Portrait") appeared in "Lincoln and Booth" when it was performed in 1997.

Chiarappa hopes audiences are moved by the history when they hear the music.

"I think for many it may give insight and answer some questions for those who may have been just curious about this and wondered," he said. "It's easy to just think, 'Lincoln was shot by a guy,' but here, Booth is going to be standing there

behind a microphone. I think for those people who vaguely know the details, this will fill in a lot of those empty blocks for them in terms of why it happened and about Booth's motives."

Dunne agreed, adding that "the whole issue of the Civil War, slavery, race relations, the economy, are not just a good guys versus bad guys story."

"The Civil War had a lot of people on both sides who honestly believed they were doing the right thing and what this country had been established to accomplish," Dunne said. "Slavery, which was a major cause of the war, is not an evil that one can tolerate, but a lot of people didn't see it that way."

The events leading up to the war were exceptionally complex, Dunne said — noting he did a great deal of research into the matter in preparation for the show — and he hopes to enlighten audiences to that fact.

"Even though we would say the war came out the way it should have, it probably should not have started in the first place," Dunne said. "[Our show] is not just a history lesson. It

tells of history, but it also conveys a lot of what this country stands for."

Dunne also made a personal connection to the past during his research of the occupation of Maryland by federal troops during the war.

"Lincoln flooded the state with federal troops to enforce the martial law he had declared there. One of those Union soldiers was my great grandfather, Conrad Wagner," Dunne said he discovered. "Conrad, as a child, had immigrated to the U.S. with his parents from their native Bavaria. The family settled in Cleveland, and when he turned 18 he enlisted in the Ohio Volunteers. His regiment was sent to Cumberland, Md., on garrison duty, and it was there that he served until his enlistment ended."

As history unfolds, the upcoming performance will highlight for audiences the values of Lincoln and the immense contributions he made to the country.

"I hope that it will give young people, especially, a sense of how this event changed our history forev-

er. It revealed that we had to learn to grapple with the diversity of our nation while continuing our search for the goodness and equality in all people," Chiarappa said.

He said his goal in completing the concert version was "just to keep it alive."

"I've reached a point in my life where I said, 'At my age, what's going to happen to the music?' We're only around for so long and I figured when I'm not around anymore, the music won't be around anymore."

He hopes the new version is accessible so other orchestras can pick it up and perform it with their own set of singers and a narrator.

"Any orchestra anywhere in the country could look at and make it part of a family series and it would educate kids," he said. "We all love stories and to hear a story, and that will have a real appeal to people in the audience." **WHL**

*Tickets for the Oct. 22 performance at 3 p.m. are \$20 (\$15 for seniors and students) available at WHSO.org or by calling 860-521-4362.*

**LIVE AT THE BUSHNELL**  
**AN UNSCRIPTED, UNFORGETTABLE CONVERSATION**

**SAT . NOV 18 . 2017**

**LAUGHTER, ANYONE?**  
An evening with comedians

**Fred Armisen**  
Actor, writer & comedian,  
*Portlandia, SNL*

**Marc Maron**  
Comedian, actor & podcast host, *WTF with Marc Maron*

**Third Panelist**  
to be announced

Hosted by **COMCAST**

FOR TICKETS AND INFO CALL  
**860.509.0909** OR VISIT **CTFORUM.ORG**

LIFETIME PATRONS: Aetna | Connecticut Public Television and Radio | The Hartford Financial Services Group | Lincoln Financial Foundation  
The Rosalyn Group | Stanley Black & Decker | Travelers | United Technologies Corporation | Voya Financial



Photo by Alicia B. Smith



# Following a dream

Abby Fabiaschi changes careers from sales to stories

by Alicia B. Smith  
Associate Editor

Abby Fabiaschi had a career in a high-tech industry.

That is, until the day she decided to do something else.

"Writing was always something I wanted to do," the long-time journal writer said.

She has found something she is good at, and more importantly, that she enjoys.

Earlier this year, Fabiaschi had her first novel, "I Liked My Life," published by St. Martin's Press. It is a story she began writing when she was 24, reflecting on the loss of her closest friend who died in a car accident when Fabiaschi was 15.

Writing the piece, she said, was a way for her to "explore mourning at that tender age."

Following the accident, Fabiaschi began to notice that she could no longer relate to her teenage peers.

"I didn't care about homecoming," she said.

Her book actually began with the character Eve, a teenager who is suffering a loss of her own. As Fabiaschi worked on her draft, she viewed it as a means to unburden her loss, never intending for it to be published.

In the meantime, she began work on a second novel – a piece she said was "a terrible book." However, she did submit it for publication and found an agent. That book was never published.

Fabiaschi put her writing aside following the death of her father and focused on her job, which became busier and included extensive travel.

"I came across it one day; it seemed urgent to revisit it," Fabiaschi said of the draft she had written years before. By now she was a married woman with children and had experienced the pain of mourning as an adult.

"I thought this could speak to other people and I should put it out there," she said.

The book focuses on the aftermath of a sudden death and how the characters respond, and ultimately recover.

Writing the book enabled her to explore the loss and grief in her own life through the characters in her book.

"Abby Fabiaschi's irresistible voice drew me in from the start.

'I Liked My Life' is the smart, good-hearted story of a family's loss and healing that pushed me to think as often as it made me smile," Eleanor Brown, author of the "Weird Sisters" wrote in advance of the book's publication.

Kristen Hamel, author of "The Sweetness of Forgetting" and "The Life Intended," called Fabiaschi's novel "an utterly satisfying, beautifully written, absolutely unforgettable debut novel that will make you laugh, cry, and remember to hug those you love."

Fabiaschi has found leaving the corporate world to be a much-needed change. She and her family moved from Florida to West Hartford a year ago this past summer. The house allows her office to be on different floor than her husband's. Writing is a process Fabiaschi does in complete quiet – no phone, no radio, just the click, click of the keyboard – and with one glass of wine.

She typically dedicates three hours during the day to her writing while her children are at school, and often spends time in the late evening after her family has gone to bed.

"I do treat it as a job; I do it everyday," she said, adding that she makes an effort to adhere to Stephen King's advice on writing which basically says to write even when you know what you're writing is bad.



**Lord Edwards Grooming Room**

*Where your pets are treated like royalty!*

All breeds & cats professionally groomed

**Grooming 10% off**

*New customers only. Some restrictions*

191 Day St. Newington / W.H. Line • 860-953-1555  
Only 1 mile south of New Park Ave.  
(near Cashway Lumber, 1 block south of W. Hartford) Safe, ample parking

**Exceptional Family Dentistry**

*"Let us take care of your dental needs and those of your entire family. We'll take the time to listen. Our office is conveniently located in Elmwood Center with free parking." – Dr. Rick*

**Dr. Rick Liftig Dentist**



10 Princeton St. West Hartford  
860-232-8466 [www.drlickig.com](http://www.drlickig.com)



**The McGovern GRANITE COMPANY**  
Since 1903

Monuments  
Markers  
Lettering



*Honor the life of someone you love with a lasting memorial*

**860-956-1960**

432 Fairfield Avenue, Hartford (across from Cedar Hill Cemetery)  
[www.mcgoverngranite.com](http://www.mcgoverngranite.com)



Fabiaschi tends to focus on characters and begins with the people whose story is she going to tell rather than plotting out the action. She is now working on her second novel, "Anything Helps," which she hopes to have out in late 2018 or early 2019.

"It is the book I want to write," she said.

Throughout the summer the author promoted her current work, traveling to give talks and meeting with book clubs.

She especially enjoyed talking with clubs who have read her work.

Sometimes she meets with the group in person, other times remotely.

"It's nice because it's so intimate, you get to hear people's stories," she said.

Her travels took her to 16 different cities. Not only did she lose her voice while on the road for nine consecutive days, she missed her family.

The one positive thing about the

extensive travel was revisiting many of the places she had once lived, enabling her to connect with friends who came out to support her.

Among those she was able to see again were the parents of her dear friend killed in the car accident and

her best friend from elementary

school. Born in New Haven, Fabiaschi lived throughout the country during her childhood. She and her family most recently lived in Florida before returning to Connecticut.

She said she has no regrets about leaving

the corporate world. Growing up she always thought she'd like to be a writer, but her parents took a practical view.

"They did not romanticize how difficult it was to earn a living as a writer," she said.

What she found working in a corporate environment was that it did not have much heart. She was

able to feed her competitive side and became comfortable as a public speaker, but ultimately she knew she needed a lifestyle change.

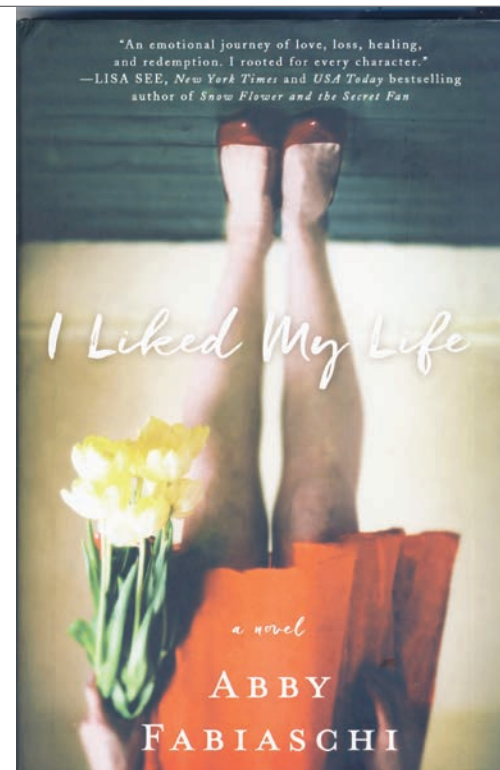
"I realized just because you are good at something does not mean you should do it," she said

When Fabiaschi left the corporate realm she had three goals for herself: stop taking Ambien to fall asleep, write a book and get involved in charity work.

She stopped taking Ambien, she wrote a book and she serves on the board of Her Future Coalition. The organization works with victims of human trafficking, providing shelter, education and job opportunities to help them have a better future – one in which they can support themselves.

Fabiaschi was inspired to get involved in the organization after reading "Half the Sky: Turning Oppression into Opportunity for Women Worldwide," by Nicholas Kristof and Sheryl WuDunn. The nonfiction piece promotes the empowerment of women and presents the subjugation of women as a moral challenge.

After reading the book, "I felt



this call to action," Fabiaschi said. "I am not a believer in Band-aid charities; these women deserve it," she said of the coalition finding them steady, high-wage employment.

Twenty-five percent of the proceeds from the sale of "I Liked my Life" will go to this cause. **WHL**

## Bedrooms with built-in **WOW!** factor...

### The Bedroom Connection:

Custom and modular beds, bunks & lofts for kids & teens.

WE DELIVER AND ASSEMBLE ALL OVER THE STATE AND BEYOND!



One bed. Endless possibilities.

## THE BEDROOM CONNECTION

Mon-Sat 10 - 6 • Thurs 'til 8 • Sun 11 - 5  
We are open on most holidays!

FOR KIDS & TEENS

2691 Berlin Turnpike Newington, CT  
860-666-5001 [www.bedroomconnection.com](http://www.bedroomconnection.com)

## Dance Classes Begin September 6<sup>th</sup>

Connecticut Concert Ballet is a renowned training school and a very special place to dance. At CCB your child will experience the joy and wonder of dance in a supportive and nurturing environment and will make memories that will last a lifetime.

### Dream, Dance & Shine with us this year!

#### It's Registration Time!

[www.CtConcertBallet.org](http://www.CtConcertBallet.org) | 860.643.4796

#### Registrations will be held:

In Manchester on Aug 21 & 31 from 5-7pm  
In Windsor on Aug 30 from 5-7



#### Quality Training for Ages 3 to Adult

-Classical Ballet -Pointe  
-Adult Ballet -Jazz -Modern  
-Scholarships for Boys  
-New Fitness Classes:  
Adult Stretch, CCB Barre Class, Yoga

-All ballet students are invited to perform in our celebrated production of **THE NUTCRACKER**

#### 2 STUDIO LOCATIONS!

On the Glastonbury/Manchester Line:  
280 Garden Grove Rd. Manchester

On the Windsor Town Green:  
In the Great Hall at Grace Church

CONNECTICUT CONCERT BALLET

860.643.4796

[www.CtConcertBallet.org](http://www.CtConcertBallet.org)

Wendy Fish-Lawrence & David Lawrence, Artistic Directors

## TurleyCT Community Publications

Life Publications The Valley Press The West Hartford Press  
To advertise call 860-651-4700 • [TurleyCT.com](http://TurleyCT.com)



# News roundup

by Abigail Albair, Executive Editor

## Contract officially awarded for interchange project, start date set

The town officially awarded the contract for improvements to the Park Road at Interstate 84 interchange to Paramount Construction mid-September and a start date of Oct. 2 was set.

Town Engineer Duane Martin told the Town Council's Community Planning and Physical Services committee Wednesday, Sept. 20 that more than 60 people attended a public information session Sept. 18, and that the project was "pretty well received."

The project, which involves the relocation of the I-84 off-ramp so it is adjacent to the existing on-ramp as well as other changes meant to improve intersection capacity, efficiency and safety, was designed by the town's engineering division.

The project took more than 5,700 hours of design work, the cost of which was reimbursed by the state.

The current construction estimate is \$6.8 million.

The project will be, in part, federally funded through the surface transportation program, and, in part, state funded through the DOT so just a portion of the expense – an estimated \$975,000 – will come from town capital bonding.

The estimated project end is the summer of 2019.

Once work is underway, Martin said the message to residents will be to avoid the area to the best extent possible. Signage will be posted on I-84 alerting motorists to take alternative routes.

The majority of construction will take place during the day, Monday through Friday, and Martin said there will be few instances when the ramps will close. Park Road will remain open throughout the project.

A webcam to provide still images is now live on the project so drivers can check on the progress or observe congestion in the area throughout the day. A timelapse video is also planned to show the progression of the project.

For updates about the project while work is ongoing, visit [westhartfordct.gov/ParkRd](http://westhartfordct.gov/ParkRd) or email [parkrd-I84@westhartfordct.gov](mailto:parkrd-I84@westhartfordct.gov).

## Build held for reimagining of Jonathan's Dream, grand opening in October

A site on the Mandell Jewish Community Center Zachs Campus was a flurry of activity in mid-September as Jonathan's Dream was reimagined in real time.

Community members came together to build a place where children of all abilities can play, just as they did more than 20 years ago. The three-day event brought together more than 70 volunteers to install much of the equipment on the 25,000-square-foot playground, which is five times larger than an average playground.

The original Jonathan's Dream Playground was built in 1996 and after years of wear and tear was taken down in 2013. The playground was the first all-inclusive playground built in this country offering children of all abilities fun activities and equipment to enjoy. The construction was an enormous operation that raised \$500,000.

The playground was named for Jonathan Barzach. Born with spinal muscular atrophy, Jonathan lost his battle to the disease in 1995. His family was inspired to action and the resulting playground served thousands of children over the years.

Determined to bring the playground back after it was taken down, a team soon assembled, overseen by a task force from Leadership Greater Hartford. This time around the group set a goal of \$1.2 million.

As volunteers put together a main playscape area – a "tree house" – that "most resembles the original Jonathan's Dream," coordinator of the project Ronit Shoham said Saturday, Sept. 9 that the fundraising goal has nearly been reached. Just \$100,000 shy of the \$1.2 million mark, Shoham said the hope is to move on to the second phase of the project immediately, which is to build an accessible bathroom for the playground. A total of \$150,000 is needed to complete that part of the project.

The playground includes numerous areas and fun features, including a zip line, swings, a labyrinth, a Little Free Library and Kevin's Kourt, a bas-



Community members took part in a build for the new Jonathan's Dream playground in September.

ketball court designed for people of all abilities, donated by UConn Men's Basketball Coach Kevin Ollie and the Kevin Ollie Charity Classic.

Literacy and mental health awareness are infused throughout the areas of the playground, which is meant to be multigenerational. There will be a buddy bench in memory of West Hartford's Johnny Moran, a young boy who passed away this year of a rare condition and who was the inspiration for the annual Johnny's Jog held near St. Patrick's Day.

A professional team will complete the installation of playground elements and then resilient surfacing will be installed. A grand opening of the playground will be held Oct. 22 at 12:30 p.m.

For more information visit [jonathansdreamreimagined.org](http://jonathansdreamreimagined.org).

## Superintendent receives Build No Fences Award

Thomas Moore got up from his seat, received a hug from his wife, who he did not realize was even in attendance as it was a surprise, and walked to the podium where he told the crowded room he was stunned.

"I am honestly stunned, but I am mostly stunned because when I look at the faces and what you do all day, you are saving lives everyday," Moore said to those in attendance.

Moore received the 2017 Build No Fences Award from The Bridge Family Center at its annual Breakfast on the Bridge event held Sept. 12.

"I think I will treasure this at the end of my career," Moore said of the honor. "This is what I want my life to be about."

"Having The Bridge here helps me, my staff, my kids. I will always

owe you a debt," he said.

Each year as the center begins to plan for its award breakfast, it reaches out to the community to gather comments on the recipient, whose name is withheld until it is announced at the breakfast.

"This year a clear theme emerged," Amanda Aronson, director of marketing and communications at The Bridge Family Center, said of the comments they received.

"The winner of the 2017 Build No Fences Award is a person with a strong moral compass whose leadership goes above and beyond for our community."

"He gets it," echoed Deborah Zipkin, Director of the Family Resource. "He knows that some of our kids might need help learning English, might need a warm winter coat. And for many children, he has been there to make the road just a little bit smoother."

"If the term 'leader' was personified, Tom would be the poster-child," submitted Dr. Nancy DePalma, former administrator who served with Moore as the assistant superintendent of curriculum, instruction and assessment for many years. "He is not a unilateral leader, rather, one who seeks and values the input of all stakeholders."

Moore began his educational career as a social studies teacher at Conard High School, where he began teaching in 1996. His career has had him in roles such as the history and social studies department supervisor for Conard and Sedgwick Middle School, Principal of Conard, and assistant superintendent of schools.

He was named superintendent in 2014. **WHL**



# LIFE with Pets

## a new leash on LIFE



### Lady Juliet

Lady Juliet Lumberton, 5, is sweet natured, genteel and quiet. She gets along with everyone; while not accustomed to being around young children, she would do fine with older children. She's fine with cats and nice dogs. Lady Juliet needs to be an inside family dog.

For more information, visit [www.addicuslegacy.org](http://www.addicuslegacy.org) or find Addicus Legacy Dog Rescue on Facebook.



### Jesse

Jesse is a brown yearling, mackerel striped tiger with soft, rich fur. He was dumped in the woods, left to fend for himself. Against all odds, this intelligent, healthy cat survived. An experienced adopter is sought to nurture and comfort him as he continues to develop. Jesse would do best as the only pet in a home, or possibly with another mild-tempered cat. He has not been tested with dogs. He is most affectionate during one-on-one encounters with people and will snuggle you in bed, talk to you, kiss your face and lie quietly in your arms. He also welcomes playtime and gazing out the window. **WHL**  
If interested call AFOC 860-827-0381 for more information.



**Bodhi**  
Photo credit: Amanda R.



**Mario**  
Photo credit: Alexandria C.



**Sunshine**  
Photo credit: Elizabeth A.



**Keno**  
Photo credit: Stephanie C.



**Champ**  
Photo credit: Mindy



**Nala**  
Photo credit: Jennifer B.



**Lily**  
Photo credit: Christine C.



**Marcano**  
Photo credit: Shannon



**Penelope**  
Photo credit: Jade B.



**Queso**  
Photo credit: Quyen T.

## PET SUPPLIES PLUS.

### Rock the catwalk in style. Minus the hassle.

Sale prices valid September 28 - October 25, 2017

## Get rockin' good deals during ROCKTOBER

**SAVE \$5**

Starting at \$4.98 each with card



**Nutro Wholesome Essentials Dog Food**  
30 lb. Bag, Lamb or Chicken Varieties

**SAVE \$10**

Sale \$49.98 each with card



**Nutro LID Dog Food**  
22 lb. Bag, Select Varieties

**SAVE \$4**

Sale \$17.98 each with card



**Pedigree Dog Food**  
30 lb. Bag, Adult Complete Nutrition or Large Breed Varieties

**SAVE up to \$3**

Sale \$9.98 each with card



**Milk-Bone Dog Biscuits**  
7-10 lb. Box, Select Varieties

**SAVE \$5**

Sale \$12.98 each with card



**Tidy Cats Scooping Litter**  
40 lb. Box, Select Varieties

**SAVE \$8**

Sale \$31.98 each with card



**Iams Proactive Dog Food**  
38.5 lb. Bag, Select Varieties

**SAVE \$4**

Starting at \$6.98 each with card



**Greenies Dog or Cat Treats**  
12 oz. Pkg., Dog Treat-Pak, All Varieties  
11 oz. Pkg., Feline Treats, All Varieties

**SAVE up to \$3.50**

Starting at \$9.98 each with card



**Nutro Wild Frontier or Wholesome Essentials Cat Food**  
2-6.5 lb. Bag, Select Varieties

**10/\$5**

Save 40¢ on 10 with card



**Friskies Cat Food**  
5 oz. Can, Select Varieties  
\*Excludes Friskies Plus

**SAVE up to \$5**

Sale \$11.98 each with card



**Purina Cat Chow**  
13-16 lb. Bag, Select Varieties

### CONNECTICUT STORES ARE FAMILY OWNED AND OPERATED.

<b>BRISTOL</b> 1168 Farmington Ave. 860.585.5544	<b>GROTON</b> 646 D. Longhill Road 860.446.0022	<b>MANCHESTER</b> 283 W. Middle Tpk. 860.533.9780	<b>WEST HARTFORD</b> 2480 Albany Avenue 860.570.2461	<b>WETHERSFIELD</b> 1773 Berlin Turnpike 860.563.3110	<b>WETHERSFIELD</b> 1142 Silas Deane Hwy. 860.563.3510
--	---	---	--	---	--

October 2017 | WEST HARTFORD LIFE 41



# Real Estate



**Only 4 Units Left!**

**You Still Have Time To Take Advantage  
Of Our Incredible Savings Package!**

*Conveniently located to Simsbury town center  
• 3 bedroom designs • 2-car garage • full basement*

From  
**\$374,900**  
[millpondcrossing.com](http://millpondcrossing.com)  
**Open Sunday 1-4pm**  
4D Mill Pond



New England Properties

Gary Emerito 860-716-7601  
Susie Ouellette 860-462-8200  
Karen Mendes 860-944-8585  
[www.carsonwayhomes.com](http://www.carsonwayhomes.com)

Visit: **Life IN SIMSBURY**  
[WWW.LIFEINSIMSBURY.COM](http://WWW.LIFEINSIMSBURY.COM)

*To learn more about Money Magazine's Top 10 town in the USA!*

©2017 An independently operated member of BHH Affiliates. Equal housing opportunity.

LANDWORKS DEVELOPMENT  NELSON CONSTRUCTION

## R&M PROPERTY MANAGEMENT SOLUTIONS LLC

A DIVISION OF BUSH REAL ESTATE

SPECIALIZING IN MULTI-FAMILY & SINGLE-FAMILY  
HOMES, CONDOS & APARTMENT BUILDINGS.

RELIABLE & AFFORDABLE WITH ANALYTICAL,  
OBSERVABLE & GOAL ORIENTED RESULTS.

361 PARK RD., WEST HARTFORD  
**860-924-6610**  
[WWW.BUSHRE.COM](http://WWW.BUSHRE.COM)



We offer **complete** and **customized Property Management** and **Real Estate** services.

## WILLIAM RAVEIS

— REAL ESTATE • MORTGAGE • INSURANCE —

The Largest Family-Owned Real Estate Company in the Northeast



### WEST HARTFORD • \$675,000

This elegant colonial is located on one of West Hartford's most desirable streets. Totally remodeled with today's lifestyle in mind. New kitchen with stainless appliances, gas cooking, granite counters. 4 bedrooms, 2 1/2 new baths, new family room looking out over almost half an acre of private, serene vistas. Formal dining room with builtin china cabinets. Large living room with fireplace and built ins. Finished lower level with fireplace. Full walkup attic. Gas heat, central air. Amazing setting offering privacy and convenience all within walking distance of West Hartford Center. Bugbee School.



### The Susan Brine Team

**860-930-7707**

[susan.brine@raveis.com](mailto:susan.brine@raveis.com)

Let our family show your family the way home

[raveis.com](http://raveis.com)

"The best website in real estate"



# Real Estate



**ROBINGEBRIAN**  
LICENSED REAL ESTATE PROFESSIONAL



C 860.985.7807 | O 860.521.4311  
 ROBINGEBRIAN.RAVEIS.COM | ROBIN.GEBRIAN@RAVEIS.COM  
 125 LASALLE ROAD | W HARTFORD | CT 06107



**30 Crown Point at Collins Crossing, Canton**

Fabulous opportunity to own this beautifully maintained home in this popular sub division close to shopping, schools and easy access into downtown Hartford. Beautifully built with an open airy feeling and all the right size rooms. First floor office with french doors, large cathedral ceiling, family room with a fireplace right off the eat-in kitchen with a built-in TV and sound system. Upstairs there are 4 bedrooms and a laundry room... but wait 'til you see the master bath! Double closets with organizers, double sinks, soaking tub and your dream shower! You may never get out! The basement is unfinished but already plumbed for a bath and there is a deck off the kitchen which overlooks the very large private yard. **\$534,900**

**raveis.com**  
 "The best website in real estate"

125 LaSalle Road, West Hartford • 860.521.4311

**BILLIE REESE  
PRESENTS**

---

**45 Foxridge Road, West Hartford**



Welcome to 45 Foxridge Road! Charming Ranch with new granite kitchen, new hardwood floors, central air and natural gas heat. 2 bedroom with 2 full baths and an additional 3rd bedroom in finished lower level. Family room and den, Flagstone patio and large fenced-in back yard. Priced at \$279,900.

**BILLIE REESE**  
 Call/Text (860) 841-2457  
 billie.reese@cbmoves.com

**COLDWELL  
BANKER**

RESIDENTIAL BROKERAGE

"Best of Hartford"  
 992 Farmington Ave, West Hartford, CT





## WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE

The Largest Family-Owned Real Estate Company in the Northeast

### PREMIERE HOME TEAM

MIRELLA D'ANTONIO & ASSOCIATES  
860-997-1600 • Mirella.DAntonio@Raveis.com

#### CHAIRMAN'S ELITE CLUB

Welcome Michael D'Antonio  
to the Premiere Home Team



We are

### The PREMIERE HOME TEAM.

Hitting it out of the Ball Park is what we do Best!

**WHETHER YOU'RE SELLING OR BUYING,  
WE'LL TAKE YOU ALL THE WAY HOME.**

#### FEATURED HOME



**WEST HARTFORD  
\$449,000**

- Like new construction!
- Built 2004!
- Exciting 2160 sf Colonial
- 3BR
- 2.1 BA
- 2 Car Attached Garage in Buena Vista locale
- Central Air
- Walk-out Lower Level
- Winter views of Reservoir

#### OUR TEAM



Mirella D'Antonio  
Team Leader  
860-997-1600



Mary Anne Hepburn  
860-712-3048



Joan Abbate  
860-690-1354



Michael D'Antonio  
860-276-7646



Bea Goddard  
203-903-6274



Adriana Tine  
860-729-2955

*"Put our Winning Team on Your Side to experience outstanding,  
professional Real Estate Services!"*

**WE ARE LOCAL AND WE ARE GLOBAL**

# Real Estate

## WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE



Charlie  
Hartigan

860-202-1754  
charles.hartigan  
@raveis.com



#### COTSWOLD, AVON - \$629,900

Renovated 4,300 sf Traditional includes lower level game room and vaulted 1st-floor in-law/au pair suite. Stunning newer baths, 3 fireplaces, level yard & specimen plantings. Central Avon location with easy access to schools, library, private country club and Rte 44 shops & dining.

200 WEST MAIN STREET | AVON | CT 06001 | RAVEIS.COM

## WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE

The Largest Family-Owned Real Estate Company in the Northeast

#### WEST HARTFORD



Stately 4 bedroom Colonial with 3 full baths! Enjoy sitting on your oversized deck with a fenced backyard two doors from Steele Road in the popular Morley school district. Walk to the summer concerts at Elizabeth Park or the Pond House Cafe. This spacious home has 8 to 10 foot ceilings. Two sets of French doors lead to the large first floor family room with tray ceilings and sliders to the private backyard. Large formal living room is perfect for listening to the crackling fire while reading from the many books in your built-in bookcases.

**\$449,000 Price Reduced!**

**Call Suzanne at 860-306-1927**

*Suzanne Walsh*

Cell: 860-306-1927 | SuzanneWalsh.raveis.com

Suzanne.Walsh@raveis.com | 125 LaSalle Road | West Hartford | CT 06107







# *Living* spaces Home and Garden

A product of TurleyCT Community Publications | [TurleyCT.com](http://TurleyCT.com) | October 2017



## Living Spaces



# Big possibilities for tiny kitchens

Galley kitchens can have airy feel

by Mara Dresner  
Staff Writer

Many of us feel an occasional pang of envy when flipping through a home design magazine or scrolling through Pinterest. But for those with a galley style kitchen, those photos of friends and families happily cooking and socializing around an island while checking on delicacies in a double oven are especially far removed from reality.

"A galley kitchen is a small, compact cooking area that usually has a counter along two long walls. Some homes contain only one counter along one long wall. They are beneficial to a home because the small kitchen allows for more room to be used elsewhere. However, it is somewhat difficult for more than one person to use the galley kitchen," said Adam Gove, who with his brother, Matt, owns Gove Restoration LLC in Wethersfield.

"Sometimes, an entry door to the home is located in a galley kitchen. This provides a challenge when designing these kitchens in that the door opens into the kitchen thus blocking access to certain cabinets. In a condo or townhouse, a galley kitchen does not typically have a door leading to the exterior of the house. The biggest challenge when remodeling a galley kitchen is using the space appropriately."

Matt Gove said the hallmark of a galley kitchen is "a kitchen that utilizes a layout that has more length than width. Cabinets would be located on each wall and face each other so that the work area becomes a narrow space. This layout can be very efficient if done properly and is often referred to as a 'corridor' style kitchen as well. It's a popular option for

apartments and other layouts where space is limited," he noted.

Part of the difficulty in renovating the space comes from the fact that there are certain necessities that a kitchen needs to have.

"Making sure that the kitchen can be used efficiently is by far one of the most challenging parts of a galley kitchen remodel. Space is at a premium, so being creative with the layout and working with the client to see how they use their kitchen is crucial in making a successful galley kitchen," Matt Gove said.

One way to maximize space is to rethink your cabinets.

"Have cabinets up to the ceiling; use up as much height as you can," Frank Christino of Christino Kitchens and Remodeling in Glastonbury recommended. "Frameless cabinets are great for small spaces. Each cabinet interior space is an inch and a half wider than traditional framed cabinets."

Normando Moquete Jr., CEO/owner of Pinnacle Maintenance LLC in Farmington, said that a couple of quick tweaks will make a difference.

"Add more wall cabinets for storage and a built-in microwave to make more countertop space," he said.

While it's easy to get seduced by the latest accessories, many of them take up too much space for a galley kitchen.

"Cabinet accessories kill a lot of space. Try not to over-accessorize the cabinets. What that means is there are a lot of these pull-out mechanisms like for oils and vinegars or pots and pans lids; there are all kinds of special inserts that make it more convenient but use up space.

**D.H. Radomski** **Fall Sale!** Call today for off-season pricing!

**HOME IMPROVEMENTS**  
www.dhradomski.com

26 Stedman Street  
Hartford, CT  
860-296-3405

Fully licensed  
and insured  
CT Reg. #509749

We can also work at  
the shoreline at your  
vacation home!

**FREE Estimates**

**Roofing • Siding • Windows**  
**Doors • Gutters • Decks**  
**Gutter Guards • Porch Enclosures**

**VISUALIZE YOUR IDEAS!**  
**DESIGNS & DRAWINGS FOR YOUR PROJECT**

KITCHENS  
BATHS  
ADDITIONS  
NEW HOMES

CONSULTATIONS  
ARE ALWAYS  
FREE!

FULL CUSTOM  
PLAN SETS READY  
FOR BUILDING PERMIT

**ARCHITECTURAL DESIGNS**  
PROFESSIONAL DESIGN & DRAFTING  
860-614-8551  
www.architecturaldesigns.co



## Living Spaces

The amount of space you'd lose is crucial so you want to make sure you do not over-accessorize," Christino warned.

With enough planning – and if you're willing to give up some cabinet depth – he said it's possible to even fashion a small seating area.

"With galley kitchens, it's hard to get seating, but you can get a tiny little peninsula," Christino said. "We can bring the countertop out and around and it can become a table, as well as a countertop surface and entertaining area."

Adam Gove said that depending on the kitchen's design, seating might be an option on the outside of the kitchen.

"A galley kitchen does not always contain two long walls. It can be made using one long wall, usually the exterior wall, and base cabinets on the opposite side. This allows for the adjacent living space to be open to the kitchen. It also provides for a seating area on the living space side of the countertop," he noted.

He said there are numerous challenges when looking to remodel a galley kitchen, all related to the small size.

"Wasted space is not an option in the cabinet design. We use custom

cabinets made to maximize the cabinet area. This means there are not any voids between cabinets created by fillers used to 'stretch' cabinets from one wall to another. It is important to remember light when remodeling these kitchens. Not enough light can make the space feel closed in. Under-cabinet lighting

**"Light color cabinets along with open shelving and glass doors with lighting in the cabinet can make the kitchen feel larger than it is."**

**–Adam Gove**

combined with 4-inch recessed lights, both on dimmers, allows for a great deal of light without your eye being drawn to the source," he suggested. "Another challenge is making the space feel open. Light color cabinets along with open shelving and glass doors with lighting in the cabinet can make the kitchen feel larger than it is. Storage can be a challenge as well. Utilizing open shelving above windows and hiding appliances behind cabinet panels accomplishes not only storage concerns, but also making the space feel open.

The use of toe kick heaters is a great way to free up wall space if needed by removing the baseboard heat and installing a heater in the toe kick of a cabinet."

Matt Gove noted that with a traditional galley kitchen, you can lose efficient work flow when cooking.

"In a true galley kitchen with the

cabinets closely facing each other, creating the 'work triangle' in the kitchen can be tough. By locating the sink in the cabinet that connects one side of the kitchen to the other, making a 'u' shaped layout, it creates one of the points of the triangle and allows for the corner cabinets to have added storage in them in the form of a lazy susan or a half-moon pull-out shelving unit," he said. "Wall ovens and counter depth refrigerators don't waste any space and keep the footprint of the cabinets nice and straight, which ultimately allows for

better foot traffic areas. Open shelving and full extension pull-out drawers and shelves can provide efficient ways to store everything from pots and pans to pantry items. Lastly, creating a pass-through to an adjoining room can give the illusion of a much bigger space while helping to open the space up for entertaining purposes. The downside of that option would be the loss of upper cabinetry space, but if it is a larger galley kitchen, it's a great way to add character to the kitchen."

If you're not ready for a full remodel, Matt Gove said there are a number of ways to refresh your galley kitchen.

"Adding a tile backsplash or replacing an existing one can really update things. Also, adding some aftermarket full-extension slide-out shelves in some of the cabinets can provide much easier access to items that may be hard to get to. Re-facing or painting cabinets a lighter color can help to transform a galley kitchen. In addition, by changing out cabinet hardware to something sleek and simple, it helps to modernize the cabinets," he said. **WHL**

Learn more at [goverestoration.com](http://goverestoration.com), [christinokitchens.com](http://christinokitchens.com) or [pinnaclmaintenancellc.com](http://pinnaclmaintenancellc.com).



**10% OFF**  
**NICOLOCK Pavers & Retaining Walls**  
In Stock/Full Pallets Only.  
Restrictions apply.  
Expires 11/30/17

**NICOLOCK**  
paving stones & retaining walls  
paver-shield™

Walkways • Patios • Retaining Walls • Firepits • Decorative Stone • Fireplaces

**CEDAR MOUNTAIN**  
**Stone & Mulch**

1943 Berlin Turnpike  
WETHERSFIELD  
**860.563.9200**  
[www.cedarmountainstoneandmulch.com](http://www.cedarmountainstoneandmulch.com)  
Like us on Facebook 

One of Greater Hartford's Largest Retail Distributors of Landscape Products



**The dog days of summer are fading** and while you're warm and toasty now, **you'll soon be chilled to the bone** – especially if your furnace goes belly-up mid-winter.

**Call us now for a complete home heating inspection and tune-up.** An inspection ensures your equipment is operating safely and not leaking dangerous carbon monoxide into your home. Preventative maintenance also saves money by maximizing efficiency and minimizing costly breakdowns.

**Comfort, Safety, Savings -**  
Now that's something to wag your tail about.

**A Complete Furnace Cleaning and Inspection:**

Gas Furnaces/Boiler <b>\$129</b> Not valid with any other offer.	Oil Furnaces/Boiler <b>\$159</b> Not valid with any other offer.
--	--

**AIRTEMP**  
RESIDENTIAL HEATING & COOLING

**860-667-7652**  
36 Holland Drive  
Newington  
[www.airtempct.com](http://www.airtempct.com)  
CT Lic#: HTG.0302997-S1





# Making room for more

In-law apartments fill need, help everyone

by **Alicia B. Smith**  
Associate Editor



**B**uilder Mark Stidsen of Landsen Construction Corp. in Glastonbury chuckled about the in-law, or accessory apartment, he built in town and how the family's grandfather is still going strong, even though his grandchildren, who were kids when he moved in, are now out of college.

"It's kind of funny,"

Stidsen said of this particular project and how long the space has been occupied.

"It works out nice for everyone," he added about other similar projects he has done for families.

Stidsen said many families opt to build space for an aging relative as they may live out of state and need more care than they are getting and families would rather have them close by. In other cases, the aging family member may want to down-size, and moving in with family can be an option.

For those who are considering taking in a family member and creating space in their current home for them, Stidsen recommends researching local town ordinances first. Each community may have a different set of rules and guidelines as to what is and is not permissible when it comes

## QUALITY CUSTOM FENCES



LIC. #562166

**WOOD • VINYL • ALUMINUM • CHAIN LINK**

Privacy Fences • Arbors • Outdoor Furniture • Amish Built Sheds

Woodplay Playsets • Complete-Do-It-Yourself Center

**INSTALLATION AVAILABLE YEAR-ROUND**

Call today or visit our showroom at 30 Old Albany Turnpike, Canton, CT 06019.

**capecodfence.com**

**860-673-3211**

**PROVIDING QUALITY SERVICE SINCE 1956**

Family owned & operated showroom & workroom since 1929

**EHRlich DECORATING & UPHOLSTERY LLC**

**REUPHOLSTER**  
a **SOFA** or  
2 **CHAIRS**  
for  
**\$529\***  
\*Plus cost of our fabric

**10% OFF ALL FABRICS**  
\*Previous orders do not apply. Must present coupon at time of order.

Old Lyme 860-434-4242	Hartford 860-244-3475	Toll Free 877-688-3475
--------------------------	--------------------------	---------------------------

**Call today to schedule your FREE in home consultation!**  
\*Previous orders do not apply. Only applies with purchase of our fabric.  
Additional Labor Charges May Apply.

Showroom & Workroom - 3324 Main Street, Hartford, CT  
[www.ehrlichdecorating.com](http://www.ehrlichdecorating.com)

Not Affiliated With Ehrlich Interiors In Farmington

READ  
**LIFE**  
ONLINE AT  
**www.TurleyCT.com**  
**TurleyCT**  
COMMUNITY PUBLICATIONS



## Living Spaces

to accessory apartments.

"You need to pay attention to that," Stidsen said.

In Glastonbury, for instance, accessory apartments that are an addition cannot exceed 800 square feet and must be a part of the house so the finished project does not look like a two-family home.

In some instances, the utilities will have to be separate and a separate entrance will be necessary.

"Other towns have different scenarios. Every one is different," he said.

From there, families can then decide what type of solution might be best. This could be to put an addition onto their home, or if they have a large enough house, the best option might be to close off part of the home and create a bedroom, bath and kitchen area from this space.

"It seems like it works out," Stidsen said of clients who he has worked with in the past.

Among the benefits for the family, he said, is if the family's situation changes and the occupant moves,

say, the homeowner can use the space as a rental.

Jim Rose, owner of Rose Inc. in Farmington, has experience putting accessory apartments in and said the phenomena tend to come in waves. At different times through the years the concept is more popular than at other times.

His company has worked with families who have opted to renovate space above a garage as well as put an addition onto a house. Making a decision as to where to put an accessory apartment can come down to how much space is available and the budget for the project.

"I like to get an architect involved," Rose said. "It's easier to have everything drawn up, easier to change the mind than after the fact."

Realtor Nuala Griffin of Berkshire Hathaway in Avon has noticed home buyers are looking to have options for their family members to live with them.

"I think more and more things are returning to how they used to be with your parents coming to live

with you," she said.

"What they are hoping to find, either to take over the space over the garage and make that into a unit," Griffin said, adding that accessory stairs can be added. "Or what they are doing is giving them the entire lower level, giving them a bedroom, bathroom and living space," she said of basement areas.

The area, Griffin, said has plenty to offer homebuyers looking for such a configuration. Many of the houses built in the 1990s are large enough to make room for additional family members.

In some instances, too, families are buying homes with a master suite on the first floor and allowing an older parent to have that space while they move to the second floor with their children.

Griffin said, too, another option for a family is to use space that exists but is not often used and let the elder person have that space as their own with some modest modifications, such as adding a full bath to the first floor. Formal living rooms

and dining rooms are such spaces, often not used when most of the activity is confined to the kitchen and family room.

"People are getting to be more practical," Griffin said.

While many families are looking to find ways to accommodate aging parents, in some cases families are looking for an accessory apartment to use for extended family that come to visit for longer stays. Those with family in Germany or India may have relatives who visit for three or four months and they can use the accessory space.

"I think people are searching for solutions," Griffin said, adding that the space can allow families more financial flexibility and, ultimately, be less expensive than paying for adult housing.

There is also the added benefit of the different generations learning from one another.

"I think it's nice to have an opportunity to be around grandchildren. You don't want to be on top of them," Griffin said. **WHL**

## PATIO FURNITURE NEED REPAIR?

Refinish,  
Re-Strap,  
Re-Sling  
Recycle  
& Save...



Please send photos for a quote to  
**chaircareinfo@aol.com**



**Factory Authorized**  
**www.chaircare.com**  
**1-800-809-4494**  
80 Kendall Street, New Haven, CT 06512

Servicing **ALL**  
Brands Including:

- Brown Jordan
- Knoll
- Tropitone
- Woodard
- Molla
- Winston
- Salterini

**Large color selection • Pickup & Delivery**

*A trusted, creative, and experienced design/build team*



**CHRISTINO**  
KITCHENS & REMODELING

*Visit our new showroom with the latest styles,  
colors & products for your kitchen and bath.*

730 Hebron Ave., Glastonbury • 860-430-2661 • [www.christinokitchens.com](http://www.christinokitchens.com)



## Living Spaces

# Kitchen cents

Where to splurge and how to save

by Lynn Woike  
LIFE Staff



**W**hether you're building, remodeling or just updating your kitchen, some things are worth splurging on.

Where you splurge and where you save in the kitchen depends on the client, said Eric Sharp, manager of SK Lavery Appliance in Glastonbury.

For instance, clients who love to cook will likely splurge on a range, and those who entertain often or have large families may be more likely to spend more for a dishwasher with a shorter cycle.

"Splurge on what you use the most," Sharp said, adding, "Some people even own two dishwashers."

He has noticed that if someone splurges on one thing – such as a beverage center – they are likely to "splurge on everything to get that awesome-looking kitchen ... so everything matches."

Other customers are willing to mix and match brands to save money.

There's a lot to splurge on, he said, such as microwaves in a drawer under the counter and a refrigerator that take pictures of its contents so that you can check to see if more milk is needed or you're out of ketchup. While refrigerator doors have been dispensing water and ice for years, some now have Keurig K-Cup brewing systems in the doors.

"You can spend some money if you want to," Sharp said.

"The trending splurge is the induction electric cooktop range that performs like gas," he said, noting that customers who see it in the showroom see how it performs like gas but is much easier to clean.

## Fine Cabinetry for Fine Homes

*Don't let unsightly radiators spoil your room*

- Engineered & designed for maximum heat distribution
- Custom designed to your size, style, and interior
- Superior quality & workmanship
- Specializing in custom interior woodworking including entertainment centers, doors, & libraries

West Hartford

  
Radiator Cover  
West Hartford, CT



Call Dan at: 860-463-6687



**WALKWAYS • WALLS • PATIOS • PAVERS • POOLSCAPES**

**DELIVERY OF MULCH, STONE & TOP SOIL**

Landscape Design • Lawn Maintenance • Pruning • Stump Grinding  
Brush Chipping for Trees • Bobcat & Excavator Services  
Grading of Lawn Areas for Sod and Seed • Debris Hauling  
Installation & Removal of Plants, Shrubs & Trees • Hedge & Shrub Trimming

**Griffin**  
LANDSCAPING, INC.

Check out our updated photos

**860.257.3146**

GRIFFINLANDSCAPING.COM



## Tankworks

Removal & Replacement LLC

The Name to Remember For The Removal & Replacement of Above & Underground Fuel Tanks.

Call us Today for a **FREE** Estimate!  
**860-646-3348**

Rose V. Rainville, Owner  
Lily Rainville, Operations Manager

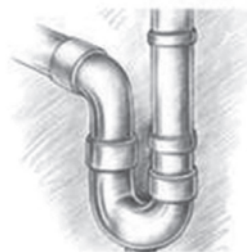
TankworksCT.com

## ANDY WOTTON PLUMBING & HEATING, LLC

**(860) 833-8153**

Old fashion, honest, reliable service at a reasonable price. All residential plumbing, repairs done from leaky faucets to snaking your main drain.

**Call today and we will show you quality still makes a difference!**



#P1-0282605 #S1-0402048

## ROOFING & SIDING

Replacement Windows  
Additions • Gutters • Decks



**STEPHEN OUELLETTE**  
HOME IMPROVEMENT

**860-667-2160**

Free Estimates Licensed & Insured Lic. #00556269



## Living Spaces

"I think people should splurge on cooking," said Brian Zippin of Contractors Home Appliances, East Granby, noting that people are eating out less and preparing more of their meals at home.

Those who like to cook can consider a more powerful or a larger range. By expanding from the standard 30-inch models, customers can get additional features including more burners, griddles, grills, a convection oven and a proofing feature, he said.

To save money on appliances, he suggested shopping "the calendar holidays" such as Columbus Day, Labor Day, July 4th and Black Friday, which has turned into the entire month of November.

"The whole month of November, the manufacturers are very aggressive," Zippin said.

Another way to save is to take advantage of offers and promotions. For instance, buying four appliances from one manufacturer results in a \$400 rebate and a 10 percent rebate from another, he said. Other times, a manufacturer might offer a free dishwasher when you buy a range.

Many people "like to show off the jewelry – like the faucets and the cabinet hardware and the appliances," said Jim Corthouts, general man-

**"Splurge on what you use the most. Some people even own two dishwashers."**

**–Eric Sharp**

ger at Home Design District and Holland Kitchens in West Hartford.

"So, the place to save in doing that would be the cabinetry," he said, noting that cabinets have the largest price tag and the largest fluctuation when it comes to price. "You have the largest control over your budget when choosing cabinets."

There is a 60 percent difference in price between the high-end custom cabinetry and the least expensive line. Semi-custom options offer even more savings, Corthouts said.

He suggested customers save money by delaying the installation of a separate buffet area or a wet bar, and by not choosing a built-in refrigerator. Sinks and countertops are other places you can save some money in the kitchen. If you have hardwood floors you can salvage, that would also



reduce remodeling costs.

"It's important not to cut corners in lighting. You want to have a really good lighting plan," he said, noting that LED lights are coming down in cost.

What will save you the most, Corthouts said, is having "someone who's been around the block" help you design your space.

"They're going to be able to help someone with their budget more than any other thing. A good professional kitchen designer knows how to help people save money. We do it as part of our service," he said.

"The price of the cabinets is where they never should cut corners," said David Szydlo, president of Creative

Kitchen and Bath in Canton.

The custom options, workmanship, installation expertise and the length of the warrantee it comes with all determine the price. While he offers a lifetime warrantee, three years is common with some businesses.

Most people are not looking at long-term value, instead preferring to buy the least expensive cabinets.

"The old adage is true," Szydlo said, "You get what you pay for. ... Go with someone reliable who will give you a fair price."

The one place he suggested for saving money was to go with a Formica laminate kitchen countertop rather than quartz or granite. **WHL**

**Fall is the Time to Get Ready for the Cold!**



**Call Today  
860-657-4554**

**HEATING • AIR CONDITIONING • SHEET METAL FABRICATION**

Over 25 Years Experience • 24 Hour Emergency Service

Fully Licensed & Insured • Commercial/Residential



**17 Nutmeg Lane • Glastonbury  
www.emonds.com**

Lic.#392776



**WE'RE THE GOOD GUYS**

**CUSTOMER SATISFACTION • NEAT, CLEAN, PROFESSIONAL  
Professional Dependable Company • All Aspects Of Electrical Work**

• General Repairs • Home Inspection Repairs • Outdoor Lighting  
• Motors & Generators • Fire Alarms • Security • Computers  
• Remodeling Bathrooms, Kitchens, Basements • Roof Deicers  
• Bath Fans/Paddle Fans • Fuses Upgraded to Circuit Breakers  
• Cable TV Wiring • Bucket Truck • Electrical Repairs to Existing Wiring

**All Work Guaranteed • Same Day Service**

**AA ELECTRICAL SERVICES**



**860-953-8830**

www.connecticut-electrician.com

**134 Reed Avenue • West Hartford**



**TurleyCT Community Publications**

Life Publications The Valley Press The West Hartford Press

**To advertise call 860-651-4700 • TurleyCT.com**



## Living Spaces

### Real estate *investing* for beginners



**O**n the heels of a recession that saw home values drop, many would-be investors have shied away from buying investment properties. But real estate has historically remained a sound investment, boasting a long-term appreciation rate that makes it a worthwhile investment for those who can withstand temporary setbacks in housing prices and hold on to their properties over the long haul.

But investors are often nervous as they look for their first properties. Uncertainty about housing prices aside, investing in real estate also is risky, and first-time investors need to be comfortable with such risk in order to make the most of their investments. The following are a few things potential real estate investors should consider as they decide if investing in real estate is right for them.

#### Personal ability

Real estate investors typically have tenants, and those tenants inevitably have needs. Investors who have expe-

### FRANKLIN Painting LLC

*Interior & Exterior Residential Specialists*

"Check" us out:



- ✓ On time, courteous professionals
- ✓ Written satisfaction guarantee
- ✓ Call for a quote today!
- ✓ Staff Color Consultant on call
- ✓ Get Peace of Mind & A New Look
- ✓ No Hassles or Headaches

**877-646-7774**



**Proudly serving  
the West Hartford  
Area Since 1979**

**Do you need a new  
driveway this Fall?**

- Paving
- Stone/Masonry
- StreetPrint™
- Landscaping
- Chip/Seal



**Call for FREE consultation: 860-233-6528**

**A division of Begley Landscaping, Inc.**



**Wrap up your  
holiday décor  
now and save.**

**\$100 REBATE\***  
ON QUALIFYING PURCHASES OF  
HUNTER DOUGLAS WINDOW FASHIONS

Make sure your home is holiday ready by ordering beautiful new Hunter Douglas window fashions today. Rebate savings are available on select styles, 9/16/17 through 12/11/17. Ask for details.



**BLINDS  
SHADES  
SHUTTERS**

**Paramount Gallery,  
121 Talcott Rd Ste 1  
M-F: 10:00 am - 4:00 pm,  
Sat: 9:00 am - 1:00 pm,  
Sun: Closed  
860-231-7884  
www.paramountblinds.com**



**Ready Made Valances ~ Bedding ~ Pillows ~ Trim  
Accessories ~ Custom Drapery ~ Fabrics ~ Furniture  
Outlet - Savings Up To 75% OFF!**



**860.951.8110** **www.rlfhome.com**  
**30 Bartholomew Avenue ~ Hartford**  
**Mon. - Fri. 9:30 - 5:00 ~ Sat. 9:30 - 3:00**



## Living Spaces

rience as contractors may not find it difficult to renovate a property and make it more attractive to tenants, nor are they likely to be inconvenienced when minor issues on the property need to be addressed. Investors with no such experience will need to hire contractors to do the work for them, cutting into potential profits down the road. In addition, investors who don't have the ability and/or the time to address minor issues like a clogged drain or a drafty window on their own will need to hire a property management firm to tend to such needs. Such firms are effective, but also expensive, further cutting into your profits.

Even those investors with contracting experience may have little or no knowledge of how the leasing process works, forcing them to rely on a real estate firm to write up leases and ensure all leases stay current. This, too, can cut into an investor's profits. Investors who don't bring any relevant expertise to the table can still make a profit from their real estate investments, but those profits likely

won't be as significant when outside companies must be hired to ensure the property is in good shape and all necessary documents are in order and up-to-date.

### Time

Real estate is often a time-consuming investment. Tenants pay good money to live in attractive rental properties, and those tenants will have a host of needs that must be met. Investors must be sure they have the time to address their tenants' concerns, especially investors with no plans to hire property management firms. Potential investors who already have full plates at work and at home may not be able to devote the time necessary to make the most of their real estate investments, and therefore might be better off finding another way to invest their money.

Time also must be considered when considering profits. Real estate is not the type of investment that turns a profit overnight. Even investors who are looking to invest in an up-and-coming neighborhood must

be prepared to hold onto their properties for at least a few years, if not much longer, to maximize their investments. Though real estate is a sound investment, it is not a get-rich-quick type of investment, so investors looking to make a quick buck should consider alternatives before buying investment properties.

### Size

First-time real estate investors might be wise to choose a smaller property for their initial investment. Larger properties can be overwhelming to manage, and investors often rely on property management firms to tend to these properties. Such firms charge more to manage bigger properties, which can eat into investors' finances. Veteran investors can handle such overhead costs, but first-timers might find themselves caught off guard upon realizing the gravity of their financial commitment. A good rule of thumb for first-time investors is to stick to smaller properties, only moving on to larger buildings once they are fully comfortable with all that

comes with investing in real estate.

### Costs

The cost of a real estate investment goes beyond the purchase price of the home. In addition to the mortgage on the property, investors must pay the taxes and insurance on the property, as well as any costs associated with maintaining and managing the property. Certain tax breaks are available to real estate investors depending on where they live.

For example, in the United States, taxes on the profits when a property is sold may be deferred if those profits are immediately rolled into another property (such a deferment is only available to those investors who arrange this exchange prior to selling the initial property).

Potential investors need to consider all of these costs, and might want to hire a real estate lawyer to help them make the most of their investments and any profits they yield. But even hiring an attorney is an additional cost investors must consider before investing. **WHL**

**JP CARROLL CONSTRUCTION**

Call The Professionals for Advice and a **FREE WRITTEN ESTIMATE TODAY!**

*Central Connecticut's Trusted Source for:*

**ROOFING • GUTTERS  
SIDING • WINDOWS**

**JP Carroll offers:**

- Expert Installation & Maintenance of:
  - ARCHITECTURAL ASPHALT SHINGLES
  - CEDAR SHAKES
  - SLATE AND EPDM RUBBER ROOF SYSTEMS
- Gutters - Aluminum & Copper
- Window Replacement
- Siding - Repaired or Replaced

**860-586-8857**

310 R NEWINGTON ROAD • WEST HARTFORD, CT

jpcarrollroofing@yahoo.com • www.jpcarrollroofing.com

**HARMONY**  
Home Improvement

*Creating a Harmony customer, contractor & community*

**100% FINANCING AVAILABLE**

**ROOFING • SIDING • WINDOWS & more...**

**CALL NOW for our FALL ROOFING SALE**

**CALL NOW for a FREE upgrade to lifetime shingles with this ad only**

**860-645-8899**

lic. #604200/ Fully Insured/Free Estimates

Factory Certified with **CertainTeed** and **GAF**

**Everything for Your Home**

**MAGEE COMPANIES**  
Remodeling Contractors  
Property Managers  
*Professionalism Since 1972*

Seamless Gutters & Gutter Protection Systems

Vinyl Siding

Trim Fabrications

Roofing

Windows & Doors

Complete Residential & Commercial Property Management

**Free Estimates, No Pressure**

Deck & Railing Systems

Landscaping & Grounds Maintenance

Kitchen & Bathroom Renovations including Granite Countertops

Licensed: CT - HIC: 0510051 • CT-CAM.0000680 • Fully Bonded & Insured • In-House Employees

**860-953-2200**

7 CODY STREET • WEST HARTFORD, CT

**MageeCompanies.com**

**WINNER!**

**BEST OF HARTFORD MAGAZINE**

**2010  
2011  
2012  
2013  
2015  
2016**

**BBB ACCREDITED BUSINESS**

**Imperial**  
Decorating & Upholstering  
Since 1932 **860-232-2277**

**Give Your Furniture New Life**

**Services:**

- Re-Upholstery • Antique Restoration
- Custom-Made • Furniture • Interior Design
- Cane & Rush Weaving • Furniture Repair
- Foam Replacement • Window Treatments

**Fabrics:**

- Upholstery • Slipcover • Drapery

**M-F 9am-5pm, Sat 10am-2pm**

**Design Services in your home.**

**Call our Interior Designer Teresa Muenkel today.**

41 Prescott St., West Hartford • [www.imperialdecorating.com](http://www.imperialdecorating.com)

MasterCard VISA American Express Discover

**BBB ACCREDITED BUSINESS**



## Living Spaces



# Every square inch

How to make the most of under-the-stairs space

by Allie Rivera  
Staff Writer

In any multi-level home, the space underneath the stairs can often be an afterthought, a strange collection of miscellaneous items that haven't found a home elsewhere in the house. With a bit of design and forethought, however, that space can be utilized in a variety of ways that are both fun and functional.

"Especially for younger homeowners whose interior living space may be more limited, using that space effectively and efficiently can improve everyday living and all the activities that go with it," said Daniel Bailey, owner of Heartwood Designs & West Hartford Radiator Cover.

A woodworker and designer for

over 40 years, Bailey said he first began thinking about creative uses for under-stair space when he and his wife lived in Europe.

"The population density was higher and living spaces generally smaller, but equipped to provide adequate interior storage and accommodate lifestyle needs," he said.

According to Bailey, the space underneath a staircase can be converted to increase livable space, but it is important that in doing so, people stick with the overall aesthetic of the house.

"Converting unused or vacant space in the home is always a positive if handled in an aesthetically pleasing manner, however it's as easy to

### We Bring The Shades To You!

Serving Western MA & Northern CT since 1983



Duette® • Architella® • Trielle™  
Honeycomb Shades Provide

Energy Efficiency in Every Climate, Every Season.

**80%**

**SUMMER BENEFIT**  
Architella® Trielle™ semi-opaque shades can reduce unwanted heat through windows by up to 80%.

**40%**

**WINTER BENEFIT**  
Architella Trielle semi-opaque shades can reduce heat loss through windows by up to 40%.

**SHADES**  
on Wheels

HunterDouglas  
DUETTE

9 AM - 6 PM

Western MA: (413) 786-9411

Northern CT: (860) 529-7789

www.shadesonwheels.com

Free Measuring and Installation!

©2015 Hunter Douglas. All rights reserved. All trademarks used hereto are the property of Hunter Douglas.

### EXPERT TREE CLIMBERS CRANE TREE REMOVAL FIREWOOD • STUMP GRINDING LANDSCAPING

Leave your treework to an expert and save!

**5% OFF**  
Any Treework

Expires 10/31/17

**SOTIL**  
TREE SERVICE



**Rick Sotil**

Certified Arborist S-5390  
Insured & Licensed #0621784

**860-844-8250**  
FREE ESTIMATES  
sotiltreeservice@hotmail.com

Visit our custom wood furniture  
showroom-tablesbylasya.com

All workers OSHA certified

## Water Problems?

### 30+ Years of Stopping All Types of Water Leaks!

From Roofs to Basement Waterproofing

Hatchway Stairwells • Foundation Cracks

Window Wells • Chimneys

— Slate and Flat Roof Repair —

*Entrusted to work on churches, schools,  
hospitals and other landmark institutions  
as well as the residential market since 1983.*

**Just Google JP Bachand Contracting  
for website and more.**

**JP Bachand Contracting**  
**860-666-9737** Newington

CT Department of Consumer Protection Reg. # 0511842



## Living Spaces

re-muddle as remodel,” he said. “This is where it is important to consult someone with a sense of design. The conversion of the area into livable space needs to coordinate reasonably with the rest of the home.”

To turn that area into a livable space, Bailey suggested thinking about the needs of the people of the home. One possibility he suggested is turning it into a homework area for children by adding a small desk or bench.

For those looking for a more comfortable space for all ages, Bailey suggested creating a reading nook with a bookshelf.

“Built-ins, such as benches with or without storage, are also an option under the stairs,” he said. “The trick is to make these home improvements in a way that is consistent with the interior architecture of the home.”

Along with creating more livable space, the under-stair area can also be used to increase storage in unique ways.

“The main thing, I think, would be to use it for something to store,” said Roman Szewczak, owner of Expert Kitchens and Bath in New Britain. “Some people do custom drawers that pull out from the side, but it really depends on how your stairs are set up.”

Also a professional woodworker, Szewczak said that in his experience he has seen clients build custom storage units to fit in that space, some opting for an additional closet and others looking for visibly pleas-



ing shelving.

For stairs leading down to a basement, Szewczak suggested using the space to create a small wine cellar.

“You can get shelving underneath for it, or waterfall wine racks can be installed,” he explained. “They’re ones that step down and slide underneath.”

Both designers agreed that when thinking about changing the use of

an under-stair space, it is important to consider each situation uniquely.

“It all really comes back to how your stairs are set up,” Szewczak said.

To get the most use out of the space, Szewczak and Bailey both suggested contacting an experienced designer who can best determine how to transform the area.

“The visual outcome is as important as the utilitarian,” Bailey said. “When it comes to shelving and

**“The main thing, I think, would be to use it for something to store.”**  
– Roman Szewczak

closets under the stairs, it is important to design and build them for efficiency and convenience, especially in tight living quarters.” **WHL**



READ  
**LIFE**  
ONLINE AT  
[www.TurleyCT.com](http://www.TurleyCT.com)  
**TurleyCT**  
COMMUNITY PUBLICATIONS

**We Clean Windows  
and Gutters**  
so you don't have to!

*Commercial and Residential*

- Free Estimates
- Uniformed
- Fully Insured & Bonded
- Reliable

**FISH**  
WINDOW  
CLEANING®

**860-249-1558**

[www.fishwindowcleaning.com/3053](http://www.fishwindowcleaning.com/3053)

**MAGLIERI**

**construction & paving inc.**

— QUALITY & SERVICE —  
Since 1975

*Commercial & Residential*



Call For  
**FREE**  
Estimates

**DRIVEWAYS • PARKING LOTS  
ROADWAYS • CURBING  
EXCAVATION • GRADING  
DRAINAGE • MILLING  
SEALCOATING • RECLAMATION**

**860-242-0298**

Licensed & Fully Insured LIC # 523704

39 West Dudley Town Road, Bloomfield  
[www.maglieri-construction.com](http://www.maglieri-construction.com)



# west hartford LIFE

540 Hopmeadow Street, Simsbury, CT 06070  
860-651-4700

Read our publication online at  
**TurleyCT.com**

**KEITH TURLEY**, Publisher

## EDITORIAL

**Abigail Albair**, Executive Editor

aalbair@turleyct.com

**Lynn Woike**, Editor

**John Fitts**, Assistant Editor

**Alicia B. Smith**, Associate Editor

## STAFF WRITERS

**Allie Rivera**, **Mara Dresner**,

**David Heuschkel**, **Sloan Brewster**

## ADVERTISING SALES

**Lisa Oster-Zippin**

lisa@turleyct.com,

860-264-5652

## PAGE DESIGNERS

**Daniel Kornegay**, **Cynthia Martel**,

**Robert Sirois**

## GRAPHICS DEPARTMENT

**Barbara Ouellette**, Production Manager

ads@turleyct.com, 860-264-5523

**Maureen LaBier**, Production Assistant

**Daniel Kornegay**, **Corley Fleming**, **Cynthia Martel**,

**Kathy Kokoszka**, **Mary Grimes**

## CIRCULATION

For circulation issues, please call 860-651-4700

## FOLLOW US ON



published by

**TurleyCT**  
COMMUNITY PUBLICATIONS

# Writer's block

## Words matter

by **Lynn Woike**

Editor

**T**o be or not to be ...  
politically correct.

Words are powerful. I am a firm believer that the pen is mightier than the sword. I also believe the media strives to be accurate, fair, polite and, believe it or not, sensitive.

At one time, people on the autism scale were called autistic, those missing limb or who are otherwise mobility impaired were called disabled, and those with intellectual disabilities were called retarded. While I don't like using the phrase differently abled, I do agree that a person is not their disease.

I try not to use words that have been stereotyped, or serve to ridicule, mock or scorn: crazy, poor, old, stupid.

Using medical diagnoses allows precision and eliminates ambiguity. Bipolar is different than schizophrenic, and having dementia does not mean you are demented, it means you have a progressive decline in cognitive function because of damage or disease to the brain.

That's not being politically correct, that's being accurate.

If midgets consider the term extremely derogatory when describing people with dwarfs, then it's considerate to use the terms Little People, person with dwarfism or person of short stature. On the other hand, most people with dwarfism accept the term dwarf.

Using the right words is important.

In a similar example, people who could not hear were called deaf. It became politically correct to refer to them as hearing impaired. That population has now stated they are not at all impaired; they are deaf or hard of hearing.

I think political correctness breeds on college campuses, especially liberal, elite campuses, becoming almost a religion. It was born to cater to an increasingly overly sensitive public. Somewhere along the way, the fear of saying, writing or thinking

anything offensive created a new vocabulary. Well-meaning people tried to protect others from emotional distress. In doing so, they orchestrated "correct" beliefs and sentiments, suppressing other opinions – and even the truth – in the process.

For example, Newsweek reported last year, "During his 18 years as president of Lebanon Valley College ... Clyde Lynch led the tiny Pennsylvania liberal arts institution through the tribulations of the Great Depression and World War II, then raised \$550,000 to build a new gymnasium before he died in 1950. In gratitude, college trustees named that new building after him."

Students demanded "that his name be stripped from the Lynch Memorial Hall because the word lynch has 'racial overtones,'" the article by Nina Burleigh stated.

Catherine Rampell's story in The Washington Post last year reported that two students serving in Bowdoin College's student government faced impeachment proceedings after they attended a tequila-themed birthday party where some guests wore tiny sombreros. Emails from the administration told students of its investigation into a possible "act of ethnic stereotyping."

Animals also triggered political correct behavior on other campuses.

The National Review reported, "A poster at Florida State University warned students that Harambe Halloween costumes were 'cultural appropriation.'" Harambe was a gorilla in the Cincinnati Zoo, not a culture. The hawk that served as University of Iowa's mascot apparently looked so scary a professor expressed concerns to the athletic department that it may be "traumatizing students and contributing to a culture of violence, depression, and suicide because he never appeared with a smiley facial expression," Katherine Timpf wrote nine months ago in the National Review.

These incidents – and many more – form a web of correct, safe beliefs and opinions. There is a desire to never say or do some-

thing can be considered upsetting or offensive – no matter how incidentally and no matter the size of the population to which it refers.

That web is critical of any who disagree and marginalizes them. Their good intentions are tiptoeing around and not addressing the reasons these situations arise in the first place.

For instance, Matthew Shepard wasn't murdered because he was gay and Sakia Gunn wasn't murdered because she was a lesbian. They were murdered because bigoted people considered Matthew and Sakia "others" whose didn't deserve to live.

Political correctness allows these horrible things to be sanitized, diverting our eyes from unpleasant situations.

The slightest provocation offends PC extremists. They surely deem Charlie Chaplin offensive to those who are homeless and think Alec Baldwin offends alcoholics.

When comedians who spotlight the absurd in our world are criticized for their jokes about politicians, celebrities or world events, even if they're off-color jokes, it's a signal our freedom of speech is in danger.

When we say "lost a loved one" instead of "a love one died," we are trying to soften the blow by buffering reality. "White lives matter" and "reverse racism" marginalize an entire population. A consumer experience specialist is still a sales clerk, even if they are a valued team member. A combustion event is still a fire.

Continuing on that path, a vampire would be a living impaired hemoglobin enthusiast and zombies would be life challenged.

The challenge is to know what is common sense, diplomatic and just common decency, and what sets the stage for lies under the guise of good manners.

Political correctness is an American tradition. When it come to politicians, those in the highest offices can say what they will about Mexicans, Muslims, women and Jews, but then must expect journalists and pundits to analyze what was said. But apparently that isn't politically correct. **WHL**



# CLASSIFIEDS

Avon • Canton • Farmington • Glastonbury • Newington • Rocky Hill • Simsbury • West Hartford • Wethersfield

## Cleaning Services

**PITTELLA HOUSE CLEANING** – Great references, 14 years of experience, home and office cleaning services available. Quality work, affordable prices. Please call Pittella 860-995-8348

**ADA'S HOUSE CLEANING** – Quality personal service. Weekly, biweekly, or monthly. Specializing in help to clean before closing/moving or one time cleaning. In business since 2000. Call 860-521-3823 or 860-944-6541. Lic & insured #1110413.

**HOUSE CLEANER** - 17 years of experience. References. Very detail oriented. Call Karla at 860-680-4669.

## Home Care Services

**HOME CARE SERVICES:** We provide many personal services with assisted living companions: Live-in or out aids, from 4 hours to 24 hours a day, 7 days a week. Our caregivers do personal care, cook, clean and shopping. Everyone is screened and has excellent references. **THE POLISH-AMERICAN EMPLOYMENT SERVICE.** Please call Zena (860) 659-1778.

**CAREGIVER** - 10 years experience, Polish/English independent professional/reliable affordable Caregiver w/ transportation. Personal care doctor visits, grocery shopping. No contract/agency fees. References upon request. Eva 860-995-6755.

## Help Wanted

**MCLEAN IN SIMSBURY is looking for:**  
**RN charge nurse** for post-acute neighborhood. 30 beds and 2 nurses. 3PM-11:30PM - includes every other weekend. Must have recent LTC and/or post-acute experience. Generous benefits along with weekend differentials.  
**Certified Nurse Aides** – long term care experience – part-time hours or per diem positions available. Extra money for the upcoming holidays.  
**Food Service Assistants** – must be available 2-3 shifts a week along with every other weekend. Kitchen duties along with serving residents in the dining room.  
**Admission/Visit Nurse** – full-time hours – for our award winning home care agency. Top Workplace in CT for the past 6 years! Full benefits and mileage reimbursement. Prior home care experience required.  
**RNs – per diem** hours are available – must have recent long term care experience and availability for at least 1-2 shifts a week. Please call McLean in Simsbury to apply and learn more about the above positions! 860-658-3724 – or visit us on the web at [www.mclean-care.org](http://www.mclean-care.org)

**GOOD ATTITUDES REWARDED. MERRY MAIDS NOW HIRING** full time or part time. Must be able to work Monday-Friday from 8am-5pm. No nights, holidays or weekends. Must have own car, driver's license and insurance. Please call 860-563-8367.

## Help Wanted

**PART TIME HELP** - Distinguished well dressed gentleman wanted for part time positions. Family owned funeral home in the Greater Hartford area seeks a professional person with good people skills to assist on funerals and/or visiting hours. Position will include parking lot attendant, pall bearer, driver and other miscellaneous duties. Must have suit and tie, caring, compassionate, and well mannered a must. Mornings, late afternoons, evenings and some weekends. Please call 860-712-5757.

## Craft Fair

**CRAFT FAIR AND INDOOR TAG SALE** - Saturday, October 28 - 9:00-2:00pm. Emanuel Lutheran Church, 311 Capital Avenue, Hartford. Handicap Accessible - Parking in back of church & lot one block East of church - **CRAFTS - BAKE SHOP - GARDEN SHOP - COOKIE WALK - TAG SALE. LUNCH AND SWEDISH BUNS IN COFFEE SHOP** - additional information-860-953-3064. [www.emanuelhartford.org](http://www.emanuelhartford.org)

## Wanted to Buy

**BUYING OLD MAH-JONG SETS.** Paying cash. Incomplete sets okay. 860-231-8466

**WE BUY HOUSES FAST.** Local & Professional. Sell your house AS-IS for a Fair Price on a Date of Your Choice, without doing any Repairs. No Fees or Commissions. Call Today. 860-589-4663.

## Wanted to Buy

**I BUY HOUSES AS-IS. CASH.** Call today 860-674-9498 or Email: [john@boucherbuilding.com](mailto:john@boucherbuilding.com) NO COMMISSION FEES. CT. REG. # 530518

## Services

**CHS CARPENTRY.** Kitchen & Bathroom full remodeling, windows, doors, decks, porches, cabinets, installation, paint, custom tile installation, drywalls, siding, roofing, floors & trim work. Fully licensed & insured. References available. Reg.#612982 Call 860-803-5535 or email [chscarpentry@live.com](mailto:chscarpentry@live.com)

**ANDY WOTTON PLUMBING & HEATING, LLC** 860-833-8153. We offer honest plumbing at a reasonable price. Estimates are always given before any work is done. All residential plumbing repairs from leaky faucets to snaking your drain. Remember with Andy Wotton Plumbing, it's not done until you say it is. Call today 860-833-8153. Licensed and insured P10282605 S1 0402048.

**Z-THE HANDYMAN, LLC HOME IMPROVEMENT.** Interior. Exterior. Painting, flooring, decks, power washing, vinyl siding, roofing, etc. Don't pay high prices, Call 860-690-2855. Ask for John. Licensed & Insured.

**BENEDICT OVERHEAD DOOR.** Your one stop for all garage door problems. CT HIC #0621772. Call 860-828-2951.

## Services

**JOSH'S JUNK REMOVAL** - All items removed at a reasonable rate. Call for estimate. We also remove sheds and hot tubs. Insured. Josh Langdon 860-922-4621

**PIANO TUNING AND REPAIRS** by Hartt School of Music trained tuner. Piano cleaning and climate control also available. Contact Ted Williams 860-228-0309

**PROTECT YOUR INTELLECTUAL PROPERTY.** Patents, trademarks etc. Call Ted Paulding. No longer representing the big guys. Now helping the little guys become a big guy. 860-474-5181.

**PRINCE OF GUTTER CLEANING** - Hand cleaned out then rinsed. Starting at \$60. Insured. Josh Langdon 860-922-4621

## Services

**SECURITY AND FIRE ALARM SERVICES** - Sales, installation, service and monitoring of all brands of equipment. Free takeovers of existing systems, free installation on new systems with purchase of equipment. Monthly monitoring rates as low as \$20. Call **ALL SYSTEMS ELECTRIC, LLC** at 860-436-4957 or visit our website at [www.ase-ct.com](http://www.ase-ct.com).

## Gamblers Anonymous

**Gamblers Anonymous can help you.** Take back your life. Phone: 855-2-CALL-GA 855-222-5542 to speak with someone. Gamblers Anonymous is a non-profit fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. [www.gamblersanonymous.org](http://www.gamblersanonymous.org).

GET MORE FROM...

# LIFE

ADVERTISE WITH LIFE PAPERS



**860.651.4700**  
**[www.TurleyCT.com](http://www.TurleyCT.com)**





**BY MARK DIXON**  
**WFSB METEOROLOGIST [AMS]**



## Color Changing...

**I**t's now officially fall and the annual transition of foliage is underway. Of course, being in New England, we're a tourist destination for leaf peepers, compliments of the vibrant show of color.

Back in June on the summer solstice, we had a total of 15 hours and 14 minutes of possible daylight;

by the time we reach the winter solstice, that number shrinks to 9 hours and 7 minutes – a pretty incredible loss of just over 6 hours! As we progress out of summer and into autumn, shorter days and cooler nights signal trees that winter is coming. But before the landscape becomes barren, we are treated to a gorgeous landscape of reds, golds,

yellows and all shades in-between.

So why or how does the process happen, before the leaves fall from the trees? It basically comes down to a chemical reaction. All of those brilliant colors are always present, they're just masked during the warmer months by chlorophyll, the green pigment. In the fall, the chlorophyll begins to break down,

fading away, as water is cut off from entering the leaf (when temperatures drop) allowing all of the other colors to appear.

If you're planning travel to catch the sights of the season, every week we'll be bringing you foliage reports from across Connecticut and the Northeast on Channel 3! **WHL**



BRIAN AMBROSE  PHOTOGRAPHY

**NOW BOOKING FALL FAMILY PORTRAITS!**

860.659.1119

brianambrosephoto.com

**TurleyCT Community Publications**  
Life Publications The Valley Press The West Hartford Press  
**To advertise call 860-651-4700 • TurleyCT.com**



**MARK ZINNI & ERIN CONNOLLY**

**EYEWITNESS NEWS 3**  
**WEEKNIGHTS AT 11:00PM**

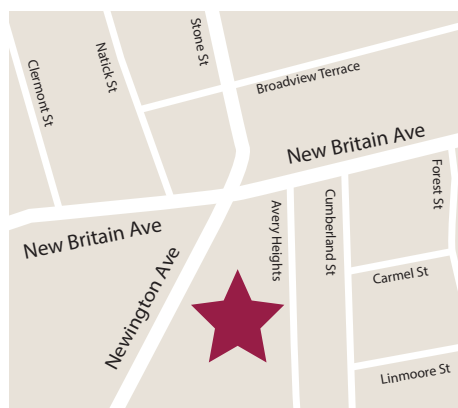


# The best retirement value in town, no matter what town you're moving from.



**Avery Heights' rental model lets you enjoy all the confidence and security you want without the entrance fee or buy-in you don't.**

- Affordable monthly fees
- Access to our full continuum of health care services should you need it
- No long-term commitment, no upfront entrance fee
- Pay only for what you need
- Delicious dining options
- Beautiful campus setting



- Lifestyle activities including beautiful indoor pool
- Pets are always welcome
- Transportation available
- Safe and secure campus
- Conveniently located at the intersection of New Britain and Newington Aves

To schedule a personal, no-obligation tour call Cyndee Goodwin at **860-724-2454** or visit **averyheights.org**

**Open House Tours:** Luncheon & Presentation  
Starts promptly at 11:00 a.m. Call 860-724-2454 to RSVP  
Wednesday, Sept. 20 • Saturday, Oct. 14 • Wednesday, Oct. 25

550 Avery Heights  
Hartford, CT 06106

**SPECIAL  
OFFER**  
**Save up to  
\$10,000!**  
Includes:  
Downsizing and  
moving costs  
Up to 2 months free rent  
*Call for eligibility  
and details*





# COLDWELL BANKER

## RESIDENTIAL BROKERAGE



**WEST HARTFORD.** Spacious & updated colonial in private setting west of Mountain Road w/dream kitchen open to great room! 4 bedrooms, 2 full & 2 half baths, vaulted ceiling family room & 1st floor office/library. \$749,900

**Michael Antisdale 860.803.6560**



**WEST HARTFORD.** 4 Bd rm 3 bath brick cape, 2576 Sq Ft, 1st flr master suite, coiffured ceiling fam rm with FP, CAir, stone patio with curved sitting walls. \$524,900

**Mary Rose Sinatro 860.614.4566**



**WEST HARTFORD.** Walk to West Hartford Center from this charming, sun drenched, vintage colonial! This home boasts a gorgeous white kitchen with granite, upscale appliances, wet bar and generous island. \$469,900

**Tracey Hollerbach 860.305.7993**



**WEST HARTFORD.** Stunning townhouse just steps to WH Center! 2BR, 2.5BA, 1-car gar, open flow, luxurious master suite, shows like new. Live where the action is! \$449,900

**Michael Antisdale 860.803.6560**



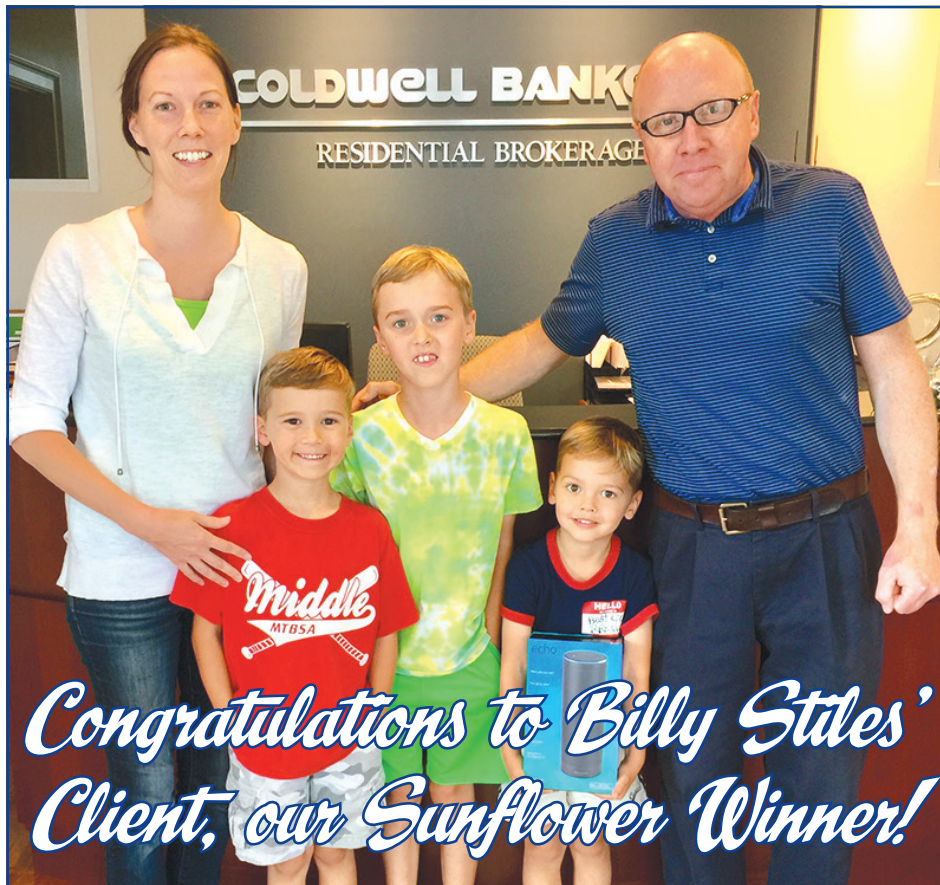
**WEST HARTFORD.** Beautiful 3 bdrm, 2 bath, central air, many updates: New windows, new roof and new portico. Backyard has pond view yet in town location close to everything! Finished LL and Hardwood throughout. \$374,900

**Billie Reese 860.841.2457**



**WEST HARTFORD.** Vintage Colonial with all of the modern comforts just a short stroll to WH center. Wood floors, central air, remodeled upstairs bath, updated electrical, and loads of charm! \$339,000

**Chris Scigulinsky 860.906.7726**



***Congratulations to Billy Stiles' Client, our Sunflower Winner!***



**WEST HARTFORD.** 'West End' style Colonial in beautiful condition, 4 bdrm, kitchen w/granite, new 2 story garage perfect for home office, yoga studio. CAIR. \$364,000

**Greg Reese 860.818.4861**



**WEST HARTFORD.** Well-maintained 4 bedroom 3.5 bath Cape with attached two car garage. Enjoy the Landscaped backyard from the lovely porch. \$329,900

**Joyce Aparicio 860.913.4231**



**WEST HARTFORD.** One floor living at it's best! 4 bed rms, 3 full baths. eat in kitchen/Gleaming hardwood floors, 2 car attached garage, back porch,. Great location, close to shopping, schools, parks and more. \$324,900

**Mary Rose Sinatro 860.614.4566**



**WEST HARTFORD.** Great Classic colonial style home located in the ever popular Morley school neighborhood. Renovated kitchen w/granite, SS appliances and gas range. \$309,000

**Tracey Hollerbach 860.305.7993**



**SOUTHINGTON.** Interior freshly painted this Charming Cape/Ranch with spacious rooms for entertaining, natural gas heat, central air, hardwood floors, level fenced yard, 2 full baths, 3 bedrooms, pool. \$304,999

**Joyce Aparicio 860.913.4231**



**WEST HARTFORD.** Well cared for 4 bedroom ,2 1/2 bath Colonial with all wood floors, remodeled kitchen & half bath, & replacement windows. Quiet street, yet convenient to schools, shops, restaurants, & highway. \$279,000

**Chris Scigulinsky 860.906.7726**

**Sylvie Fillion, Mortgage Representative & Senior Loan Officer** For Special Financing Opportunities On Any Of Our Listings, Please Contact Sylvie at 860-570-2520 • NMLS #110720 & CT #5584

**Please stop by our new office to view our West Hartford Property Showcase!**

West Hartford Office | 992 Farmington Avenue | West Hartford, CT 06107 | 860.231.2600

**ColdwellBankerHomes.com**

© 2017 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker® and the Coldwell Banker logo are registered service marks owned by Coldwell Banker Real Estate LLC. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor sales associates and are not employees of the Company.

